

Zach Elementary School

School Motto: Together We Inspire

School Mission: We commit to do our best to encourage, inspire and meet each child's needs.

School Vision: Ensure high levels of learning for all students.

Facebook: facebook.com/zachelementaryschool

Please "LIKE" us on Facebook! We make positive and celebratory posts and comments.

Website: <https://zachsdschools.org/>

November 29th - December 3rd

Monday, November 29th:

- TLC: 3:15-4:15pm; Media Center

Tuesday, November 30th:

- PBIS: 3:15-4:15pm; room 136
- Kinard Core Knowledge Parent Info Night: 6:30-7:30pm; Zach Cafeteria

Wednesday, December 1st:

- Picture Retakes
- Staff Meeting: 3:15-4:15pm; Google Meets

Thursday, December 2nd:

-

Friday, December 3rd:

-

***REMINDERS**

- No School Monday, November 22nd -23rd
- Zach Vaccine Clinic: Monday, November 22nd; 10am-6pm

Important Information

Picture Retakes

Picture Retakes are Wednesday Dec. 1st. Please use the link below to order pictures if your student hasn't taken a picture yet. If you have taken pictures and would like a retake, please send in your picture packet with your student.

<https://Studio5SchoolPortraitsInc.onlinephotocart.com/prepay/30406471?code=ZESFC2021F>



New Information

Free Therapy Session

Every Colorado youth is eligible for three free therapy sessions. Youth and their parents can visit the [I Matter platform](#) to take a confidential online survey about their mental health and schedule sessions with a licensed behavioral health clinician, primarily online over telehealth. State law allows youth ages 12 and up to use the platform independently; youth ages 11 and younger will need their parent or guardian's consent to sign up.

Kinard Core Knowledge Parent Info Night (ATTACHMENT)

Please see attachment for more information.

Preston Middle School Information (ATTACHMENT)

Please see attachment for more information.

Zach Gives Back 2021

Zach Elementary is hosting our 9th annual Zach Gives Back (ZGB) Campaign, launched each November, with the purpose of raising funds and goods for local, national, and international nonprofits. We gear our events for children helping children! We typically host five annual schoolwide campaigns, one alternating year "hair raiser", and sponsor numerous student-directed campaigns.

- Turkey Roundup (November 18th) – 4th grade champions
- We collected 180 turkeys and \$280!!

WE NEED YOUR HELP WITH THE NEXT TWO CAMPAIGNS!

- Supporting the Doreen Katz Foundation (DKF) (November 1- December 17)
<https://www.doreenkatzmemorial.org/>
 - Purchase on a \$50 online gift card to Walmart, Target, or King Soopers. All digital cards purchased need to be emailed to adam@doreenkatzmemorial.org
 - Gift Cards will be emailed from DKF to Colorado families they support. DKF sponsors families impacted from parents with cancer. Three staff families benefit from DKF, but to avoid a conflict of interest, ZGB gift cards will go to other CO sponsored families!
 - Walmart card purchase <https://www.walmart.com/ip/Walmart-eBooks-eGift-Card-50-email-delivery/390016306?athbdg=L1600>
 - Target card purchase <https://www.target.com/p/heart-hands-target-giftcard/-/A-81892126?preselect=81455854#lnk=sametab>
 - King Soopers card purchase <https://giftcards.kroger.com/our-store-cards/kroger-enterprise-egift>
- Supporting the Cultural Enrichment Center of Fort Collins for Black Youth (FOCOCEC) (November 1- December 17) <https://fococcec.org/>
 - This incredible organization supports LOCAL black youth with a place of belonging while engaging them in literacy, music, and software development. They need SIX Chromebooks and specific children's books. To donate to this, please use the link below to sign up for what you can sponsor, and Mrs. Thomas will contact you for next steps. Purchases will be made over Amazon by you and shipped to Zach.
<https://www.signupgenius.com/go/10C0A4DA9AD2FAAF85-zgbsponsor>

Student Vaccinations

If you choose to get your child vaccinated, please upload the vaccination card to ParentVue under Documents. The image must clearly show TWO vaccination shots. Then email aboice@psdschools.org to notify of the upload. DO NOT attach the vaccination image to the email. Zach will monitor our master vaccination list and once your child is 14 days out from the second shot, they will not be identified as close contacts at Zach.

Directions to update Vaccine Cards:

- go to ParentVUE
- click on student
- click on online registration (top of the page)
- from drop down menu, choose current student & family data verification
- click on begin new registration
- verify electronic signature
- verify student data
- click on documents
- click on upload documents

City of Fort Collins

Do you have ideas about where walking, bicycling, and rolling could be even better? The City of Fort Collins needs your help to enhance Safe Routes to School (and everywhere) in Fort Collins! Share your ideas and comments by November 30th:

Survey - <https://survey.alchemer.com/s3/6595460/Active-Modes-Plan-Survey>

- Web map - <https://ourcity.fcgov.com/active-modes-plan/maps/active-modes-plan-mapping-activity>

Your input will inform the City's Active Modes Plan, which will incorporate not only pedestrians and bicyclists, but also micromobility devices such as scooters and skateboards. The plan will identify key opportunities to significantly improve and expand the City's existing active-modes networks (such as the low-stress bike network), support facilities, policies, and programs, including Safe Routes to School. The goal is to make it easy, safe, and attractive for people of all ages and abilities, particularly youth, to use active modes of transportation such as walking, bicycling, scootering, and skateboarding. To learn more, visit the project webpage at fcgov.com/WalkBikePlan.

¡Comparte sus ideas y comentarios en como se puede mejorar la experiencia de caminar, andar en bici, y rodear en Fort Collins! Ayuda a la Ciudad de Fort Collins a entender cómo han cambiado las prioridades y necesidades de andar a pie y bicicleta han cambiando desde planes anteriores. Comparte sus ideas antes del 30 de noviembre de 2021:

- Encuesta - <https://survey.alchemer.com/s3/6602769/cf0381c8c0e7>
- Mapa web - <https://ourcity.fcgov.com/active-modes-plan/maps/mapa-web-del-plan-de-modos-activos>

Sus comentarios son muy importantes para el desarrollo del Active Modes Plan (Plan de modos activos). El Plan de modos activos no solo incorporará a peatones y ciclistas, sino también a dispositivos de micromovilidad como monopatines eléctricos o "scooters" y patinetas. Se identificarán las oportunidades clave para mejorar y ampliar significativamente las redes de modos activos existentes en la ciudad, las instalaciones de apoyo, las políticas y los programas. El objetivo es lograr que el uso de modos activos de transporte sea más fácil, seguro y atractivo para personas de todas las edades y capacidades. Más información: fcgov.com/WalkBikePlan

Reminders from Previous Family Memos

PJSD Vaccine Clinics

The Colorado Department of Public Health and Environment (CDPHE) is hosting the following voluntary clinics from its mobile bus at the following Poudre School District parking lots:

- 10a.m.-6p.m. on Monday, Nov. 22 at Zach Elementary (shot #1) and December 13 (shot #2), boosters and flu shoot will also be available.

- 10 a.m.-6 p.m. on Monday, Nov. 29 at Rocky Mountain High School in the parking lot at 1300 W. Swallow Road in Fort Collins
- 10 a.m.-6 p.m. on Tuesday, Dec. 7 at Irish Elementary School in at 515 Irish Drive in Fort Collins
- 10 a.m.-6p.m. on Wednesday, Dec. 8 at Bauder Elementary School at 2345 W. Prospect Road in Fort Collins

As mobile bus vaccine clinics are added or changes are made to existing clinics, they will be listed on the [PSD vaccine clinic web page](#). Appointment registration links will also be listed as they become available.

Appointments are available on a first-come, first-serve basis to students, families, and staff. Flu shots will also be available at the clinics for free.

After receiving the first dose, a second-dose appointment will automatically be scheduled for 21 days later. Pfizer, Moderna, and Johnson and Johnson vaccines will all be available. Moderna and Johnson and Johnson are currently available for individuals 18 years and older. Booster shots will also be available to those already fully vaccinated. To be vaccinated, individuals under 18 years old must have a parent or guardian present to provide consent. Students who are 18 years or older do not need parental consent.

These CDPHE mobile clinics are also open to members of the greater community, as well as our school community. Because CDPHE's mobile clinic is parked outdoors, no one will need to enter the school to access it.

If you have any questions about the vaccine, parental consent, or have problems registering, please refer to these [frequently asked questions](#).

PSD staff are not administering the vaccines or coordinating the appointments. The district is communicating this opportunity in partnership with CDPHE. Information about vaccine clinics is posted on the [PSD vaccine clinic web page](#). The following are some vaccine resources:

- ["5 Things to Know" about COVID-19 vaccines](#)
- [COVID-19 Vaccines Questions and Answers](#)

Vaccine Side Effects

Reminder: Students must still follow [Return to Learn](#) guidelines and stay home with symptoms, even if it is believed their symptoms are side effects of the vaccine. Most major side effects do not last beyond 24 hours and most minor side effects do not last beyond 48 hours. Any students that have symptoms beyond the timeframe in the Return to Learn guidelines must receive a negative test or stay out for 10 days.

Morning Arrival

Class starts at 8:15am which means students need to be on the blacktop by 8:10am at the latest. Please ensure your child(ren) are on campus by 8:10am when the campus gates close, especially if they are biking and want their bikes secured inside the gate. As the weather gets chillier, we have more drivers, so it's a good idea to adjust your time leaving the house just a bit earlier. Thank you!

Lunch Seating Change

We are changing the way we do indoor lunch seating to get more space between students during lunch. Outdoor lunch continues to be an option for the whole grade level, weather permitting. For indoor lunch, kinder and 1st will continue to just have their whole grade level in the cafeteria. With three homerooms, they fit nicely. 2nd grade continues to eat in their classrooms. 3rd, 4th, & 5th started every other week rotation where two homerooms eat in the cafeteria and two homerooms in their class. Thank you to a team of parents who helped us to put new seating charts together and also taped down the measured seating spots for our students.

Free COVID-19 Test Kits

To make sure Coloradans have the tools they need to keep their families safe, CDPHE is providing free over-the-counter tests for parents, guardians, and caregivers to administer to school-aged children at-home.

<https://covid19.colorado.gov/covid-19-testing-at-home?fbclid=IwAR3wa-E88X0RLsF0mbP-JLEzGAm2ZZIUjCMBgsBOQgmWmmliwkP8SPJH6jQ>

Offer to Help with Winter Clothing

If you would like to help purchase any needed winter clothing for our community, please fill out this form. Please contact school counselor Rachel Fierro with questions.

[Winter Gear: Offer to Help](#)

Winter and Holiday Help Request:

Please complete this form if your family could use some help this season with food, winter clothing, or gifts. Please contact school counselor Rachel Fierro with questions.

[Family Winter Needs Request](#)

Join PSD's Effort to Support Students Experiencing Homelessness (ATTACHMENT)

Please see attachment for more information

Youth Soccer Clinic (ATTACHMENT)

Please see attachment for more information.

Apply to Substitute in PSD! (ATTACHMENT)

For more information, pay scales, and an application link, visit:

<https://www.psdschools.org/careers/substitute-teachers>

Help for ParentVUE App

Please click on the link below for help with the ParentVUE app.

<https://techportal.psdschools.org/Guide/parentvue-using-your-parentvue-account-mobile-device>

ATTACHMENTS

Kinard Middle School

Preston Middle School

Students Experiencing Homelessness

Youth Soccer Clinic

Return to Learn

Apply to Substitute in PSD

Breakfast & Lunch Menus

KINARD

Core Knowledge

MIDDLE SCHOOL



CORE KNOWLEDGE INFORMATION NIGHTS

Join Principal Lindsey Matkin to learn more about the curricular connection between our Core Knowledge Elementary Schools and Kinard Middle School.

Tues. 11/30 at Zach 6:30-7:30 PM

Wed. 12/1 at Traut 6:30-7:30 PM

Thurs. 12/2 at Bethke 6:30- 7:30 PM

Mon. 12/6 O'Dea (Virtual) 6:30- 7:30 PM

FRIDAY TALK & TOURS

Parents/Guardians meet with Kinard administrators for a brief presentation and tour of the school. If you're interested in joining a Friday Talk & Tour sign up online at the link below.

<https://tinyurl.com/FridayTalkTour>

Fri. 12/10 9:00- 10:30 AM

Fri. 1/7 9:00-10:30 AM

Fri. 1/14 9:00- 10:30 AM



INCOMING 6TH GRADE FAMILY NIGHT

Our Incoming 6th Grade Family Night is designed for parents and 5th grade students to learn more about the Core Knowledge curriculum sequence, Kinard's culture, character education, parent partnership, wellness, student leadership programs, world language, STEM opportunities, athletics, clubs, and more!

**JOIN US: Wednesday, Jan. 5th
from 6:00 - 8:30 PM**



CONNECT WITH US



kinard_mustangs



kinardmustangs



KinatdTV



kin.psdschools.org



OUR COMMITMENT TO

EXCELLENCE



**U.S. Dept. of Education
Blue Ribbon School**



**U.S. Dept. of Education
Green Ribbon School**



**National Core
Knowledge Foundation
Visitation Site**



**State of Colorado
John Irwin
School of Excellence**



**PSD Healthy Schools
Certified Platinum
Wellness**



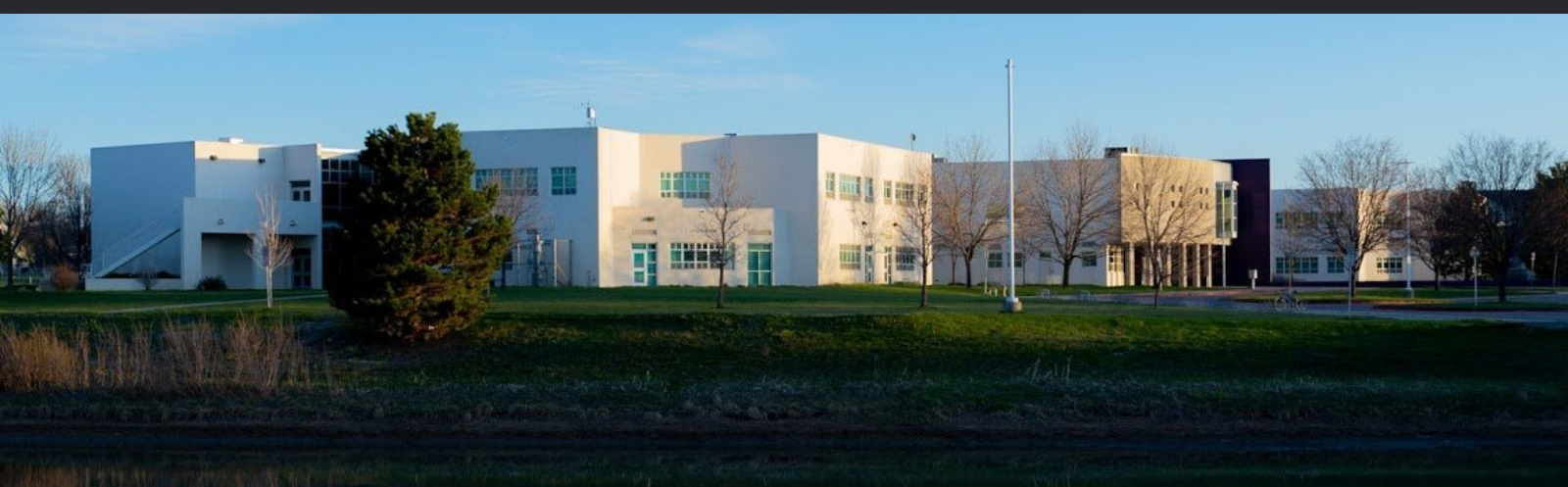
**Professional Learning
Community at Work
Model School**

JOIN THE MUSTANG FAMILY!

Enroll Now: <https://psdschoolchoiceapplication.com>

School Choice Deadline: January 21st. 2022

Preston Middle School Transition Series



DECEMBER 2021

12/2 - 5:00-6:00PM OR 12/9 - 5:00-6:00PM

Puma 101

Come to Preston to meet our principal, administrators, counselors, and teachers to learn more about Preston and all that we have to offer. We will share general information including our course offerings, daily schedule, clubs, athletics, and much more. Families and students are welcome!

JANUARY 2022

1/4 - 6:00PM - 8:00PM

Open House

Experience what makes Preston an incredible middle school. We invite families and students to hear from Principal Amy Schmer, meet our amazing teachers, and learn firsthand about the student experience.

FEBRUARY 2022

1/31 - 2/4 FEEDER ELEMENTARY VISITS

Registration

Hear from Preston counselors about 6th Grade registration, course selection, and learn about what to expect as a 6th grader at Preston Middle School.

APRIL 2022

4/5 - 5:00PM

Connect with a Counselor

Meet our Counseling Team and learn tips and strategies to help families set their Puma up for success in middle school.

MAY 2022

5th Grade Welcome

Connect with Preston and get excited to be a Puma! Tours will be available on May 26th and 27th. Details to follow.

EVENT DETAILS

Visit our 6th Grade Transition website for more information.
tinyurl.com/y7m96ef9

FOLLOW @PRESTONSTEM ON SOCIAL MEDIA



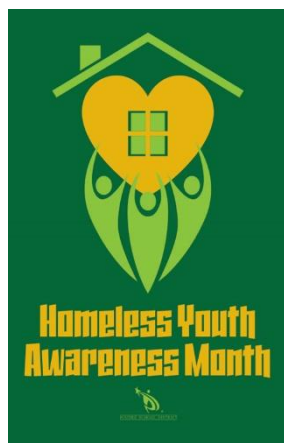
Join PSD's Efforts to Support Students Experiencing Homelessness.

During the 2020-2021 school year, Poudre School District identified **1,432 students** pre-k through 12th grade, or **4.7% of our student population**, who experienced some form of homelessness and qualified for McKinney-Vento services.

McKinney-Vento is a federal law and PSD program designed to provide students experiencing homelessness and housing insecurity with resources and protections. The main focus is to remove the educational barriers that those students face, placing an emphasis on immediate enrollment, attendance, and success. McKinney-Vento services are available to all PSD children and youth, from birth to 21 years of age, who lack a fixed, regular, and adequate nighttime residence. Learn more about McKinney Vento on [PSD's McKinney-Vento webpage](#).

What Can You Do to Help?

- **Raise Awareness** - November is National Homeless Youth Awareness Month, and National Hunger and Homelessness Awareness Week is Nov. 13-21 (<https://hhweek.org/>). Please share this information with your family, friends, neighbors, and colleagues, and take the initiative to learn more about youth homelessness and its challenges.
- **Wear Green** – Green is the official color of Homeless Youth Awareness Month. Our McKinney-Vento staff and site McKinney-Vento Contacts will be wearing green on Wednesdays throughout the month to help bring attention to issue of homeless children, youth, and families in our community. Please feel free to join us in this show of solidarity.
- **Donate** - PSD's McKinney-Vento program accepts monetary donations which are used to purchase things like gas cards, grocery cards, school supplies, undergarments/socks, clothing, coats, hygiene and household supplies, food, concurrent enrollment supplies, and much more. Our goal is to provide services that remove barriers and create a welcoming and safe school environment so that students can come to school, engage in learning, and succeed.
 - **To Make a Donation:**
 - Make check out to Poudre School District and write McKinney-Vento in the memo line. OR
 - Use School Pay to donate- Use *Emergency Support* fund in School Pay to donate to students experiencing homelessness.
- **Learn More About McKinney-Vento in PSD:** Contact Whitney Reid, PSD's Homeless Education Program Specialist, at 970-490-3242, or via email at wreid@psdschools.org.





YOUTH SOCCER CLINIC

**TRAINING & SKILLS SESSION FOR BOYS & GIRLS
LED BY THE FOSSIL RIDGE HIGH SCHOOL GIRLS
SOCCER TEAM**

DATE: Saturday, February 5th

LOCATION: Fossil Ridge Gym

TIME: 10:30-12pm (1st-3rd graders)

12:30-2pm (4th-6th graders)



Camp will be indoors,
wear tennis shoes- **NO CLEATS**
Bring a water bottle
No Balls

SIGN UP/ LEARN MORE:

www.frhs.soccer/fundraising/clinic/

RETURN TO LEARN: Guidance Following a Positive COVID-19 Symptom Screen



Any symptomatic individuals should isolate from symptom onset and pursue evaluation, including testing as soon as possible. If symptoms develop at school and point of care testing is available, testing may be performed following an initial assessment using the Addressing Symptoms at School tool.

Anyone who tests positive using any viral diagnostic test type (not antibody tests) should be treated as a case and should isolate. No additional test results can end a symptomatic positive individual's isolation period early.

Symptomatic individuals within 90 days of a previous positive viral diagnostic test (not antibody test) and those who are fully vaccinated (2 weeks after final dose) should isolate, be investigated for potential infection in consultation with public health and/or a healthcare provider, and may require testing prior to return to school.

**FOR USE IN ALL SCHOOLS AND
CHILDCARE SETTINGS FOR STAFF
AND STUDENTS**

Reminder:

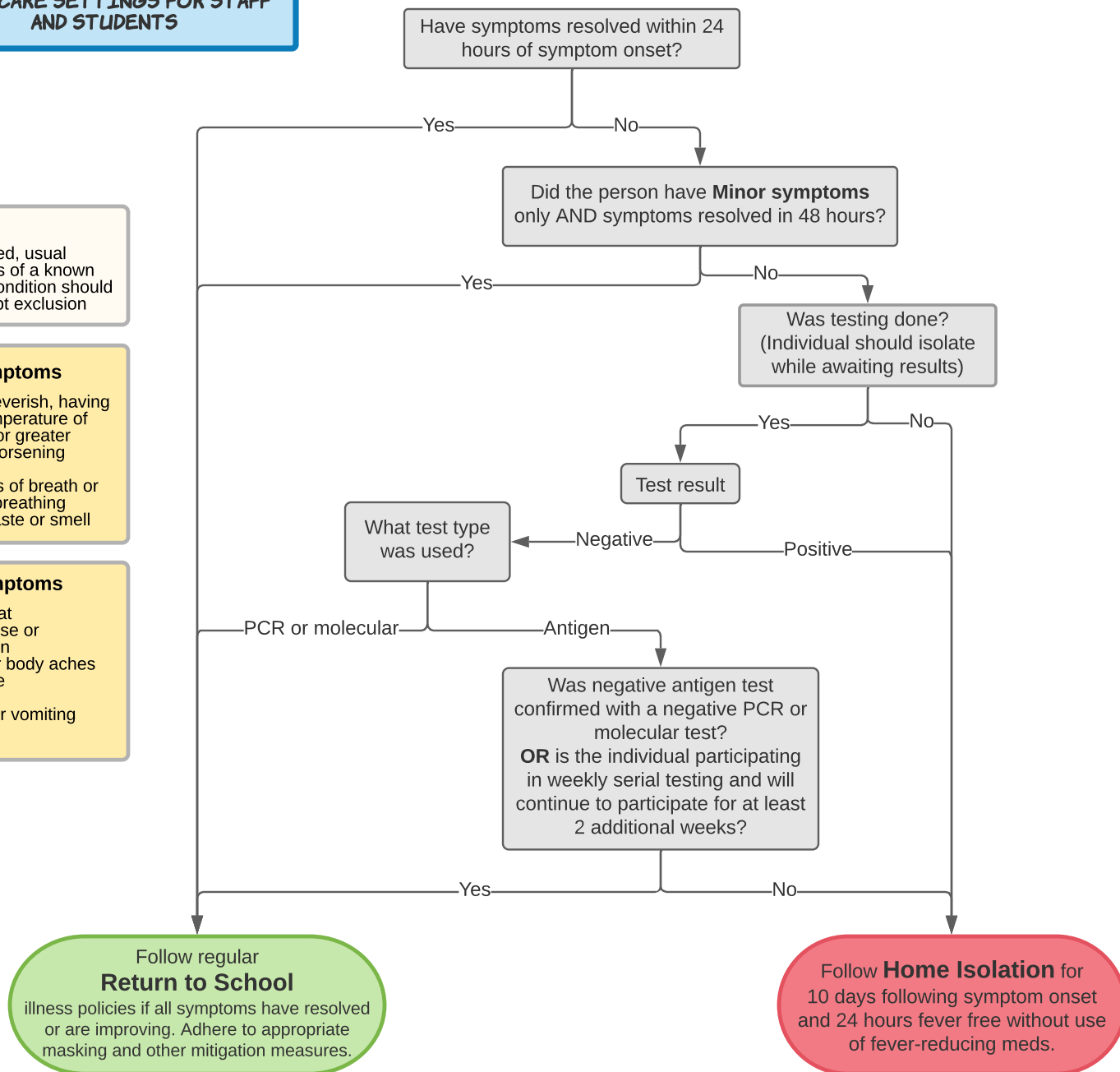
- Unchanged, usual symptoms of a known chronic condition should not prompt exclusion

Major Symptoms

- Feeling feverish, having chills, temperature of 100.4° F or greater
- New or worsening cough
- Shortness of breath or difficulty breathing
- Loss of taste or smell

Minor Symptoms

- Sore throat
- Runny nose or congestion
- Muscle or body aches
- Headache
- Fatigue
- Nausea or vomiting
- Diarrhea



To request assistance or provide feedback:
<https://tinyurl.com/COP12Feedback>



COLORADO
Department of Public
Health & Environment

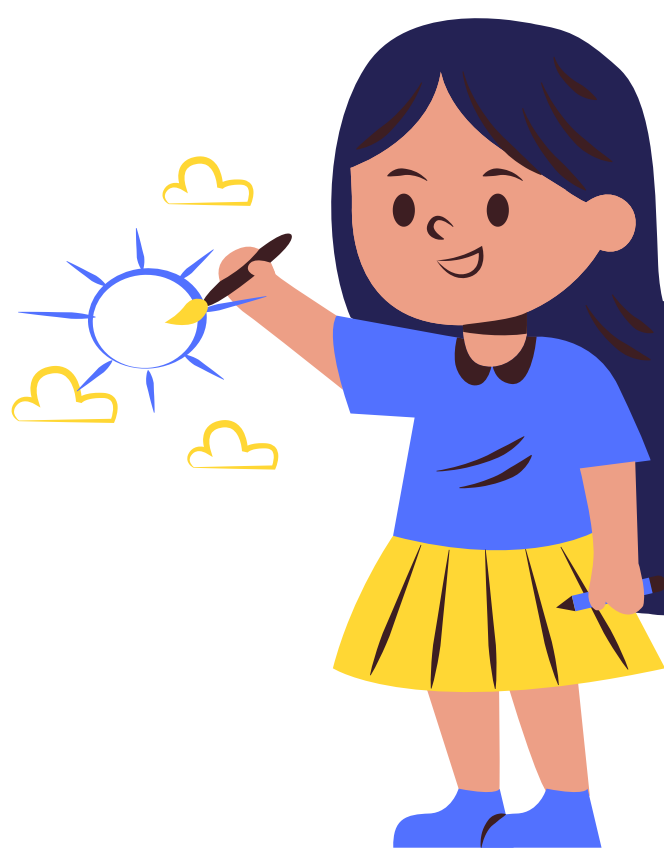
| July 2021

Apply to Substitute in PSD!

Are you interested in gaining valuable work experience? Would you like a flexible schedule and the opportunity to make a difference?

Have you considered working for Poudre School District as a substitute?

We want to meet you!



For more information, pay scales and an application link, visit:
<https://www.psdschools.org/careers/substitute-teachers>





Once your application has been processed, you will be
invited to sign up for an orientation.





**Questions? Contact
subs@psdschools.org**




POUDRE SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <ul style="list-style-type: none"> WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice 	2 <ul style="list-style-type: none"> Breakfast Round Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice 	3 <ul style="list-style-type: none"> Whole Grain Cinnamon French Toast Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice 	4 <ul style="list-style-type: none"> Cinnamon Toast Crunch Soft Filled Bar Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice 	5 <ul style="list-style-type: none"> Mini Pancakes Cheese Variety, or Substitute Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice
8 	9 <ul style="list-style-type: none"> Breakfast Sausage Pizza Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	10 <ul style="list-style-type: none"> Cinnamon Toast Crunch Soft Filled Bar Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	11 <ul style="list-style-type: none"> Breakfast Round Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	12 <ul style="list-style-type: none"> VW Bagel & cream cheese Yogurt Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice
15 <ul style="list-style-type: none"> WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice 	16 <ul style="list-style-type: none"> Whole Grain Cinnamon French Toast Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice 	17 <ul style="list-style-type: none"> Breakfast Sausage Pizza Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice 	18 <ul style="list-style-type: none"> Breakfast Round Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice 	19 <ul style="list-style-type: none"> Mini Cinnamon Rolls Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice
22 <ul style="list-style-type: none"> WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice 	23 <ul style="list-style-type: none"> Cinnamon Toast Crunch Soft Filled Bar Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice 	24 	25 	26 
29	30			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <ul style="list-style-type: none"> Hamburger & Cheeseburger Cold Deli Yogurt with Granola Pb&J Sandwich Fresh Snap Peas, or Substitute Whole Fruit, or Substitute Grapes, or Substitute Milk Variety Assorted Condiments 	2 <ul style="list-style-type: none"> Mac & Cheese Turkey & Cheese Sandwich Pb&J Sandwich Fresh Carrots Whole Fruit, or Substitute Applesauce or Fruit Cup or Substitute Milk Variety Assorted Condiments 	3 <ul style="list-style-type: none"> Chicken Patty Sandwich Chef Salad with Goldfish Crackers Pb&J Sandwich Salad with dressing Whole Fruit, or Substitute Fresh Strawberries, or Substitute Milk Variety Assorted Condiments 	4 <ul style="list-style-type: none"> Beef & Bean Burrito Turkey & Cheese Sandwich Pb&J Sandwich Fresh Cherry Tomatoes or Substitute Whole Fruit, or Substitute Watermelon or Substitute Milk Variety Assorted Condiments 	5 <ul style="list-style-type: none"> Cheese Pizza Cold Deli Yogurt with Granola Pb&J Sandwich Fresh Cucumber Slice or Substitute Whole Fruit, or Substitute Fresh Peaches, or Substitute Milk Variety Assorted Condiments
8 	9 <ul style="list-style-type: none"> Cheese Calzone & Marinara Ham & Cheese Sandwich PB&J Sandwich with Pretzels or Goldfish Bell Peppers, or Substitute Whole Fruit, or Substitute Orange Wedges Milk Variety Assorted Condiments 	10 <ul style="list-style-type: none"> Asian Meatballs & Rice Cold Deli Yogurt with Granola PB&J Sandwich with Pretzels or Goldfish Fresh Cucumber Slice or Substitute Whole Fruit, or Substitute Fresh Kiwi, or Substitute Milk Variety Assorted Condiments 	11 <ul style="list-style-type: none"> Chicken Burrito Ham & Cheese Sandwich PB&J Sandwich with Pretzels or Goldfish Salad with dressing Whole Fruit, or Substitute Fresh Cantaloupe, or Substitute Milk Variety Assorted Condiments 	12 <ul style="list-style-type: none"> Pepperoni Pizza Hummus & Veggie Box PB&J Sandwich with Pretzels or Goldfish Fresh Cherry Tomatoes or Substitute Whole Fruit, or Substitute Fresh Plum or Substitute Milk Variety Assorted Condiments
15 <ul style="list-style-type: none"> Chicken Nuggets Cold Deli Yogurt with Granola Pb&J Sandwich Fresh Snap Peas, or Substitute Whole Fruit, or Substitute Grapes, or Substitute Milk Variety Assorted Condiments 	16 <ul style="list-style-type: none"> Cheese Ravioli & Goldfish Crackers Turkey & Cheese Sandwich Pb&J Sandwich Fresh Carrots Whole Fruit, or Substitute Applesauce or Fruit Cup or Substitute Milk Variety Assorted Condiments 	17 <ul style="list-style-type: none"> Chicken Patty Sandwich Chicken Caesar Wrap Pb&J Sandwich Salad with dressing Whole Fruit, or Substitute Fresh Raspberries or Substitute Milk Variety Assorted Condiments 	18 <ul style="list-style-type: none"> Beef & Bean Burrito Turkey & Cheese Sandwich Pb&J Sandwich Fresh Cherry Tomatoes or Substitute Whole Fruit, or Substitute Watermelon or Substitute Milk Variety Assorted Condiments 	19 <ul style="list-style-type: none"> Cheese Pizza Cold Deli Yogurt with Granola Pb&J Sandwich Fresh Cucumber Slice or Substitute Whole Fruit, or Substitute Fresh Peaches, or Substitute Milk Variety Assorted Condiments
22 <ul style="list-style-type: none"> Hamburger & Cheeseburger Cold Deli Yogurt with Granola PB&J Sandwich with Pretzels or Goldfish Fresh Celery Sticks, or Substitute Whole Fruit, or Substitute Fresh Blackberries or Substitute Milk Variety Assorted Condiments 	23 <ul style="list-style-type: none"> Cheese Calzone & Marinara Yogurt Parfait PB&J Sandwich with Pretzels or Goldfish Bell Peppers, or Substitute Whole Fruit, or Substitute Orange Wedges Milk Variety Assorted Condiments 	24 	25 	26 
29	30			

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6 <ul style="list-style-type: none"> Mini Cinnamon Rolls Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	7 <ul style="list-style-type: none"> Breakfast Sausage Pizza Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	8 <ul style="list-style-type: none"> Pancake Sausage Wrap BIC Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	9 <ul style="list-style-type: none"> Breakfast Round Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice 	10 <ul style="list-style-type: none"> WW Bagel & cream cheese Yogurt Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice
13 <ul style="list-style-type: none"> WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice 	14 <ul style="list-style-type: none"> Whole Grain Cinnamon French Toast Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice 	15 <ul style="list-style-type: none"> Breakfast Sausage Pizza Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice 	16 <ul style="list-style-type: none"> Breakfast Round Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice 	17 <ul style="list-style-type: none"> Mini Cinnamon Rolls Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice
20 	21 <ul style="list-style-type: none"> No School Today 	22 <ul style="list-style-type: none"> No School Today 	23 <ul style="list-style-type: none"> No School Today 	24 <ul style="list-style-type: none"> No School Today
27 <ul style="list-style-type: none"> No School Today 	28 <ul style="list-style-type: none"> No School Today 	29 <ul style="list-style-type: none"> No School Today 	30 <ul style="list-style-type: none"> No School Today 	31 

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <ul style="list-style-type: none"> • Chicken Patty Sandwich • Chef Salad with Goldfish Crackers • Pb&J Sandwich • Salad with dressing • Whole Fruit, or Substitute • Fresh Strawberries, or Substitute • Milk Variety • Assorted Condiments 	2 <ul style="list-style-type: none"> • Beef & Bean Burrito • Turkey or Ham & Cheese Sandwich • Pb&J Sandwich • Fresh Cherry Tomatoes or Substitute • Whole Fruit, or Substitute • Watermelon or Substitute • Milk Variety • Assorted Condiments 	3 <ul style="list-style-type: none"> • Cheese Pizza • Cold Deli Yogurt with Granola • Pb&J Sandwich • Fresh Cucumber Slice or Substitute • Whole Fruit, or Substitute • Fresh Pear • Milk Variety • Assorted Condiments
6 <ul style="list-style-type: none"> • Chicken Drumstick with Goldfish • Cold Deli Yogurt with Granola • Pb&J Sandwich with Pretzels or Goldfish • Fresh Celery Sticks, or Substitute • Whole Fruit, or Substitute • Fresh Blueberries, or Substitute • Milk Variety • Assorted Condiments 	7 <ul style="list-style-type: none"> • Cheese Calzone & Marinara • Ham or Turkey & Cheese Sandwich • Pb&J Sandwich with Pretzels or Goldfish • Bell Peppers, or Substitute • Whole Fruit, or Substitute • Orange Wedges • Milk Variety • Assorted Condiments 	8 <ul style="list-style-type: none"> • Asian Meatballs & Rice • Cold Deli Yogurt with Granola • Pb&J Sandwich with Pretzels or Goldfish • Fresh Cucumber Slice or Substitute • Whole Fruit, or Substitute • Fresh Kiwi, or Substitute • Milk Variety • Assorted Condiments 	9 <ul style="list-style-type: none"> • Chicken Burrito • Ham or Turkey & Cheese Sandwich • Pb&J Sandwich with Pretzels or Goldfish • Salad with dressing • Whole Fruit, or Substitute • Fresh Cantaloupe, or Substitute • Milk Variety • Assorted Condiments 	10 <ul style="list-style-type: none"> • Pepperoni Pizza • Hummus & Veggie Box • Pb&J Sandwich with Pretzels or Goldfish • Fresh Cherry Tomatoes or Substitute • Whole Fruit, or Substitute • Cuties, or Substitute • Milk Variety • Assorted Condiments
13 <ul style="list-style-type: none"> • Chicken Nuggets • Cold Deli Yogurt with Granola • Pb&J Sandwich • Fresh Snap Peas, or Substitute • Whole Fruit, or Substitute • Grapes, or Substitute • Milk Variety • Assorted Condiments 	14 <ul style="list-style-type: none"> • Cheese Lasagna Rollup • Turkey or Ham & Cheese Sandwich • Pb&J Sandwich • Fresh Carrots • Whole Fruit, or Substitute • Applesauce or Fruit Cup or Substitute • Milk Variety • Assorted Condiments 	15 <ul style="list-style-type: none"> • Chicken Patty Sandwich • Chicken Caesar Wrap • Pb&J Sandwich • Salad with dressing • Whole Fruit, or Substitute • Fresh Raspberries or Substitute • Milk Variety • Assorted Condiments 	16 <ul style="list-style-type: none"> • Beef & Bean Burrito • Turkey or Ham & Cheese Sandwich • Pb&J Sandwich • Fresh Cherry Tomatoes or Substitute • Whole Fruit, or Substitute • Watermelon or Substitute • Milk Variety • Assorted Condiments 	17 <ul style="list-style-type: none"> • Cheese Pizza • Cold Deli Yogurt with Granola • Pb&J Sandwich • Fresh Cucumber Slice or Substitute • Whole Fruit, or Substitute • Fresh Pear • Milk Variety • Assorted Condiments
20 	21 <ul style="list-style-type: none"> • No School Today 	22 <ul style="list-style-type: none"> • No School Today 	23 <ul style="list-style-type: none"> • No School Today 	24 <ul style="list-style-type: none"> • No School Today
27 <ul style="list-style-type: none"> • No School Today 	28 <ul style="list-style-type: none"> • No School Today 	29 <ul style="list-style-type: none"> • No School Today 	30 <ul style="list-style-type: none"> • No School Today 	31 