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80528**

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**Principal
Aisha Thomas**

**Assistant Principal
John Berg**

**PSD Website
[Click Here](#)**



Advertising in this newsletter does not imply endorsement by Poudre School District.

ZACH ELEMENTARY SCHOOL

Home of the Zephyrosaurus

PAGE 1

Save the Date!

Zach is hosting a mobile vaccine clinic on November 22nd and December 13th.
See page 2 for more information.

Celebrate Learning!

We received some disaggregated data that we are celebrating! Last year's 5th graders as compared to pre-covid peers' academic growth were in the 71st percentile; we see that our students grew a ton! The state target is 50th! Anything over 65th percentile is considered high growth. This is strong growth when compared to our district and state. *Note: We can only look at 5th grade for growth as they were the only grade to take previous years' state tests.

On ACCESS (Accessing Comprehension and Communication in English State-to-State assessment), our English language learners had a median growth percentile of 49th!

On CMAS (Colorado Measures of Academic Progress assessment), our students with individual education plans (special education) ranked in the 87th percentile. WOW! Our English language learners ranked between the 50th and 99th percentile! Our female students ranked at the 74th percentile, and our male students ranked at the 53rd percentile.

Although we always have work to do looking at root causes and keeping a focus on learning, it's important to celebrate milestones along the way. Our students showed amazing academic growth during global pandemic! Thank you, Zach community, for being a part of the success!



TIME WELL SPENT

Your child's Well Care Visits
help us address the following:



Diet & Nutrition



Chronic Health Issues



Parental Concerns



Growth, Development & More



Click Here to Self-Schedule Your Child's Well Care Visit Today!



PSD Vaccine Clinics

The Colorado Department of Public Health and Environment (CDPHE) is hosting the following voluntary clinics from its mobile bus at the following Poudre School District parking lots:

- **10a.m.-6p.m. on Monday, Nov. 22 at Zach Elementary (shot #1) and December 13 (shot #2), boosters and flu shoot will also be available.**
- 10 a.m.-6 p.m. on Monday, Nov. 8 at Rocky Mountain High School in the parking lot at 1300 W. Swallow Road in Fort Collins
- 10 a.m.-6 p.m. on Tuesday, Nov. 9 at Poudre High School in the parking lot at 201 S. Impala Drive in Fort Collins
- 10 a.m.-6 p.m. on Friday, Nov. 12 at Lesher Middle School on the east side of the building off Ellis Street in the parking lot at 1400 Stover St. in Fort Collins
- 11 a.m.-6 p.m. on Monday, Nov. 15 at Shepardson Elementary School at 1501 Springwood Drive in Fort Collins
- 10 a.m.-6p.m. on Tuesday, Nov. 16 at Irish Elementary School in at 515 Irish Drive in Fort Collins
- 10 a.m.-6p.m. on Wednesday, Nov. 17 at Bauder Elementary School at 2345 W. Prospect Road in Fort Collins
- 10 a.m.-6 p.m. on Thursday, Nov. 18 at Lincoln Middle School in the south side parking lot at 1600 Lancer Drive in Fort Collins
- 10 a.m.-6 p.m. on Friday, Nov. 19 at Harris Elementary School in the south parking lot at 501 E. Elizabeth Street in Fort Collins
- 10 a.m.-6 p.m. on Monday, Nov. 29 at Rocky Mountain High School in the parking lot at 1300 W. Swallow Road in Fort Collins
- 10 a.m.-6 p.m. on Tuesday, Dec. 7 at Irish Elementary School in at 515 Irish Drive in Fort Collins
- 10 a.m.-6p.m. on Wednesday, Dec. 8 at Bauder Elementary School at 2345 W. Prospect Road in Fort Collins

As mobile bus vaccine clinics are added or changes are made to existing clinics, they will be listed on the [PSD vaccine clinic web page](#). **Appointment registration links will also be listed as they become available.**

Appointments are available on a first-come, first-serve basis to students, families, and staff. Flu shots will also be available at the clinics for free.

After receiving the first dose, a second-dose appointment will automatically be scheduled for 21 days later. Pfizer, Moderna, and Johnson and Johnson vaccines will all be available. Moderna and Johnson and Johnson are currently available for individuals 18 years and older. Booster shots will also be available to those already fully vaccinated.

To be vaccinated, individuals under 18 years old must have a parent or guardian present to provide consent. Students who are 18 years or older do not need parental consent.

These CDPHE mobile clinics are also open to members of the greater community, as well as our school community. Because CDPHE's mobile clinic is parked outdoors, no one will need to enter the school to access it.

If you have any questions about the vaccine, parental consent, or have problems registering, please refer to these [frequently asked questions](#).

PSD staff are not administering the vaccines or coordinating the appointments. The district is communicating this opportunity in partnership with CDPHE. Information about vaccine clinics is posted on the [PSD vaccine clinic web page](#).

The following are some vaccine resources:

- [“5 Things to Know” about COVID-19 vaccines](#)
- [COVID-19 Vaccines Questions and Answers](#)

November's Teacher Tuesday Voting

November's Teacher Tuesday voting is now live and we are thrilled to announce that our own Mrs. Brooke Walter, 4th grade, is in the running for the prize!

Voting closes on Wednesday, November 10th, at 10 am. Voting is restricted to one vote, per hour, per station. Vote at the links below to show your appreciation of Mrs. Walter!

She is in the running for the following prizes to the winning teacher:

\$100 food delivery voucher from Nosh NoCo

4 tickets to see the CSU Rams play on November 13

\$500 to the winning teacher's school

[Click here to vote](#)

[Click here to vote](#)

[Click here to vote](#)

[Click here to vote](#)

[Click here to vote](#)

Protocol for November 22nd & 23rd

If you are planning on taking your student(s) out of school on November 22nd or 23rd; follow the protocol listed below:

- Email your student's teacher and the office (stowne@psdschools.org) with the date and time of dismissal. We will have your student in the office ready to leave.
- Pull into the bus lane and call the office 970-488-5103. We will send your student out.
- There will be no dismissing of students after 2pm on either day.

RAINBOW CLUB
Preschool

located near Foothills Mall
970-286-8002
@rainbowclubpreschool

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WWW.RAINBOWCLUBPRESCHOOL.COM
FULL-TIME | PART-TIME | SUMMER CAMPS
AGES ~2YR-9MO-5YR

Our Mission is to transform young lives for the betterment of society
through intentional early childhood education

Families enjoy...

- COVID-19 Vaccination status of parents verified
- Low student:teacher ratio of 6:1
- Nutritious, home-cooked meals
- Monthly late pick-up
- All-in-one app for daily communication & billing

FALL OPEN HOUSE
SATURDAY, OCTOBER 23
10 AM - 2 PM
RSVP REQUIRED
WWW.TINYURL.COM/RAINBOWCLUBRSVP
Games + activities
(g geared towards 2-5 year-olds)
pizza & refreshments served

Exceptional home-based care with a blended curriculum

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...to learn more about
these great companies!

Your Hometown Healers
DOCTOR OWNED & OPERATED

The Women's Clinic
of Northern Colorado



TALKING TO
SOMEONE
CAN HELP.

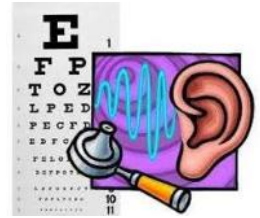
OUT
OF SORTS
THESE DAYS?

970-221-5551
24/7 | NO COST

connections

Vision and Hearing Testing

Vision and hearing screening will be on November 11th. All students k-5 will be tested. Please make sure your student has their glasses.



Book Fair Canceled for Fall

We have made the difficult decision to cancel the book fair this fall, due to public health concerns. We plan to bring it back this spring, where we hope we can host an in-person event.

Help for Families

If you would like to help purchase any needed winter clothing for our community, please fill out this form. Please contact school counselor Rachel Fierro with questions.

[Winter Gear: Offer to Help](#)

Winter and holiday help request:

Please complete this form if your family could use some help this season with food, winter clothing, or gifts. Please contact school counselor Rachel Fierro with questions.

[Family Winter Needs Request](#)

We are here for your child's health!

Schedule your school or sport physical today!

We have the COVID vaccine for your entire family.



Salud
Family Health Centers

(303) 697-2583
(303) MYSALUD

1635 BLUE SPRUCE DR | FORT COLLINS, CO

OUR CARE IS DINO-MITE!

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READY FOR THE CLASSROOM?



The library supports literacy and learning with books and databases on topics that pique your child's interest!



www.poudrelibraries.org

McKinney-Vento Information

Join PSD's Efforts to Support Students Experiencing Homelessness.

During the 2020-2021 school year, Poudre School District identified **1,432 students** pre-k through 12th grade, or **4.7% of our student population**, who experienced some form of homelessness and qualified for McKinney-Vento services.

McKinney-Vento is a federal law and PSD program designed to provide students experiencing homelessness and housing insecurity with resources and protections. The main focus is to remove the educational barriers that those students face, placing an emphasis on immediate enrollment, attendance, and success. McKinney-Vento services are available to all PSD children and youth, from birth to 21 years of age, who lack a fixed, regular, and adequate nighttime residence. Learn more about McKinney Vento on [PSD's McKinney-Vento webpage](#).

What Can You Do to Help?

- **Raise Awareness** - November is National Homeless Youth Awareness Month, and National Hunger and Homelessness Awareness Week is Nov. 13-21 (<https://hhweek.org/>). Please share this information with your family, friends, neighbors, and colleagues, and take the initiative to learn more about youth homelessness and its challenges.
- **Wear Green** - Green is the official color of Homeless Youth Awareness Month. Our McKinney-Vento staff and site McKinney-Vento Contacts will be wearing green on Wednesdays throughout the month to help bring attention to issue of homeless children, youth, and families in our community. Please feel free to join us in this show of solidarity.
- **Donate** - PSD's McKinney-Vento program accepts monetary donations which are used to purchase things like gas cards, grocery cards, school supplies, undergarments/socks, clothing, coats, hygiene and household supplies, food, concurrent enrollment supplies, and much more. Our goal is to provide services that remove barriers and create a welcoming and safe school environment so that students can come to school, engage in learning, and succeed.
 - To Make a Donation:
 - Make check out to Poudre School District and write McKinney-Vento in the memo line. OR
 - Use School Pay to donate- Use Emergency Support fund in School Pay to donate to students experiencing homelessness.
- **Learn More About McKinney-Vento in PSD:** Contact Whitney Reid, PSD's Homeless Education Program Specialist, at 970-490-3242, or via email at wreid@psdschools.org.

SELLER'S MARKET Call today!



Joe Mivshek
970.420.7163
joe.mivshek@km.com



kW KELLERWILLIAMS. REALTY
NORTHERN COLORADO



Zach Gives Back 2021

Zach Elementary is hosting our 9th annual Zach Gives Back (ZGB) Campaign, launched each November, with the purpose of raising funds and goods for local, national, and international nonprofits. We gear our events for children helping children! We typically host five annual schoolwide campaigns, one alternating year “hair raiser”, and sponsor numerous student-directed campaigns.

Due to the Covid pandemic in the past two years, we have significantly scaled back our large-scale campaigns...but not our community generosity. This year we are focusing on a few but mighty Zach Gives Back campaigns.

- Turkey Roundup (November 18th) – 4th grade champions
 - Bring a FROZEN turkey to KissNGo morning drop-off. Turkeys go to the Larimer County Food Bank to benefit LOCAL families!
- Jump Rope for Heart (during second semester) – PE champions
 - Students jump, jump and jump some more sponsored by family and friends, to benefit research of the National Heart Association!
- Supporting the Doreen Katz Foundation (DKF) (November 1- December 17)

<https://www.doreenkatzmemorial.org/>

 - Purchase on a \$50 online gift card to Walmart, Target, or King Soopers. All digital cards purchased need to be emailed to adam@doreenkatzmemorial.org
 - Gift Cards will be emailed from DKF to Colorado families they support. DKF sponsors families impacted from parents with cancer. Three staff families benefit from DKF, but to avoid a conflict of interest, ZGB gift cards will go to other CO sponsored families!
 - Walmart card purchase <https://www.walmart.com/ip/Walmart-eBooks-eGift-Card-50-email-delivery/390016306?athbdg=L1600>
 - Target card purchase <https://www.target.com/p/heart-hands-target-giftcard/-/A-81892126?preselect=81455854#lnk=sametab>
 - King Soopers card purchase <https://giftcards.kroger.com/our-store-cards/kroger-enterprise-egift>
- Supporting the Cultural Enrichment Center of Fort Collins for Black Youth (FOCOCEC) (November 1-30)

<https://fococec.org/>

 - This incredible organization supports LOCAL black youth with a place of belonging while engaging them in literacy, music, and software development. They need SIX Chromebooks and specific children’s books. To donate to this, please use the link below to sign up for what you can sponsor, and Mrs. Thomas will contact you for next steps. Purchases will be made over Amazon by you and shipped to Zach. <https://www.signupgenius.com/go/10C0A4DA9AD2FAAF85-zgbsponsor>

No health insurance?
You may qualify for financial help.



Free virtual
and in-person
appointments

Open Enrollment
starts Nov. 1

Health District
LARIMER HEALTH CONNECT
970-472-0444
larimerhealthconnect.org

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...to learn more about
these great companies!



It's A Turkey Round Up!



Thursday, November 18, 2021

Each year the Food Bank provides services to nearly 40,000 residents of Larimer County and many of them are PSD students. More than 2,500 turkeys are needed this fall season. Please consider donating a frozen turkey or plant-based alternative for our families.



WHAT: Bring your **FROZEN** turkeys to school
WHEN: Thursday, Nov. 18, 2021
WHERE: Our school's **Turkey Wrangler** will meet you

WHY: To help our PSD families and community members share a meal this year. Prefer to give a monetary donation to the Food Bank for Larimer County? You can also bring cash or check to our collection site and it will be counted toward our school total.

Our school's Turkey Wranglers are:

Our Wrangler will take your donated turkey or plant-based alternative and deliver it to the Food Bank drop-off location. Thank you!



POUDRE SCHOOL DISTRICT






Experience culture and diversity without leaving your home



Host families needed now!

\$500/month stipend to help cover costs

Students come from all over Europe and South America for a semester or a full year!

For more information contact Aspen Perkins
 Call or text: (907) 764-2932
 Email: Aspen.Perkins@educatius.org

¡Recolección de pavos!



Jueves 18 de noviembre de 2021

Cada año, el Banco de Alimentos (Food Bank) presta servicio a casi 40.000 residentes del condado de Larimer, y muchos de ellos son estudiantes del Distrito Escolar Poudre. Este otoño se necesita reunir más de 2.500 pavos. Les agradeceríamos que donaran un pavo congelado, o una alternativa a base de plantas, para nuestras familias.



DONAR: Pavos **CONGELADOS**. Traerlos a la escuela.

FECHA: Jueves 18 de noviembre de 2021

LUGAR: La encargada de nuestra escuela de recolectar pavos

MOTIVO: Ayudar a que las familias del Distrito Escolar Poudre y los miembros de la comunidad puedan compartir su cena este año.
¿Preferiría donar dinero al Banco de Alimentos del condado de Larimer? Ese mismo día, pueden traer dinero en efectivo o un cheque al lugar en donde estaremos recolectando los pavos; se tendrá en cuenta en el total recolectado por nuestra escuela.

Encargada de nuestra escuela de recolectar pavos:

La encargada de nuestra escuela de recolectar pavos, o alternativas a base de plantas, los llevará al lugar de entrega de donaciones del Banco de Alimentos. ¡Gracias!



POUDRE SCHOOL DISTRICT

Spanish 10/2021 – PSD TD

CLICK IT

Click on the
Ads in this
Newsletter

...to learn more about
these great companies!

Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com





Look what's coming!



YOUR CHILD'S VERY OWN ARTWORK

on products you and your family can use and wear!

Dear Family and Friends,

Our school has once again teamed up with **Original Works**- the #1 art-based program in the country- to offer a very special program that allows you to have **your child's very own artwork** reproduced onto a number of professional, full color products! **Information on how to order will be coming home Friday, November 5th! Please note that orders are placed ON-LINE!**

Your child created their artwork in school, using the regular art curriculum as the basis for their work of art. You will soon have the opportunity to order a variety of products with your child's own artwork featured on each and every product! These products range from magnets, totes, mugs and mouse pads to t-shirts, key chains, ornaments, and journals.

Original Works products make delightful keepsakes and unique gifts (Christmas, Birthdays, etc.). We are very excited to be participating in this unique program!

All Original Works proceeds directly support "The Arts" at Zach. Funds are used to purchase additional equipment and supplies to enrich ALL Specials classes and curriculum.

Original Works Timeline - Mark your calendars now!

Friday, November 5th: Ordering Information comes home in Friday Folders

Monday, November 15th: Deadline for orders (On-line Gallery Closes)

Friday, December 10th: Products will be sent home by this date



SEL NEWS

November

GRATITUDE

Research shows us consistently that one of the best ways to cultivate positive emotions is to practice gratitude. Practicing gratitude has been linked to strengthening relationships, increasing resilience, and lowering stress levels. When we feel connected to others and positive within ourselves, our brains are primed for new academic learning, making connections, and applying what we've learned: all the things we want for our students and our children! Modeling gratitude and establishing rituals is a wonderful way to help our kids learn this skill. Here are some examples:

- Everyone sharing something they are grateful for in their day at the dinner table or during a car ride.
- During the car ride or the walk to school, everyone shares something they appreciate about each family member or household member.
- One evening each weekend, household members write a short note of appreciation to someone that they will share that week.
- Make a Gratitude Jar . Periodically have a household member read the slips of paper for everyone to hear together.

DID YOU KNOW?

Social and Emotional Wellness are part of our Colorado Academic Standards.

Our CO Comprehensive Health Standards for grades PreK-12 include grade level expectations and student outcomes in the areas of Self Awareness, Self Management, Social Awareness, Relationship Skills, and Responsible Decision Making.

Want to learn more?
[Colorado State Standards: Social and Emotional Wellness](#)

SEL BOOKLIST

Check out these books that focus on gratitude:

[Children's Picture Books to Inspire Gratitude](#)

[Chapter Books with Gratitude themes](#)

SEL IN THE CLASSROOM

Kindergarten: Cooperation, sharing, and listening

1st grade: Recognizing feelings in ourselves and others

2nd grade: awareness of our feelings and respecting others' feelings

3rd grade: strategies for problem solving with peers

4th grade: strategies for problem solving with peers

5th grade: increasing self awareness and positive self talk



Free COVID-19 Test Kits

To make sure Coloradans have the tools they need to keep their families safe, CDPHE is providing free over-the-counter tests for parents, guardians, and caregivers to administer to school-aged children at-home.

<https://covid19.colorado.gov/covid-19-testing-at-home?fbclid=IwAR3wa-E88X0RLsF0mbP-JLEzGAm2ZZIUjCMBgsBOQgmWmmliwkP8SPJH6jQ>

NOVEMBER AFFINITY NIGHT PARENTS NIGHT OUT

Tuesday, Nov 9, 2021, Open 3:00 PM to Close



3581 E Harmony Rd Suite 130, Fort Collins, CO 80528 ~ (970) 698-6639
Generous donating back 15% of all sales to Zach
Take out orders too! (please mention Zach)



**"I DRIVE TO MAKE
A DIFFERENCE
FOR KIDS."**

**Learn more about becoming a PSD
bus operator at our hiring event!**

Applicants can talk to other operators, take a test drive, apply and interview on the spot.

8-11 a.m. | Monday, Nov. 8 | 2445 Laporte Ave, Fort Collins
at the new transportation facility (building H)



- Generous time off
- Paid training
- Competitive pay (starting at \$20/hour)
- Benefits
- Opportunities for advancement





WWW.PSDSCHOOLS.ORG/CAREERS/BE-A-BUS-DRIVER

Apply to Substitute in PSD!

Are you interested in gaining valuable work experience? Would you like a flexible schedule and the opportunity to make a difference?

Have you considered working for Poudre School District as a substitute?

We want to meet you!



For more information, pay scales and an application link, visit:
<https://www.psdschools.org/careers/substitute-teachers>

Once your application has been processed, you will be invited to sign up for an orientation.



Questions? Contact
subs@psdschools.org



POUDRE SCHOOL DISTRICT



YOUTH SOCCER CLINIC

**TRAINING & SKILLS SESSION FOR BOYS & GIRLS
LED BY THE FOSSIL RIDGE HIGH SCHOOL GIRLS
SOCCER TEAM**

DATE: Saturday, February 5th

LOCATION: Fossil Ridge Gym

TIME: 10:30-12pm (1st-3rd graders)

12:30-2pm (4th-6th graders)



Camp will be indoors,
wear tennis shoes- NO CLEATS

Bring a water bottle

No Balls

SIGN UP/ LEARN MORE:

www.frhs.soccer/fundraising/clinic/

Zach Breakfast Menu

November 2021

Zach Elementary
Breakfast

MONDAY

1

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

TUESDAY

2

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

WEDNESDAY

3

- Whole Grain Cinnamon French Toast
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

THURSDAY

4

- Cinnamon Toast Crunch Soft Filled Bar
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

FRIDAY

5

- Mini Pancakes
- Cheese Variety, or Substitute
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

8

9

- Breakfast Sausage Pizza
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

10

- Cinnamon Toast Crunch Soft Filled Bar
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

11

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

12

- WW Bagel & cream cheese
- Yogurt
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

15

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

16

- Whole Grain Cinnamon French Toast
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

17

- Breakfast Sausage Pizza
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

18

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

19

- Mini Cinnamon Rolls
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

22

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

23

- Cinnamon Toast Crunch Soft Filled Bar
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

24

25

26

29
30

Zach Lunch Menu

November 2021

Zach Elementary

Lunch

MONDAY**1**

- Hamburger & Cheeseburger
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Snap Peas, or Substitute
- Whole Fruit, or Substitute
- Grapes, or Substitute
- Milk Variety
- Assorted Condiments

TUESDAY**2**

- Mac & Cheese
- Turkey & Cheese Sandwich
- Pb&J Sandwich
- Fresh Carrots
- Whole Fruit, or Substitute
- Applesauce or Fruit Cup or Substitute
- Milk Variety
- Assorted Condiments

WEDNESDAY**3**

- Chicken Patty Sandwich
- Chef Salad with Goldfish Crackers
- Pb&J Sandwich
- Salad with dressing
- Whole Fruit, or Substitute
- Fresh Strawberries, or Substitute
- Milk Variety
- Assorted Condiments

THURSDAY**4**

- Beef & Bean Burrito
- Turkey & Cheese Sandwich
- Pb&J Sandwich
- Fresh Cherry Tomatoes or Substitute
- Whole Fruit, or Substitute
- Watermelon or Substitute
- Milk Variety
- Assorted Condiments

FRIDAY**5**

- Cheese Pizza
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Cucumber Slice or Substitute
- Whole Fruit, or Substitute
- Fresh Peaches, or Substitute
- Milk Variety
- Assorted Condiments

8**9**

- Cheese Calzone & Marinara
- Ham & Cheese Sandwich
- PB&J Sandwich with Pretzels or Goldfish
- Bell Peppers, or Substitute
- Whole Fruit, or Substitute
- Orange Wedges
- Milk Variety
- Assorted Condiments

10

- Asian Meatballs & Rice
- Cold Deli Yogurt with Granola
- PB&J Sandwich with Pretzels or Goldfish
- Fresh Cucumber Slice or Substitute
- Whole Fruit, or Substitute
- Fresh Kiwi, or Substitute
- Milk Variety
- Assorted Condiments

11

- Chicken Burrito
- Ham & Cheese Sandwich
- PB&J Sandwich with Pretzels or Goldfish
- Salad with dressing
- Whole Fruit, or Substitute
- Fresh Cantaloupe, or Substitute
- Milk Variety
- Assorted Condiments

12

- Pepperoni Pizza
- Hummus & Veggie Box
- PB&J Sandwich with Pretzels or Goldfish
- Fresh Cherry Tomatoes or Substitute
- Whole Fruit, or Substitute
- Fresh Plum or Substitute
- Milk Variety
- Assorted Condiments

15

- Chicken Nuggets
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Snap Peas, or Substitute
- Whole Fruit, or Substitute
- Grapes, or Substitute
- Milk Variety
- Assorted Condiments

16

- Cheese Ravioli & Goldfish Crackers
- Turkey & Cheese Sandwich
- Pb&J Sandwich
- Fresh Carrots
- Whole Fruit, or Substitute
- Applesauce or Fruit Cup or Substitute
- Milk Variety
- Assorted Condiments

17

- Chicken Patty Sandwich
- Chicken Caesar Wrap
- Pb&J Sandwich
- Salad with dressing
- Whole Fruit, or Substitute
- Fresh Raspberries or Substitute
- Milk Variety
- Assorted Condiments

18

- Beef & Bean Burrito
- Turkey & Cheese Sandwich
- Pb&J Sandwich
- Fresh Cherry Tomatoes or Substitute
- Whole Fruit, or Substitute
- Watermelon or Substitute
- Milk Variety
- Assorted Condiments

19

- Cheese Pizza
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Cucumber Slice or Substitute
- Whole Fruit, or Substitute
- Fresh Peaches, or Substitute
- Milk Variety
- Assorted Condiments

22

- Hamburger & Cheeseburger
- Cold Deli Yogurt with Granola
- Pb&J Sandwich with Pretzels or Goldfish
- Fresh Celery Sticks, or Substitute
- Whole Fruit, or Substitute
- Fresh Blackberries or Substitute
- Milk Variety
- Assorted Condiments

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- Cheese Calzone & Marinara
- Yogurt Parfait
- PB&J Sandwich with Pretzels or Goldfish
- Bell Peppers, or Substitute
- Whole Fruit, or Substitute
- Orange Wedges
- Milk Variety
- Assorted Condiments

24**25****26****29****30**

Calendar of Events

Tuesday, November 2

7:20am Gold Choir 4th Grade

Wednesday, November 3

Picture Retakes

Thursday, November 4

7:20am Gold Choir 5th Grade

Monday, November 8

Teacher Work Day

Tuesday, November 9

7:20am Gold Choir 4th Grade

Wednesday, November 10

5:00pm PTO

Thursday, November 11

Hearing and Vision Testing

7:20am Gold Choir 5th Grade

Tuesday, November 16

7:20am Gold Choir Rehearsal

5:00pm SAC

Thursday, November 18

7:20am Gold Choir Rehearsal

Tuesday, November 30

6:30pm Kindard Core Knowledge Parent Info



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