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Principal Aisha Thomas

Assistant Principal John Berg

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Advertising in this newsletter does not imply endorsement by Poudre School District.

# ZACH ELEMENTARY SCHOOL Home of the Zephyrosaurus





# Нарру Ної́ауя!

Wishing all Zach Families, a happy and healthy holiday season! Check out the links below for fun holiday activities.

https://www.fcgov.com/gardens/garden-of-lights

https://www.visitlovelandco.org/winterwonderlights/

https://lctix.com/ccb-nutcracker-2021

https://lctix.com/charles-dickens-a-christmas-carol

https://lctix.com/candlelight-christmas-2021

https://shopfoothills.com/event/skate-the-pond/

https://www.visitftcollins.com/event/tuba-christmas/23269/



Click Here to Self-Schedule Your Child's Well Care Visit Today!

#### Zach Elementary School ~ Together We Inspire!

#### PAGE 2





Experience culture and diversity without leaving your home



#### Host families needed now!

\$500/month stipend to help cover costs

Students come from all over Europe and South America for a semester or a full year!

For more information contact Aspen Perkins Call or text: (907) 764-2932 mail: Aspen:Perkins@educatius.org





#### BLAZING-FAST GIGABIT SPEED INTERNET \$59.95 PER MONTH

NO DATA CAPS! NO CONTRACTS! NO INSTALL FEES!

Learn more & sign up for notifications at **FCCONNEXION.COM** 

Auxiliary aids and services are available for persons with disabilities.





Zach Elementary is hosting our 9th annual Zach Gives Back (ZGB) Campaign, launched each November, with the purpose of raising funds and goods for local, national, and international nonprofits. We gear our events for children helping children! We typically host five annual schoolwide campaigns, one alternating year "hair raiser", and sponsor numerous student-directed campaigns.

- Turkey Roundup (November 18th) 4th grade champions
- We collected 180 turkeys and \$280!!
- We collected six new Chromebooks and lots of children's books to support the Cultural Enrichment Center of Fort Collins for Black Youth

#### WE NEED YOUR HELP WITH THE NEXT TWO CAMPAIGNS!

- Supporting the Doreen Katz Foundation (DKF) (November 1- December 17) <u>https://www.doreenkatzmemorial.org/</u>
  - Gift Cards will be emailed from DKF to Colorado families they support. DKF sponsors families impacted from parents with cancer.
  - Purchase on a \$50 online gift card to Walmart, Target, or King Soopers. All digital cards purchased need to be emailed to <u>adam@doreenkatzmemorial.org</u>
  - Walmart card purchase <u>https://www.walmart.com/ip/Walmart-eBooks-eGift-Card-50-email-delivery/390016306?</u>
     <u>athbdg=L1600</u>
  - Target card purchase <u>https://www.target.com/p/heart-hands-target-giftcard/-/A-81892126?</u>
     preselect=81455854#lnk=sametab
  - King Soopers card purchase <u>https://giftcards.kroger.com/our-</u> store-cards/kroger-enterprise-egift



### **PSD Vaccine Clinics**

The Colorado Department of Public Health and Environment (CDPHE) is hosting the following voluntary clinics from its mobile bus at the following Poudre School District parking lots:

- 10a.m.-6p.m. on Monday, December 13<sup>th</sup> at Zach Elementary , boosters and flu shoot will also be available.
- 10 a.m.-6 p.m. on Monday, Nov. 29 at Rocky Mountain High School in the parking lot at 1300 W.
   Swallow Road in Fort Collins
- 10 a.m.-6 p.m. on Tuesday, Dec. 7 at Irish Elementary School in at 515 Irish Drive in Fort Collins
- 10 a.m.-6p.m. on Wednesday, Dec. 8 at Bauder Elementary School at 2345 W. Prospect Road in Fort Collins

As mobile bus vaccine clinics are added or changes are made to existing clinics, they will be listed on the <u>PSD vaccine</u> <u>clinic web page.</u> Appointment registration links will also be listed as they become available.

Appointments are available on a first-come, firstserve basis to students, families, and staff. Flu shots will also be available at the clinics for free.

After receiving the first dose, a second-dose appointment will automatically be scheduled for 21 days later. Pfizer, Moderna, and Johnson and Johnson vaccines will all be available. Moderna and Johnson and Johnson are currently available for individuals 18 years and older. Booster shots will also be available to those already fully vaccinated.

To be vaccinated, individuals under 18 years old must have a parent or guardian present to provide consent. Students who are 18 years or older do not need parental consent.

These CDPHE mobile clinics are also open to members of the greater community, as well as our school community. Because CDPHE's mobile clinic is parked outdoors, no one will need to enter the school to access it.

If you have any questions about the vaccine, parental consent, or have problems registering, please refer to these <u>frequently asked questions</u>.

PSD staff are not administering the vaccines or coordinating the appointments. The district is communicating this opportunity in partnership with CDPHE. Information about vaccine clinics is posted on the <u>PSD vaccine clinic</u> <u>web page.</u>

The following are some vaccine resources:

- <u>"5 Things to Know" about COVID-19 vaccines</u>
- <u>COVID-19 Vaccines Questions and Answers</u>

#### Vaccine Side Effects

Reminder: Students must still follow <u>Return to</u> <u>Learn</u> guidelines and stay home with symptoms, even if it is believed their symptoms are side effects of the vaccine. Most major side effects do not last beyond 24 hours and most minor side effects do not last beyond 48 hours. Any students that have symptoms beyond the timeframe in the Return to Learn guidelines must receive a negative test or stay out for 10 days.

#### **Student Vaccinations**

If you choose to get your child vaccinated, please upload the vaccination card to ParentVue under Documents. The image must clearly show TWO vaccination shots. Then email aboice@psdschools.org to notify of the upload. DO NOT attach the vaccination image to the email. Zach will monitor our master vaccination list and once your child is 14 days out from the second shot, they will not be identified as close contacts at Zach.

#### **Directions to upload Vaccine Cards:**

- go to ParentVUE
- click on student
- click on online registration (top of the page)
- from drop down menu, choose current student & family data verification
- click on begin new registration
- verify electronic signature
- verify student data
- click on documents
- click on upload documents

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#### Zach Elementary School ~ Together We Inspire!

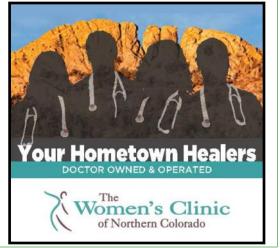


# **2021-22 Winter MAPS Assessment Schedule**

ZACH ELEMENTARY: 2021-22 Winter MAPS ASSESSMENT SCHEDULE						
Grade		Tues 12/14		Thurs 12/9	Fri 12/10 & 12/17	
2		Math 8:30-10:55		Reading 8:30-10:55	Makeups	
Grade	Mon 12/6	Tues 12/7	Weds 12/8	Thurs 12/9	Fri 12/10	
3		Reading 8:25-9:25	Reading 8:25-9:25	Math 8:25-9:25	Math 8:25-9:25	
Grade	Mon 1/10	Tues 1/11	Weds 1/12	Thurs 1/13	Fri 1/14	
4		Math 8:20-10:00	Reading 10:20- 11:30	Makeups 8:20- 11:30		
Grade	Mon 1/17	Tues 1/18	Weds 1/19	Thurs 1/20	Fri 1/21	
5	NO SCHOOL	10:10-12:35	10:10-12:35	Makeups	Makeups	







OF SORTS

970-221-5551 24/7 | NO COST

TALKING TO SOMEONE CAN HELP.

Connections

### ZEF Fund

We are thankful for our supportive PTO and parent community here at Zach! Through your partnership, we raised significant funds again this year that support student learning and development. To see how Zach Enrichment Funds (ZEF) are managed and disbursed, please see the two links below from the PTO page on the Zach school website. Thanks again for your support!

The Zach Enrichment Fund (ZEF) is Zach's only contribution appeal, a supplement to district and state funds that increases each teacher's classroom budget and funds teacher grants throughout the year. <u>Click here</u> to learn more about the ZEF application, approval, and disbursement process and <u>click here</u> to see how together we have created an extraordinary experience for our kids this year!

# Thank You so much!

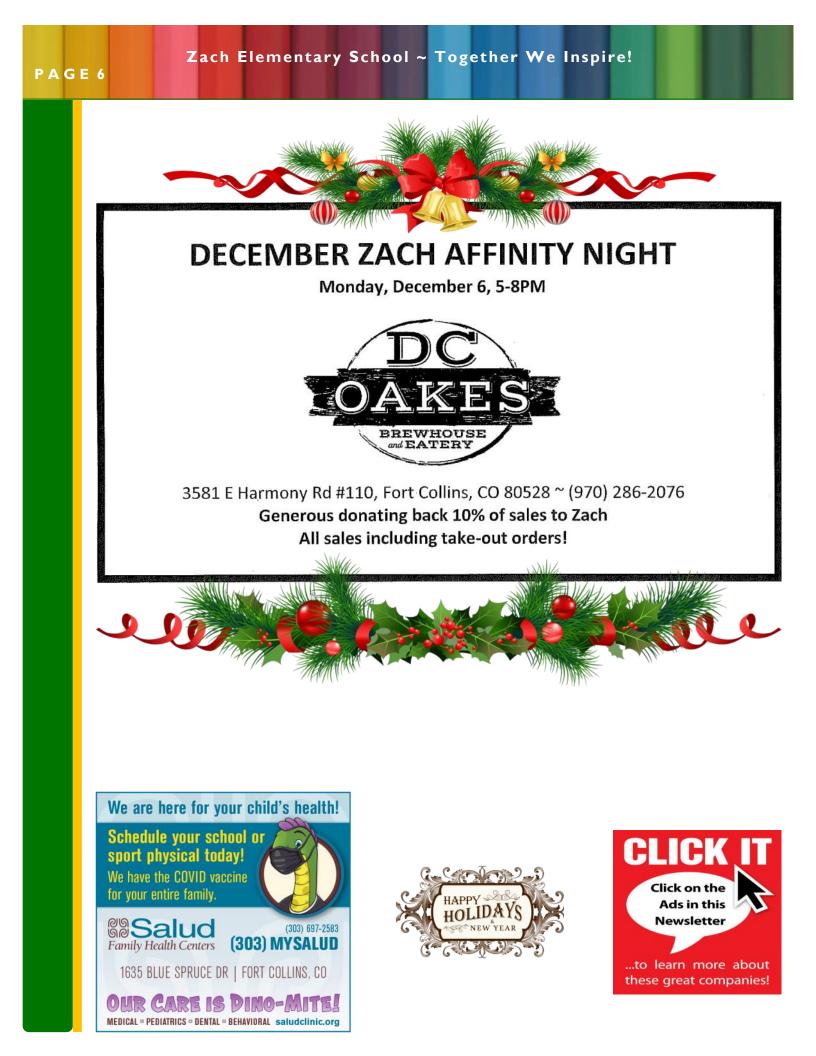
# **2022 CMAS Testing School Schedule**

2022 CMAS Testing School Schedule

School: Zach Elementary



MON March 28	TUES March 29	WED March 30	THUR Mar 31	FRI Apr 1
(ELA & Math)	(ELA & Math)	(ELA & Math)	(ELA & Math)	(ELA & Math)
	3 <sup>rd</sup> ELA 8:15-11:00	3 <sup>rd</sup> ELA 8:15-11:00	3 <sup>rd</sup> ELA 8:15-11:00	
	5 <sup>th</sup> ELA 9:15-11:30	5 <sup>th</sup> ELA 9:15-11:30	5 <sup>th</sup> ELA 9:15-11:30	
MON Apr 4	TUE Apr 5	WED April 6	THUR April 7	FRI April 8
(ELA & Math)	(ELA & Math)	(ELA & Math)	(ELA & Math)	(ELA & Math)
	5 <sup>th</sup> Math 9:15-11:00	5 <sup>th</sup> Math 9:15-11:00	5 <sup>th</sup> Math 9:15-11:00	
MON April 11	TUE April 12	WED April 13	THUR April 14	FRI April 15 (NO
(All CMAS)	(All CMAS)	(All CMAS)	(All CMAS)	SCHOOL)
	4 <sup>th</sup> ELA 8:30-10:30	4 <sup>th</sup> ELA 8:30-10:30	4 <sup>th</sup> ELA 8:30-10:30	
	5 <sup>th</sup> Science 9:15-11:15	5 <sup>th</sup> Science 9:15-11:15	5 <sup>th</sup> Science 9:15-11:15	
MON April 18	TUE April 19	WED April 20	THUD Annii 21	EDI Anzil 22
MON April 18	(All CMAS)	(All CMAS)	THUR April 21 (All CMAS)	FRI April 22 (All CMAS)
	3 <sup>rd</sup> Math 8:15-10:30	3 <sup>rd</sup> Math 8:15-10:30	3 <sup>rd</sup> Math 8:15-10:30	
	4 <sup>th</sup> Math 8:30-10:00	4 <sup>th</sup> Math 8:30-10:00	4 <sup>th</sup> Math 8:30-10:00	
	4" Wath 8:50-10:00	4 Wath 8:50-10:00	4 Wath 8:50-10:00	
	April 26 (Make-Ups)	April 27 (Make-Ups)	April 28 (Make-Ups)	April 29 (Make-Ups)



### **Parent Survey**

Dear PSD community,

You are invited to share your thoughts to help inform the development of future Poudre School District school year calendars.

<u>This survey</u>, available in Spanish and English, is open from Dec. 1, 2021, through Jan. 1, 2022. Families who need support with Arabic or other language translation may contact their family liaison.

Staff, students, parents/guardians and community members are welcome to respond. Results of the survey will be available publicly on the <u>Calendars and Schedules web page</u> sometime after the survey closes in January.

The PSD Calendar Committee will consider community feedback when creating the draft 2023-24 and 2024-25 school year calendars, as well as future school year calendars.

As it develops school year calendars, the PSD Calendar Committee is focused on the instructional needs of our students. That has long guided the committee's complex work to balance the many competing interests and needs of students, staff, families and our communities.

Survey respondents are asked to give feedback on options for consideration by the committee, such as starting the school year after Labor Day. Keep in mind that it may be logistically impossible to implement all possible options simultaneously or even in the same school year, in some instances.

#### <u>Please note: The committee is only gathering feedback at this point as it creates drafts of future school year</u> <u>calendars. No decisions have been made, and the PSD Board of Education must vote to approve PSD's calendars</u> <u>prior to adoption.</u>

Members of the public can follow the calendar process as it progresses. In addition to survey results being made public on the PSD website, PSD Calendar Committee members are scheduled in April 2022 to present draft school year calendars to the school board. Board meetings are open to the public, and agendas are **posted on the PSD website**.

Moving forward, the Calendar Committee intends to send out a survey like this every two years. Garnering consistent feedback is an important part of the calendar development process.

Those with questions about the survey or calendar process may contact Calendar Committee Co-Chairs Melanie Mierzwa, at <u>mmierzwa@psdschools.org</u>, or Alicia Bono, at <u>aliciab@psdschools.org</u>.

Thank you for your continued partnership.



No health insurance

#### Middle School **Transition Information**

\*Secondary School of **Choice Deadline\*\*** Grades 6-12 Friday, January 21,2022 by noon, MST

#### **January 4**, 2022

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Preston Open House: 6-8pm; Preston Middle School

January 5, 2022 Kinard Incoming 6<sup>th</sup> Grade Family Night: 6pm; Kinard Core Knowledge Middle School

February 4, 2022 Middle School Registration Visits Kinard & Preston: 1pm; Zach

#### May 13, 2022

5<sup>th</sup> Graders Visit Middle Schools: 9:30-11:30am: **Kinard & Preston** 

\*Students must complete a school of choice application in order to attend Kinard.



#### MAKING THE WORLD A BETTER PLACE

# **Preston Middle School Transition Series**



## DECEMBER 2021

#### 12/2 - 5:00-6:00PM OR 12/9 - 5:00-6:00PM

#### **Puma 101**

Come to Preston to meet our principal, administrators, counselors, and teachers to learn more about Preston and all that we have to offer. We will share general information including our course offerings, daily schedule, clubs, athletics, and much more. Families and students are welcome!

**JANUARY 2022** 1/4 - 6:00PM - 8:00PM

#### **Open House**

Experience what makes Preston an incredible middle school. We invite families and students to hear from Principal Amy Schmer, meet our amazing teachers, and learn firsthand about the student experience.

**FEBRUARY 2022** 1/31 - 2/4 FEEDER ELEMENTARY VISITS

#### Registration

Hear from Preston counselors about 6th Grade registration, course selection, and learn about what to expect as a 6th grader at Preston Middle School.



#### **Connect with a Counselor**

Meet our Counseling Team and learn tips and strategies to help families set their Puma up for success in middle school



#### **5th Grade Welcome**

MAY 2022

Connect with Preston and get excited to be a Puma! Tours will be available on May 26th and 27th. Details to follow.

#### EVENT DETAILS

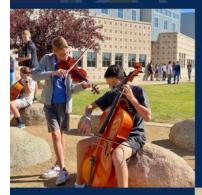
Visit our 6th Grade Transition website for more information. tinyurl.com/y7m96ef9

FOLLOW @PRESTONSTEM ON SOCIAL MEDIA



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# KINARD -Core Knowledge MIDDLE SCHOOL



#### FRIDAY TALK & TOURS

Parents/Guardians meet with Kinard administrators for a brief presentation and tour of the school. If you're interested in joining a Friday Talk & Toui sign up online at the link below.

https://tinyurl.com/FridayTalkTour

Fri. 12/10 9:00- 10:30 AM Fri. 1/7 9:00-10:30 AM Fri. 1/14 9:00- 10:30 AM



# CORE KNOWLEDGE

Join Principal Lindsey Matkin to learn more about the curricular connection between our Core Knowledge Elementary Schools and Kinard Middle School.

Tues. 11/30 at Zach 6:30-7:30 PM Wed. 12/1 at Traut 6:30-7:30 PM Thurs. 12/2 at Bethke 6:30- 7:30 PM Mon. 12/6 O'Dea (Virtual) 6:30- 7:30 PM



#### INCOMING 6TH GRADE FAMILY NIGHT

Our Incoming 6th Grade Family Night is designed for parents and 5th grade students to learn more about the Core Knowledge curriculum sequence, Kinard's culture, character education, parent partnership, wellness, student leadership programs, world language, STEM opportunities, athletics, clubs, and more!

JOIN US: Wednesday, Jan. 5th from 6:00 - 8:30 PM

# **CONNECT WITH US**





kinardmustangs





#### OUR COMMITMENT TO

# EXCELLENCE



U.S. Dept. of Education Blue Ribbon School



U.S. Dept. of Education Green Ribbon School



National Core Knowledge Foundation Visitation Site



State of Colorado John Irwin School of Excellence



PSD Healthy Schools Certified Platinum Wellness



Professional Learning Community at Work Model School

# JOIN THE MUSTANG FAMILY!

Enroll Now: https://psdschoolchoiceapplication.com School Choice Deadline: January 21st. 2022

kinard\_mustangs

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SEL NEWS DECEMBER

# EMOTIONAL REGULATION 🕇

Emotional regulation is the ability to notice and manage the different emotions we have. Supporting kids' ability to manage and regulate their emotions appropriately includes teaching children to identify different emotions, helping them identify what causes those emotions, and teaching them strategies to manage the range of emotions we all experience.

We can support these skills is by helping children to find language to describe their emotional experience, as well as modeling our own healthy coping skills and communication around emotions. Building kids' understanding of the science of our emotions and responses is also key. When kids know what is happening in their brains during times of stress or challenging emotions, they are empowered with the understanding of what causes these big feelings as well as why different calming strategies can help. Dr. Dan Siegal calls this overwhelming flood of strong emotions "Flipping Your Lid". Check out the videos below for parent/educator and student-friendly explanations of the brain science behind this.

Information for parents and caregivers: How Kids Learn to Control Their Emotions Flipping Your Lid: A Scientific Explanation

Video clips for kids: <u>Kids Want to Know video: Flipping Your Lid</u> <u>Some Days I Flip My Lid read aloud</u>

# SEL IN THE CLASSROOM

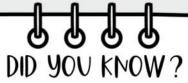
Social and Emotional Learning topics in November/December:

Kindergarten & 1<sup>st</sup> grade: naming emotions in ourselves and others, strategies for managing challenging emotions & cultivating positive emotions

2<sup>nd</sup> & 3<sup>rd</sup> grade: personal space

4<sup>th</sup> grade: problem solving strategies with peers & assertive communication

5<sup>th</sup> grade: empathy & respect, responsible decision making



Social and Emotional Wellness is included in our Colorado Academic Standardsl The Colorado Comprehensive Health Standards for grades PreK-12 include grade level expectations and student outcomes in the areas of Self Awareness, Self Management, Social Awareness, Relationship Skills, and Responsible Decision Making.

Want to learn more about these SEL standards? <u>Colorado</u> <u>State Standards: Social and</u> <u>Emotional Wellness</u>

# -{BOOKLISTS }

Children's literature list for supporting emotional regulation:

Emotional Regulation Children's Book List

Picture Books that Nurture Emotional Awareness PAGEII

# Offer to Help with Winter Clothing

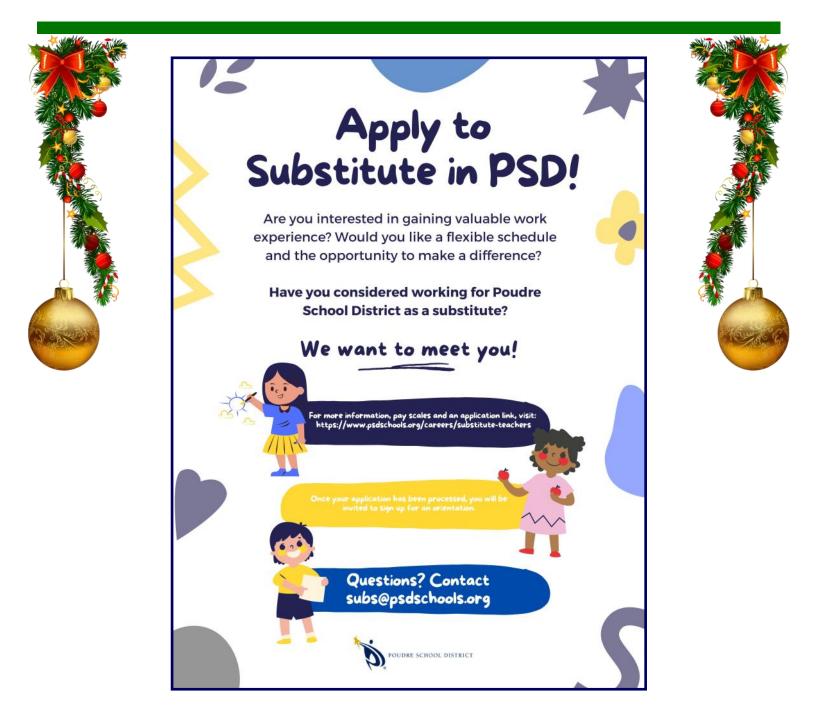
If you would like to help purchase any needed winter clothing for our community, please fill out this form. Please contact school counselor Rachel Fierro with questions. <u>Winter Gear: Offer to Help</u>

# Happy Holidays!



# Winter and Holiday Help Request

Please complete this form if your family could use some help this season with food, winter clothing, or gifts. Please contact school counselor Rachel Fierro with questions. Family Winter Needs Request



Zach Elementary School ~ Together We Inspire!



# YOUTH SOCCER CLINIC

TRAINING & SKILLS SESSION FOR BOYS & GIRLS Led by the fossil ridge high school girls Soccer team

DATE: Saturday, February 5th LOCATION: Fossil Ridge Gym TIME: 10:30-12pm (1st-3rd graders) 12:30-2pm (4th-6th graders)



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Camp will be indoors, wear tennis shoes- NO CLEATS Bring a water bottle No Balls

# SIGN UP/ LEARN MORE: www.frhs.soccer/fundraising/clinic/

# Zach Breakfast Menu

# December 2021

# Zach Elementary

#### Breakfast

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<ol> <li>Whole Grain Cinnamon French Toast</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ol>	2 • Cinnamon Toast Crunch Soft Filled Bar • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice	3 Mini Pancakes Cheese Variety, or Substitute Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice
<ul> <li>7</li> <li>Breakfast Sausage Pizza</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk Variety</li> <li>Assorted Juice</li> </ul>	<ul> <li>8</li> <li>Pancake Sausage Wrap BIC</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk Variety</li> <li>Assorted Juice</li> </ul>	9 • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice	<ul> <li>10</li> <li>WW Bagel &amp; cream cheese</li> <li>Yogurt</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk Variety</li> <li>Assorted Juice</li> </ul>
<ul> <li>Whole Grain Cinnamon French Toast</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<ul> <li>Breakfast Sausage Pizza</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<ul> <li>Breakfast Round</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<ul> <li>17</li> <li>Mini Cinnamon Rolls</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>
21 • No School Today	<ul><li>22</li><li>No School Today</li></ul>	<ul><li>23</li><li>No School Today</li></ul>	<ul><li>24</li><li>No School Today</li></ul>
28 • No School Today	29 • No School Today	<ul><li>30</li><li>No School Today</li></ul>	31 Happy Sear
	<ul> <li>7</li> <li>Breakfast Sausage Pizza</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Cereal</li> <li>Assorted Juice</li> </ul> 14 <ul> <li>Whole Grain Cinnamon French Toast</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assorted Cereal</li> <li>Assorted Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul> 21 <ul> <li>No School Today</li> </ul>	1• Whole Grain Cinnamon French Toast • Assorted Muffins • Assorted Cereal • Assorted Juice7• Breakfast Sausage Pizza • Assorted Muffins • Assorted Cereal • Assorted Juice78• Breakfast Sausage Pizza • Assorted Cereal • Assorted Cereal • Assorted Cereal • Assorted Juice• Milk Variety • Assorted Juice14• Pancake Sausage Wrap BIC • Assorted Cereal • Assorted Cereal • Assorted Juice• Milk Variety • Assorted Juice14• Breakfast Sausage Pizza • Assorted Juice• Milk Variety • Assorted Cereal • Assorted Cereal • Assorted Cereal • Assorted Cereal • Assorted Muffins • Assorted Cereal • Assorted Cereal • Assorted Cereal • Assorted Cereal • Assorted Cereal • Assorted Cereal • Assorted Juice• Whole Grain Cinnamon French Toast • Assorted Cereal • Assorted Cereal • Assorted Cereal • Assorted Cereal • Assorted Cereal • Assorted Juice• Milk: fat free, 1% • Milk: fat free, 1% • Milk: fat free, 1% • Assorted Juice• No School Today28	12• Whole Grain Cinnamon French Toast • Assorted Muffins • Assorted Cereal • Assorted Juice• Cinnamon Toast Crunch Soft Filled Bar • Assorted Cereal • Assorted Cereal • Assorted Juice789• Breakfast Sausage Pizza • Assorted Cereal • Assorted Cereal • Assorted Muffins • Assorted Cereal • Assorted Juice• Breakfast Round • Assorted Muffins • Assorted Cereal • Assorted Juice1415• Breakfast Round • Assorted Muffins • Assorted Cereal • Assorted Juice21• Q22• Cond Today23• No School Today24• No School Today25292629

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# Zach Lunch Menu

# December 2021

## Zach Elementary

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 • Chicken Patty Sandwich • Chef Salad with Goldfish Crackers • Pb&J Sandwich • Salad with dressing • Whole Fruit, or Substitute • Fresh Strawberries, or Substitute • Milk Variety • Assorted Condiments	2 • Beef & Bean Burrito • Turkey or Ham & Cheese Sandwich • Pb&J Sandwich • Fresh Cherry Tomatoes or Substitute • Whole Fruit, or Substitute • Watermelon or Substitute • Milk Variety • Assorted Condiments	3 • Cheese Pizza • Cold Deli Yogurt with Granola • Pb&J Sandwich • Fresh Cucumber Slice or Substitute • Whole Fruit, or Substitute • Fresh Pear • Milk Variety • Assorted Condiments
6 Chicken Drumstick with Goldfish Cold Deli Yogurt with G PB&J Sandwich with Pr or Goldfish Fresh Celery Sticks, or Substitute Whole Fruit, or Substitut Fresh Blueberries, or Substitute Milk Variety Assorted Condiments	<ul> <li>Ham or Turkey &amp; Cheese</li> <li>ranola Sandwich</li> <li>etzels PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>Bell Peppers, or Substitute</li> <li>Whole Fruit, or Substitute</li> </ul>	<ul> <li>Cold Deli Yogurt with Granol</li> <li>PB&amp;J Sandwich with Pretzels</li> </ul>	9 • Chicken Burrito a Ham or Turkey & Cheese s Sandwich • PB&J Sandwich with Pretzels or Goldfish • Salad with dressing • Whole Fruit, or Substitute • Fresh Cantaloupe, or Substitute • Milk Variety • Assorted Condiments	<ul> <li>Pepperoni Pizza</li> <li>Hummus &amp; Veggie Box</li> <li>PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>Fresh Cherry Tomatoes or Substitute</li> <li>Whole Fruit, or Substitute</li> <li>Cuties, or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>
13 Chicken Nuggets Cold Deli Yogurt with G Pb&J Sandwich Fresh Snap Peas, or Substitute Whole Fruit, or Substitut Grapes, or Substitute Milk Variety Assorted Condiments	Sandwich • Pb&J Sandwich • Fresh Carrots	<ul> <li>15</li> <li>Chicken Patty Sandwich</li> <li>Chicken Caesar Wrap</li> <li>Pb&amp;J Sandwich</li> <li>Salad with dressing</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Raspberries or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<ul> <li>16</li> <li>Beef &amp; Bean Burrito</li> <li>Turkey or Ham &amp; Cheese Sandwich</li> <li>Pb&amp;J Sandwich</li> <li>Fresh Cherry Tomatoes or Substitute</li> <li>Whole Fruit, or Substitute</li> <li>Watermelon or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<ul> <li>17</li> <li>Cheese Pizza</li> <li>Cold Deli Yogurt with Granol.</li> <li>Pb&amp;J Sandwich</li> <li>Fresh Cucumber Slice or Substitute</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Pear</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>
HAVE A GREAT Winter Brea	21 • No School Today	<ul><li>22</li><li>No School Today</li></ul>	<ul><li>23</li><li>No School Today</li></ul>	• No School Today
27 No School Today	<ul><li>28</li><li>No School Today</li></ul>	<ul><li>29</li><li>No School Today</li></ul>	30 • No School Today	31 HAPPY



# 

### **Calendar of Events**

Wednesday, December 1 **Picture Retakes** 

**Thursday, December 2** 5:00pm Information Night @Preston

**Thursday, December 9** 6:00pm Information Night @Preston

Monday, December 13 **PSD** Vaccine Clinic

Friday, December 17 Last Day to Donate to Doreen Katz Memorial Org

Monday, December 20 Winter Break

**Tuesday, December 21** Winter Break

Wednesday, December 22 Winter Break

**Thursday, December 23** Winter Break

Friday, December 24 Winter Break

Monday, December 27 Winter Break

**Tuesday, December 28** Winter Break

Wednesday, December 29 Winter Break

Thursday, December 30 Winter Break

Friday, December 31 Winter Break

Monday, January 3, 2022 **Teacher Work Day** 

Tuesday, January 4, 2022 6:00pm Open House @Preston

Wednesday, January 5, 2022 6:00pm 6th Grade Family Night @Kinard

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