

Together We Inspire!

ZACH ELEMENTARY SCHOOL



home
of the
zephyrosaurus

Zach

Elementary School
3715 Kechter Road
Fort Collins, CO
80528

Office Phone
970.488.5100

Attendance Phone
970.488.5105

Fax Number
970.488.5106

Principal
Aisha Thomas

Assistant Principal
John Berg

PSD Website
[Click Here](#)



School Safety Week at Zach is September 7th - 10th!

This important yearly event will take place next week at Zach. As part of School Safety week, our students and staff will participate in a practice evacuation drill and a practice lockdown drill. These required practice drills are held to ensure all students and staff know how to respond in the event of a real emergency. All Covid-related safety protocols will be followed during these practice drills.

- Also, we're very excited to host First Responder Day on the morning of September 9th! We'll have representatives onsite in the bus circle from Larimer County Sheriff and Emergency Services, UCHealth, Colorado Parks and Wildlife, Poudre Fire Authority, and the Fort Collins Police Department. Students will have the opportunity to speak with these professionals and learn about the gear they use in their profession.
- Friday, September 10th, is Bike/Walk/Skate to School Day! We'll have a representative from the City of Fort Collins on the playground from 7:45-8:15 AM. If you bike, walk, or skate to school on Friday, stop by the table on the playground for some free prizes!

Traffic and Safety Procedures

- We are a technology free driving campus! Please refrain from using your cell phone while driving on campus.
- No right turns out of campus from 7:50-8:20am & 2:45-3:15pm.
- Kiss & Go lanes:
 - Pull forward as far as possible to allow cars to enter behind you
 - No idling zone—please turn off your car engine while you are waiting for your child
 - Students enter and exit via the passenger side of the vehicle
 - Do not get out of your car
- If you need to walk your child to their entry location, park your vehicle in the South parking lot and then walk with your child across the guarded crosswalk.
- Accessible parking is in the West parking lot. You must have the appropriate ADA license plate or placard to park in an ADA space for any amount of time.
- Per PSD policy, no dogs allowed on campus from 7:45 AM-3:15 PM. If you choose to walk your furry friend to school, please wait for your child(ren) on the hill near the Zach rock, or at the foot bridge south of campus.

Zach Enrichment Fund (ZEF)

Zach Enrichment Fund (ZEF) Annual Contribution Welcome to 2021-22 at Zach Elementary! We hope this message finds you refreshed, rejuvenated and ready for a new year.

Zach's collective commitment from parents, students and staff has contributed to our ranking as one of the top performing schools in Colorado. Each year, for over a decade, we have received The John Irwin School of Excellence and the Governor's Distinguished School Improvement Awards. Additionally, our recent School Performance, which is Colorado's report card for each school, showed that we earned 98.6 out of 100 possible points. We are not only known for academic excellence, but also for promoting an environment where safety, learning, and fun are the priorities!

A key part of our school's success has been our ability to provide an enhanced student experience. Poudre School District bases its funding on the at-risk factors of a given school's demographic. With few demographic risk factors, Zach receives a low per pupil operating revenue allocation from the district. The Zach Enrichment Fund (ZEF) supplements district and state funding, increasing each teacher's classroom budget and funding teacher grants throughout the year.

ZEF funds have provided the following and more:

Kindergarten: Reading Eggs & Math Seeds curricula, math manipulatives, and Core project materials

First Grade: Science materials, including clay for layers of the earth project, math games and enrichments, and class library books

Second Grade: Laptops, book sets for reading groups, and bookshelves

Third Grade: Science materials, including magnets for experiments, math manipulatives, and novels for reading differentiation

Fourth Grade: Middle Ages Fair (fourth grade capstone experience), flexible seating, and books

Fifth Grade: Science curriculum supplies, core novels, EnVision math books for additional challenges, and Eco X supplies

Fund your child's enhanced experience by making your annual contribution of \$100 per student. Simply add "Annual Contribution - Zach Enrichment Fund" to your School Pay (psdschools.schoolpay.com) cart to complete your child's registration checklist. Contributions of any amount are encouraged.

Funds received prior to the first day of school are especially important, as they allow ZEF to meet immediate classroom needs at the start of the year. We ask that you make your contribution no later than back-to-school night/school supplies drop off.

Thank you for supporting your child's enhanced experience at Zach Elementary School!



TIME WELL SPENT

Your child's Well Care Visits help us address the following:

 Diet & Nutrition
  Chronic Health Issues
  Parental Concerns
  Growth, Development & More



Click Here to Self-Schedule Your Child's Well Care Visit Today!

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...to learn more about these great companies!



Save the date!

What: Zach Parent Info Night

Date: September 14

Time: 6:00-7:00 PM

Details: We'll share strategies on developing healthy student habits in kids, teaching children to advocate for self, and the importance of living with a growth mindset. Childcare will be provided! Masks required for all attendees.

RSVP at the link below by September 10, 2021

<https://www.signupgenius.com/go/20f0c4ea9ae2fa1ff2-parent>



Clubs and Enrichments

There are several opportunities for your child to participate in extracurricular activities at Zach. Fall clubs and enrichment activities start the week of September 13 and enrollment opens on August 31. See the "Clubs and Enrichments" tab on the Zach webpage or click the link below for further information. Hope to see you there!

<https://zac.psdschools.org/school-sponsored-clubs-and-additional-enrichment-opportunities>

District Accountability Committee

The accountability committee consists of thoughtful parent and school representatives who provide guidance and recommendations regarding district spending priorities, the District Improvement Plan, and the districts charter schools to the PSD Board of Education. It also works to increase the level of parent engagement in the district. This important work is facilitated by a committee that is representative of the diversity of our district.

We have the following positions we wish to fill:

- An Instructional Paraprofessional working in PSD
- A person who can represent the business community within the District's boundary
- A parent of an English language learner student in the district
- A parent of a student in the District's Gifted and Talented Program

Would you enjoy contributing to the important advisory work of this group? If so, reach out to Robert Beauchamp, Director of Curriculum, Instruction, and Assessment using the contact information listed below.

Meeting dates are:

- | | | |
|----------------------|---------------------|------------------|
| • August 18, 2021 | • December 15, 2021 | • April 20, 2022 |
| • September 15, 2021 | • January 19, 2022 | • May 18, 2022 |
| • October 20, 2021 | • February 16, 2022 | |
| • November 17, 2021 | • March - TBD | |

Time: 6:30 pm – 8:30 pm

Location: Board Room, 2407 LaPorte Avenue, Fort Collins, Colorado 80521



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Auxiliary aids and services are available for persons with disabilities.



Early Dismissal

As a reminder, if you need to **pick up** your child during the school day, just call the office 970-488-5103 when you arrive. Park in the west kiss-n-go (aka bus lane). We will call your child out of class and send them out to you. You do not need to come in the building to sign them out.



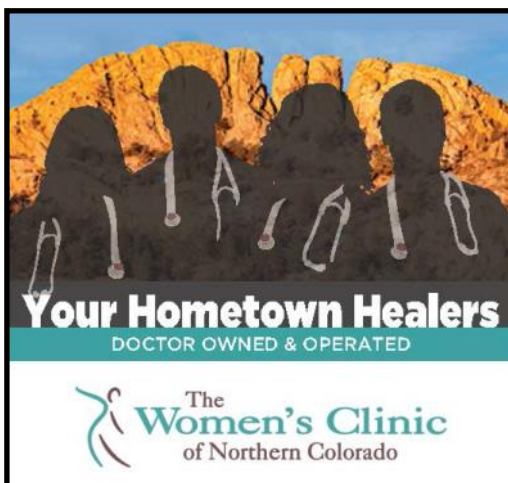
We call students out between 8am-2:30pm. Please make note that after 2:30pm we will not call your child out of class, and you will need to wait until they are dismissed to connect with them. This is to help instruction stay consistent for all kids and remove the barrage of class intercom announcements happening at the end of the day.

If you are **dropping off** your child after the start of the school day, just call the office 970-488-5103 when you arrive to notify us and send your child in. You do not need to come in the building to sign them in.

Pets on Campus Policy



Many families are walking to pick up their children after school with their dog. Dogs are not allowed on Zach campus during school hours 7:45am-3:15pm. If you want to walk over with your dog, please meet your child at the rock by Kechter Road or the bridge near Muskrat Creek. Please do not bring your dog near the front of the school, campus sidewalks, or kiss-n-go areas. Thank you!



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SRO Family Opt Out Notification

2021-22 School Year School Notice to Families About a School Resource Officer (SRO) Being in Class

Dear parents/guardians,

Our School Resource Officer (SRO), Kate Garcia, as well as our former SRO's, periodically stop by Zach for an informal visit with our students. They like to come by to say hello to our students or have a short visit with them in the cafeteria, on the playground, or in the classroom.

Occasionally, at the request of our teachers, SRO Kate will read a book to students at a prescheduled time in the classroom.

- If you would like your child to attend the book reading with SRO Kate, you do not need to do anything.
- If you do not want your student to attend the book reading with SRO Kate, you may opt your student out of this class by sending an email to Stacey Towne at stowne@psdschools.org. If you choose to do so, your student will be given topic-related work to complete during the scheduled book reading time.
- If you do not opt out, it will be assumed that your student may attend.

The goal of the Poudre School District School Resource Officer program is to provide a safe learning environment while improving relations between students, staff, and law enforcement officials. For more information, visit the [School Resource Officer Program web page](#).

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Music Notes

Welcome back to the Music Room! I am so excited about this year...glad to be back to normalish. We can sing, dance and play instruments with only a few restrictions. As of this moment, we're planning in-person music programs for Kindergarten, 1st Grade, 3rd Grade and 4th Grade. We may be on a modified performance schedule, but more to come on that as we get closer to performance dates.

The biggest news is that we can have Choir again!!! I am so thrilled about this! There are some restrictions, so I'll be modifying our pre-Covid traditions a bit to accommodate our new protocols. Gold Choir (4th and 5th grade) will meet in the Fall Enrichment Block (Sept. 14-Nov. 18). Green Choir (2nd and 3rd grade) will meet in the Winter Enrichment Block (Jan. 4-Mar. 10). Each choir will be split into their grade levels for rehearsal, and we will have separate Gold and Green Choir concerts.

So, registration for GOLD CHOIR is open! Please see the Zach Website "Clubs and Enrichments" page for registration and payment links. The cost for Choir is \$20/singer. The registration fee purchases a NEW TEE SHIRT for the singer, transportation costs (Eagles Game), music purchase and payment for our accompanist. Yes, we're getting a NEW shirt design this year—it's been a while!

Registration for each Choir (4th Grade Gold and 5th Grade Gold) is limited to 35 singers—total of 70 singers for Gold Choir. Singers must register through SchoolPay to attend choir.

4th Graders will meet on Tuesday mornings in the music room, 7:20-8:00 a.m. 5th Graders will meet on Thursday mornings in the music room, 7:20-8:00 a.m. Our rehearsal times are short—less time than a regular music class. Please make every effort to have your singer on time, ready to sing at 7:20 a.m. If your singer needs to eat breakfast, they may go to the cafeteria at 8:00 a.m. to get breakfast. All other singers will be released to the playground for before school recess.

Green Choir will meet during the Winter Enrichment block. Registration will open and information will be published about the group prior to Winter Break (It will look a lot like Gold Choir, with different dates!).

Please contact me at Zach if you have any questions. It's going to be a great year!

Alyssa Johnson
Music Teacher/Choir Director
ajohnson@psdschools.org
970-488-5117



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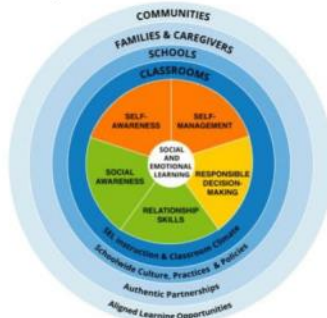


SEL NEWS

SEPTEMBER

WHAT IS SEL?

SEL stands for Social and Emotional Learning. SEL supports students in developing skills and knowledge in the CASEL 5 areas of: social awareness, self awareness, relationship skills, responsible decision making, and self management. At Zach, we support students in developing these skills through classroom community building activities, schoolwide community building activities, and periodic SEL lessons led by our school counselor. The school counselor, Mrs. Fierro, also hosts WIN groups supporting skill development in these 5 areas. Research shows the benefits of SEL instruction include: improved student relationships and prosocial skills, positive school climate, improved academic performance, and decreased anxiety and behavior problems. Learn more here: [CASEL: What is SEL?](#)



SEL AT HOME

The beginning of the school year is a great time to re-establish connection rituals at home. Here are some ideas:

Share "glums and glows" or "roses and thorns" at the dinner table: each person takes a turn sharing a positive and not-so-great part of their day.

Go on a family walk or bike ride: movement often encourages kids to share and open up about the day.

Read together! Books are an amazing way to explore SEL topics and encourage discussion at home. [Social and Emotional Learning booklist](#)

[Books for Social and Emotional Learning](#)

DON'T MISS

Zach Parent Info Night: SEL and Healthy Student Habits
Sept. 14 6-7pm

SEL IN THE CLASSROOM

Classroom SEL topics in September:
Kinder, 1st, 2nd, 3rd, and 4th grade:

Meet the School Counselor

Creating a caring classroom community

Friendship skills: including others and playing fair at recess

5th grade:

Meet the School Counselor

Creating a caring classroom community

Emotional regulation and awareness: building a toolbox of coping skills



ZACH
Elementary School

Zach Spirit Wear

Got your Zach spirit wear yet!? Show your school spirit by clicking the link below and ordering your Zach gear! Men's, women's, and youth sizes are available.

<https://www.rokkitwear.com/school/55724-zach-elementary-school>



Snap Benefits

Enrollment for the Supplemental Nutrition Assistance Program (SNAP) is open year-round. You may be eligible for a SNAP benefit up to \$343 per month.

Details here  bit.ly/3A8sPOX

PSD website with more information:

 <https://www.psdschools.org/programs-services/school-meals/free-and-reduced-meals>

PTO News

Hi Zach parents! Want to get in the classroom and lead your child's reading group? Excited about helping out during a class holiday party, coaching a Book Bowl team, or assisting your child's teacher with copying or classroom supply organization? We are excited to welcome volunteers back into Zach! All volunteers working in the building with students will need to register to volunteer and complete PSD's background check. You can follow this link to register to volunteer:

<https://www.psdschools.org/community/volunteers>.

The District is experiencing a delay in background check processing and has asked for our patience as they work through the backlog. Please register to get your name in the queue for processing. If you have any questions, please reach out to the PTO at zachpto@gmail.com.

The PTO's first meeting of the year is this Wednesday, 9/8, at 5:00 pm. The meeting will be held via Meets and you can access the link from the Zach website. Click on Parents, then PTO/SAC, then click here to access Google Meets. PTO Board members are excited to welcome our families back to school and will be at the bike rack at the main entrance during morning drop off on Tuesday, 9/7 from 7:45-8:15. Come ask questions, learn about how to get involved, or just stop by and say hello!

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2021 FALL

Please note that fall protocols could shift, as PSD adapts to public health conditions and guidance.



Review PSD's 2021-22 protocols for [Health & Safety](#)



Info on [vaccinations, clinics](#) happening at PSD schools



2021-22 [Frequently Asked Questions web page](#)

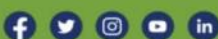


More information available [PSD's 2021-22 School Year and COVID-19 data](#)

Poudre School District

2407 LaPorte Avenue,
Fort Collins, CO 80521
970-482-7420

www.psdschools.org
info@psdschools.org



PSD COVID-19 mask protocols

Masks are required for all staff, students, visitors and volunteers in PSD buildings, regardless of vaccination status.



Why masks in PSD

- We want to keep students and staff safe and keep kids in school, while **minimizing quarantines and impacts to families**. When both parties are masked, neither individual should be quarantined if there is a COVID case.
- We **protect one another** from the spread of COVID by wearing masks.
- Wearing masks allows us to **prioritize in-person learning**. In school, students have opportunities to build a sense of belonging and connect with people and their passions through activities, athletics and extracurriculars.



Two or more layers of fabric



Completely cover nose and mouth



Fit snugly against face and nose with no gaps

Mask FAQs

- Protective masks should cover the nose and mouth, with multiple layers and that fit snugly against a person's face.
- Masks are NOT required outdoors.
- Teachers and students will have opportunities to have mask breaks.
- Schools will have extra masks on hand, for those who need them.
- When you're in a room with someone else, your mask should be on.

Updated Aug. 13, 2021

continued on next page

PSD COVID-19 protocols for fall 2021

Some have changed since the spring of 2021, while others will be familiar. This is not an exhaustive list. For all protocols, please visit the [Health and Safety web page](#).

What's different?



Close contact is now defined as being less than 3 feet for a cumulative 15 minutes in 24 hours versus 6 feet, per public health guidance.

- **All activities and athletics** are happening with protocols.
- All secondary students can use **lockers**.
- **Water fountains** are turned back on.
- Students at all schools can eat in **cafeterias**.
- **School assemblies** are allowed with masks, 3 feet spacing and assigned seats.

You should be exempt from quarantine if you are one of the following:

- Fully vaccinated
- You and others are masked
- Positive for COVID 90 days prior
- Participated in weekly testing

With masks, we expect that fewer people will be quarantined. Quarantines may still occur due to exposures at lunch (no masks while eating) and high-risk activities (athletics, performing arts). There may be other instances where these may occur.

What's the same?



Keep washing your hands.

We will do this before and after recess, as well as before and after meals.

- **Students don't have to wear masks outdoors or at recess**, and students from different grades can play outside at the same time.
- **Stay home if you are experiencing symptoms** (runny nose, new/worsening cough, fever, etc.). Follow [Return to Learn guidance](#) to come back to school.
- If you are deemed to be a close contact in a COVID case, the health department will ask you to **quarantine for 10 days**.
- There is still the option for an early release on day eight of quarantine, following the **early test-out process**.
- PSD will continue using **Precautionary Rooms** (formerly Isolation Rooms) to separate symptomatic students from peers and staff.



Contact tracing

PSD will continue working with the [Larimer County Department of Health and Environment \(LCDHE\)](#) to conduct contact tracing investigations when there is a COVID case.

- PSD and LCDHE will identify whether anyone had close contact. LCDHE will ask close contacts to quarantine.
- In a routine classroom exposure (i.e. third graders sitting at desks), LCDHE

will likely not quarantine individuals if the county's vaccination rate is greater than 70% among those eligible to be vaccinated.

- PSD will still notify families when there is a classroom/

cohort exposure, even if no quarantines occur. The entire school community will not be notified.

- Case information will be available on the [COVID-19 data web page](#).



What to do if you're experiencing symptoms

Do your part. Don't come to school if you're experiencing symptoms. Even a runny nose counts. PSD follows the [Colorado Department of Public Health and Environment's Return to Learn guidelines](#). Parents should monitor their children for symptoms and keep them home if they are experiencing any of the following:

Critical symptoms

- Loss of taste or smell

Major symptoms

- Feeling feverish, having chills
- Temperature of 100.4 F or greater

Minor symptoms

- Sore throat, runny nose or congestion
- Muscle or body aches

[Review the guidelines](#) for a full list of symptoms and how to respond.



Vaccination FAQs

- Please get vaccinated, if it is the right decision for you and your family.
 - PSD is **not requiring but strongly encouraging** staff and students to be vaccinated.
 - PSD continues to partner with public health agencies to offer vaccination opportunities. For more information, including about upcoming clinics in PSD, visit the [Vaccinations web page](#).
- For more information, visit [LCDHE's website](#).

COVID Protocols, continued...

Protocolos del PSD con respecto al uso de tapabocas en el otoño de 2021

Actualizados el 12 de agosto de 2021

Tengan presente que los protocolos para el otoño pueden cambiar a medida que el Distrito Escolar Poudre (PSD, por sus siglas en inglés) se adapta a las condiciones de salud pública y sus pautas.

[El uso de tapabocas es obligatorio](#) para todo el personal, los estudiantes, visitantes y voluntarios en los edificios del PSD, sin importar el estatus de vacunación.

La razón del uso de los tapabocas en el PSD

Es nuestro deseo mantener tanto a los estudiantes como al personal seguros, y que los estudiantes permanezcan en la escuela, a la vez que se minimizan las cuarentenas y el impacto en las familias. Cuando los estudiantes al igual que el personal usan tapabocas, ninguna persona debe entrar en cuarentena si hay un caso de la COVID-19.

El uso de tapabocas nos permite darle prioridad al aprendizaje presencial. En la escuela, los estudiantes tienen la oportunidad de desarrollar un sentido de pertenencia y conectarse con las personas y sus intereses a través de actividades, deportes y programas extracurriculares.

Nos protegemos unos a otros de la propagación de la COVID-19, mediante el uso de tapabocas.

Preguntas frecuentes sobre los tapabocas

Los tapabocas deben cubrir la nariz y la boca, tener varias capas y ajustarse cómodamente al rostro de la persona.

NO se requiere el uso de tapabocas al aire libre.

Los maestros así como los alumnos tendrán la oportunidad de tomar descansos del uso de tapabocas.

Las escuelas tendrán tapabocas adicionales, para las personas que los necesiten.

Cuando estén en un salón con otra persona, se debe usar el tapabocas.

Protocolos del PSD referentes a la COVID-19, para el otoño de 2021

Algunos protocolos han cambiado desde la primavera de 2021, mientras que hay otros con los que estarán familiarizados.

Pueden encontrar todos los protocolos en [la página web de Salud y Seguridad \(Health and Safety\)](#).

¿Qué ha cambiado?

Según las pautas de salud pública, el contacto cercano ahora se define como el estar a menos de 3 pies (1 metro) de distancia de un caso, durante un tiempo acumulado de 15 minutos, en 24 horas, a diferencia de 6 pies (2 metros).

- Todas las actividades y deportes se realizarán de acuerdo con los protocolos.

continued on next page

COVID Protocols, continued...

- Todos los estudiantes de la escuela intermedia (grados 6 a 8) y de “high school” (preparatoria) (grados 9 a 12) pueden usar casilleros.
- Las fuentes de agua se han vuelto a poner en servicio.
- Los estudiantes de todas las escuelas pueden comer en cafeterías.
- Se permiten realizar asambleas escolares en las cuales los estudiantes usan tapabocas, mantienen una distancia física de 3 pies (1 metro) y los puestos están asignados.

No deben entrar en cuarentena las personas que reúnan uno de los siguientes requisitos:

- Estar completamente vacunadas.
- Ustedes y las otras personas hacen uso de los tapabocas.
- Haber obtenido con 90 días de anterioridad un resultado positivo en las pruebas para detectar la COVID-19.
- Participar en pruebas semanales para detectar la COVID-19.

Con el uso de tapabocas, esperamos que una cantidad menor de personas entre en cuarentena. Las cuarentenas aún pueden ocurrir debido a exposiciones que tengan lugar a la hora del almuerzo (no se usan los tapabocas mientras se come) y actividades de alto riesgo (deportes, artes escénicas). Puede haber otras ocasiones en las que esto pueda ocurrir.

¿Qué sigue igual?

Seguir lavándose las manos. Haremos esto antes y después del recreo y las comidas.

- Los estudiantes no tienen que usar tapabocas al aire libre o en el recreo, y los estudiantes de diferentes grados pueden jugar afuera al mismo tiempo.
- Quédense en casa si presentan síntomas (secreción nasal, tos nueva o que empeora, fiebre, etc.). Siguen las pautas de Regreso al Aprendizaje (Return to Learn) para volver a asistir a la escuela.
- Si se les considera que sean un contacto cercano en un caso de la COVID-19, el departamento de salud les pedirá que entren en cuarentena durante 10 días.
- Todavía existe la opción de que se finalice la cuarentena en su octavo día; se debe seguir un proceso de reducción del tiempo de cuarentena.
- El PSD continuará usando las Salas de Precaución (conocidas anteriormente como Salas de Aislamiento) para separar a los estudiantes sintomáticos de sus compañeros y del personal.

Rastreo de contactos

El PSD continuará trabajando con el Departamento de Salud y Medio Ambiente del Condado de Larimer (LCDHE, por sus siglas en inglés) para realizar investigaciones de rastreo de contactos, cuando haya un caso de la COVID-19.

- El PSD y el LCDHE identificarán si alguien tuvo contacto cercano. El LCDHE pedirá a los contactos cercanos que entren en cuarentena.
- En una exposición en un salón de clase (por ejemplo, estudiantes de tercer grado sentados al frente de sus escritorios), es probable que el LCDHE no pida que las personas entren en cuarentena si el índice de vacunación del condado de Larimer es superior al 70 %, entre las personas que califican para recibir la vacuna.

continued on next page

COVID Protocols, continued...

- El PSD seguirá notificando a las familias cuando haya una exposición en el salón de clase o en un grupo, incluso si no se entra en cuarentena. No se notificará a toda la comunidad escolar.
- La información del caso estará disponible en la [página web de datos de la COVID-19 \(COVID-19 data\)](#).

Qué hacer si presentan síntomas

Pongan de su parte. No asistan a la escuela si presentan síntomas, aunque sea solo una secreción nasal. El PSD sigue las [pautas de Regreso al Aprendizaje \(Return to Learn\) del Departamento de Salud Pública y Medio Ambiente de Colorado](#). Los padres de familia deben observar a sus hijos para detectar síntomas de la COVID-19, y no permitir que asistan a la escuela si alguno de los síntomas que se indican a continuación está presente:

Síntoma crítico

- Pérdida del gusto u olfato

Síntomas graves

- Sensación de fiebre, escalofríos
- Temperatura de 100.4° F (38° C) o superior

Síntomas leves

- Dolor de garganta, secreción nasal o congestión
- Dolores musculares o corporales

[Examinen las pautas](#) para informarse sobre la lista completa de síntomas y cómo responder a ellos.

Preguntas frecuentes sobre las vacunas contra la COVID-19

- Se les pide que reciban la vacuna, si esta decisión es la correcta para ustedes y su familia.
- El PSD no exige al personal ni a los estudiantes que reciban la vacuna, pero lo recomienda.
- El PSD continúa asociándose con agencias de salud pública para ofrecer vacunas. En la [página web de Vacunas contra la COVID-19 \(Vaccinations\)](#) pueden leer más con respecto a este tema, incluso sobre las próximas clínicas de vacunación en el PSD.

Para tener información adicional, visiten el [sitio web del LCDHE](#).

Examinen los protocolos del PSD referentes a la [Salud y Seguridad \(Health and Safety\)](#), para el año escolar 2021-22.

Lean la información sobre [las vacunas y las clínicas de vacunación \(vaccinations, clinics\)](#) que se llevarán a cabo en escuelas del PSD.

Encuentren respuestas a sus preguntas en la [página web de las Preguntas más Frecuentes – Año escolar 2021-22 \(2021-22 Frequently Asked Questions\)](#).

Obtengan más información en la [página web del PSD – Año escolar 2021-22 \(PSD's 2021-22 School Year\)](#) y los [Datos sobre la COVID-19 \(COVID-19 data\)](#).

NOTA: Para leer la información de las páginas web del PSD en español: Hagan clic en "Traducción", situado en la barra verde de la parte superior de la página web, luego en "Select Language" (Seleccionar el idioma), y por último en "Spanish" (Español).

ADDRESSING SYMPTOMS AT SCHOOL



If the ill child, student, or staff have any of the following symptoms, immediately call 911 and **DO NOT** place a mask on their face.

Difficulty breathing, chest pain, new confusion, difficulty concentrating, bluish lips or face.

Assess for any COVID-19 symptoms

Major Symptoms

- Feeling feverish, having chills, temperature of 100.4° F or greater
- New or worsening cough
- Shortness of breath or difficulty breathing
- Loss of taste or smell

Minor Symptoms

- Sore throat
- Runny nose or congestion
- Muscle or body aches
- Headache
- Fatigue
- Nausea or vomiting
- Diarrhea

Does the individual have any of the COVID-19 symptoms listed above?

YES

Are all symptoms consistent with symptoms of an existing chronic condition and unchanged from the person's baseline?

NO

NO

YES

1. If it is safe to do so, have the ill student/staff put on a mask if not already wearing one.
2. Assist individual to an area that is separate from others, but within adult line of sight.
3. If point of care testing is available, testing may be performed (follow Return to Learn for interpretation).
4. Arrange for ill person to go home if testing is not available.
5. For ill students, inform parents and have student picked up early.
6. Students/staff sent home should contact a healthcare provider and ask for COVID-19 PCR testing.
7. Refer to Return to Learn to determine when to return.

1. Follow routine illness care.
2. Return to class if appropriate. Alert teacher to monitor the student with heightened awareness.
3. Record visit in the usual manner.



To request assistance or provide feedback:
<https://tinyurl.com/COP12Feedback>



COLORADO
 Department of Public
 Health & Environment

July 2021

RETURN TO LEARN: Guidance Following a Positive COVID-19 Symptom Screen



Any symptomatic individuals should isolate from symptom onset and pursue evaluation, including testing as soon as possible. If symptoms develop at school and point of care testing is available, testing may be performed following an initial assessment using the Addressing Symptoms at School tool.

Anyone who tests positive using any viral diagnostic test type (not antibody tests) should be treated as a case and should isolate. No additional test results can end a symptomatic positive individual's isolation period early.

Symptomatic individuals within 90 days of a previous positive viral diagnostic test (not antibody test) and those who are fully vaccinated (2 weeks after final dose) should isolate, be investigated for potential infection in consultation with public health and/or a healthcare provider, and may require testing prior to return to school.

FOR USE IN ALL SCHOOLS AND
CHILDCARE SETTINGS FOR STAFF
AND STUDENTS

Reminder:

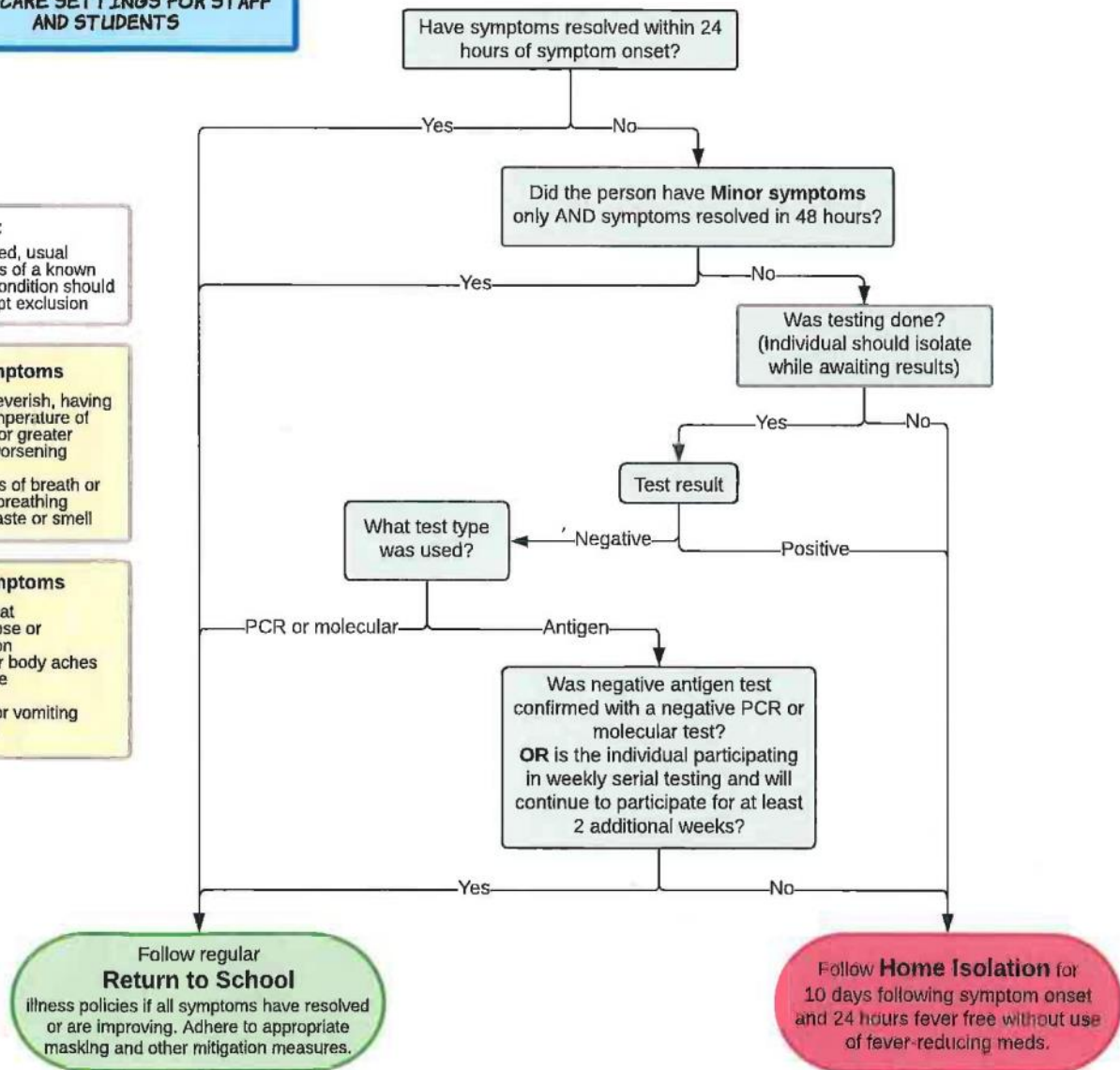
- Unchanged, usual symptoms of a known chronic condition should not prompt exclusion

Major Symptoms

- Feeling feverish, having chills, temperature of 100.4° F or greater
- New or worsening cough
- Shortness of breath or difficulty breathing
- Loss of taste or smell

Minor Symptoms

- Sore throat
- Runny nose or congestion
- Muscle or body aches
- Headache
- Fatigue
- Nausea or vomiting
- Diarrhea



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Department of Public
Health & Environment

| July 2021

When School's Out ★ We're On



Welcome, Poudre School District Families!

Before and After School for Grades K - 5

2021/2022

LOCATIONS:

Bacon, Bamford, Bauder, Beattie, Bennett, Bethke, Cache La Poudre, Dunn, Eyestone, Harris Immersion, Irish, Johnson, Kruse, Laurel, Linton, Lopez, McGraw, Odea, Olander, Polaris, Putnam, Rice, Riffenburgh, Shepardson, Tavelli, Timnath, Traut, Werner, Zach



For hours, rates, and to register online:

www.alphabest.org/poudreco

Our program meets the needs of today's families. We give all students a place where they feel connected, can decompress from a long day of learning, and have a blast while experiencing quality daily enrichment activities not found in other after school settings.



Snacks
Daily Fitness Activities

Art, Robotics, Coding, Drama,
Sign Language,
World Languages & Culture,
Homework Help and much more!

Quality caring staff who
love our students!
Flexible schedules to meet the
needs of today's working parents.

Customer Service: cocustomerservice@alphabest.org or (972) 668-0640

INSPIRE ENGAGE DISCOVER LEARN
INSPIRE ENGAGE DISCOVER LEARN

Zach Breakfast Menu

September 2021

Zach Elementary
Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		<ul style="list-style-type: none"> • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • WW Bagel & cream cheese • Yogurt • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Pancake Sausage Wrap BIC • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice
6	7	8	9	10
	<ul style="list-style-type: none"> • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Whole Grain Cinnamon French Toast • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Cinnamon Toast Crunch Soft Filled Bar • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Mini Pancakes • Cheese Variety, or Substitute • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice
13	14	15	16	17
<ul style="list-style-type: none"> • Mini Cinnamon Rolls • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Breakfast Sausage Pizza • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Pancake Sausage Wrap BIC • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	
20	21	22	23	24
<ul style="list-style-type: none"> • WGR Pumpkin Bread or Seasonal Loaf Bread • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Whole Grain Cinnamon French Toast • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Breakfast Sausage Pizza • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Mini Cinnamon Rolls • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice
27	28	29	30	
<ul style="list-style-type: none"> • Mini Pancakes • Cheese Variety, or Substitute • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Cinnamon Toast Crunch Soft Filled Bar • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	<ul style="list-style-type: none"> • WW Bagel & cream cheese • Yogurt • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	

Zach Lunch Menu

September 2021

Zach Elementary

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		<ul style="list-style-type: none"> • Orange Chicken & Rice • Cold Deli Yogurt with Granola • PB&J Sandwich with Pretzels • Fresh Cucumber Slice or Substitute • Whole Fruit, or Substitute • Fresh Kiwi, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Chicken Burrito • Ham & Cheese Sandwich • PB&J Sandwich with Pretzels • Salad with dressing • Whole Fruit, or Substitute • Honeydew Melon or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Pepperoni Pizza • Cold Deli Yogurt with Granola • PB&J Sandwich with Pretzels • Fresh Cherry Tomatoes or Substitute • Whole Fruit, or Substitute • Fresh Plum or Substitute • Milk Variety • Assorted Condiments
6	7	8	9	10
	<ul style="list-style-type: none"> • Mac & Cheese • Turkey & Cheese Sandwich • Pb&J Sandwich • Fresh Carrots • Whole Fruit, or Substitute • Applesauce or Fruit Cup or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Chicken Patty Sandwich • Chef Salad with Goldfish Crackers • Pb&J Sandwich • Salad with dressing • Whole Fruit, or Substitute • Fresh Strawberries, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Beef & Bean Burrito • Turkey & Cheese Sandwich • Pb&J Sandwich • Fresh Cherry Tomatoes or Substitute • Whole Fruit, or Substitute • Watermelon or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Cheese Pizza • Cold Deli Yogurt with Granola • Pb&J Sandwich • Fresh Cucumber Slice or Substitute • Whole Fruit, or Substitute • Fresh Peaches, or Substitute • Milk Variety • Assorted Condiments
13	14	15	16	17
<ul style="list-style-type: none"> • Chicken Drumstick with Goldfish • Cold Deli Yogurt with Granola • PB&J Sandwich with Pretzels • Fresh Celery Sticks, or Substitute • Whole Fruit, or Substitute • Fresh Blueberries, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Cheese Calzone & Marinara • Ham & Cheese Sandwich • PB&J Sandwich with Pretzels • Bell Peppers, or Substitute • Whole Fruit, or Substitute • Orange Wedges • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Orange Chicken & Rice • Cold Deli Yogurt with Granola • PB&J Sandwich with Pretzels • Fresh Cucumber Slice or Substitute • Whole Fruit, or Substitute • Fresh Kiwi, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Chicken Burrito • Ham & Cheese Sandwich • PB&J Sandwich with Pretzels • Salad with dressing • Whole Fruit, or Substitute • Fresh Cantaloupe, or Substitute • Milk Variety • Assorted Condiments 	
20	21	22	23	24
<ul style="list-style-type: none"> • Chicken Nuggets • Cold Deli Yogurt with Granola • Pb&J Sandwich • Fresh Snap Peas, or Substitute • Whole Fruit, or Substitute • Grapes, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Cheese Ravioli & Goldfish Crackers • Turkey & Cheese Sandwich • Pb&J Sandwich • Fresh Carrots • Whole Fruit, or Substitute • Applesauce or Fruit Cup or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Chicken Patty Sandwich • Chicken Caesar Wrap • Pb&J Sandwich • Salad with dressing • Whole Fruit, or Substitute • Fresh Raspberries or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Beef & Bean Burrito • Turkey & Cheese Sandwich • Pb&J Sandwich • Fresh Cherry Tomatoes or Substitute • Whole Fruit, or Substitute • Watermelon or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Cheese Pizza • Cold Deli Yogurt with Granola • Pb&J Sandwich • Fresh Cucumber Slice or Substitute • Whole Fruit, or Substitute • Fresh Peaches, or Substitute • Milk Variety • Assorted Condiments
27	28	29	30	
<ul style="list-style-type: none"> • Hamburger & Cheeseburger • Cold Deli Yogurt with Granola • PB&J Sandwich with Pretzels • Fresh Celery Sticks, or Substitute • Whole Fruit, or Substitute • Fresh Blackberries or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Cheese Calzone & Marinara Yogurt Parfait • PB&J Sandwich with Pretzels • Bell Peppers, or Substitute • Whole Fruit, or Substitute • Orange Wedges • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Orange Chicken & Rice • Cold Deli Yogurt with Granola • PB&J Sandwich with Pretzels • Fresh Cucumber Slice or Substitute • Whole Fruit, or Substitute • Fresh Kiwi, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Chicken Burrito • Ham & Cheese Sandwich • PB&J Sandwich with Pretzels • Salad with dressing • Whole Fruit, or Substitute • Honeydew Melon or Substitute • Milk Variety • Assorted Condiments 	

Calendar of Events**Wednesday, September 1**

Picture Day

Thursday, September 2

4:00pm

GT Back to School Night

Tuesday, September 7

Safety Week

Wednesday, September 8

Safety Week

5:00pm

PTO

Thursday, September 9

Safety Week

Friday, September 10

Safety Week

7:45am

Bike/Pedestrian Safety Day

Tuesday, September 14

5:00pm

SAC

6:00pm

Parent Outreach

Friday, September 17

Teacher Work Day

No School

