

Zach Elementary School

School Motto: Together We Inspire

School Mission: We commit to do our best to encourage, inspire and meet each child's needs.

School Vision: Ensure high levels of learning for all students.

Facebook: facebook.com/zachelementaryschool

Please "LIKE" us on Facebook! We make positive and celebratory posts and comments.

Website: <https://zac.pedschools.org/>

January 31st – February 4th

Monday, January 31st:

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Tuesday, February 1st:

- Green Choir 2nd Grade: 7:20am
- Healthy Hearts- 4th Grade: 1:30-2:30pm; Flex Room

Wednesday, February 2nd:

- Healthy Hearts- 4th Grade: 1:30-2:30pm; Flex Room

Thursday, February 3rd:

- Green Choir 3rd Grade: 7:20am
- Healthy Hearts-4th Grade: 1:00-2:30pm; Flex Room & Gym

Friday, February 4th

- Middle School Visits: 1:00-2:00pm

Important Information

Kindergarten Registration

Kindergarten registration for the 2022-2023 school year is now open. Please visit the kindergarten page on the Zach website for information and registration link.

<https://zac.pedschools.org/kindergarten-2022-2023>



New Information

Black History Month

Today, your child will bring home an opportunity for your family to explore Black history within Fort Collins. We are sending home a City of Fort Collins' sponsored pamphlet that walks you through a tour of historical spots in our city that were impacted by Black residents between 1880-1970. We encourage you to experience this as a family! If you go to any of the locations, take a selfie and send it to Mrs. Thomas at taisha@psdschools.org to post on Facebook to celebrate!

Return to Learn (ATTACHMENT)

Please see the update Return to Learn attachment.

2022 Science Fair (ATTACHMENT)

The Zach 2022 Science Fair will virtual and open to ALL GRADE LEVELS. Please see the attached info for links to more information and the parent information night on Tuesday, Feb 1.

Schools on the Move

Schools on the move starts Tuesday, February 1st!! All students will receive a paper copy in the next week or so to keep track of their daily challenges. Below is also the link for additional information. The challenge includes 5210 challenges every day! Participants can get credit for eating 5 fruits and veggies, 2 hours or less of screen time, 1 hour of physical activity and 0 sugary drinks, plus 9 or more hours of sleep. All calendars turned in online by March 3rd will receive a T-shirt if they have at least 80 check marks. Families can also participate!! The challenge runs from February 1st -February 28th. This is not a mandatory activity, but the schools with the most participants will receive money to buy new PE equipment. Let's "Take the Challenge".

<https://sites.google.com/view/20225210challenge/home>

Reminders from Previous Family Memos

Apply to Substitute in PSD! (ATTACHMENT)

For more information, pay scales, and an application link, visit:

<https://www.psdschools.org/careers/substitute-teachers>

ATTACHMENTS

Return to Learn

Science Fair

Apply to Substitute in PSD

Breakfast & Lunch Menus

Return to Learn: Guidance Following a Positive COVID-19 Symptom Screen

STOP

Any symptomatic individuals, regardless of vaccination status or previous infection, should isolate from symptom onset and pursue evaluation, including testing as soon as possible. If symptoms develop at school and point of care testing is available, testing may be performed following an initial assessment using the Addressing Symptoms at School tool.

Anyone who tests positive using any viral diagnostic test type (not antibody tests) should be treated as a case and should isolate. No additional test results can end a symptomatic positive individual's isolation period early. Some symptomatic individuals may require testing prior to returning to school.

FOR USE IN ALL SCHOOLS AND CHILDCARE SETTINGS FOR STAFF AND STUDENTS

Reminder:

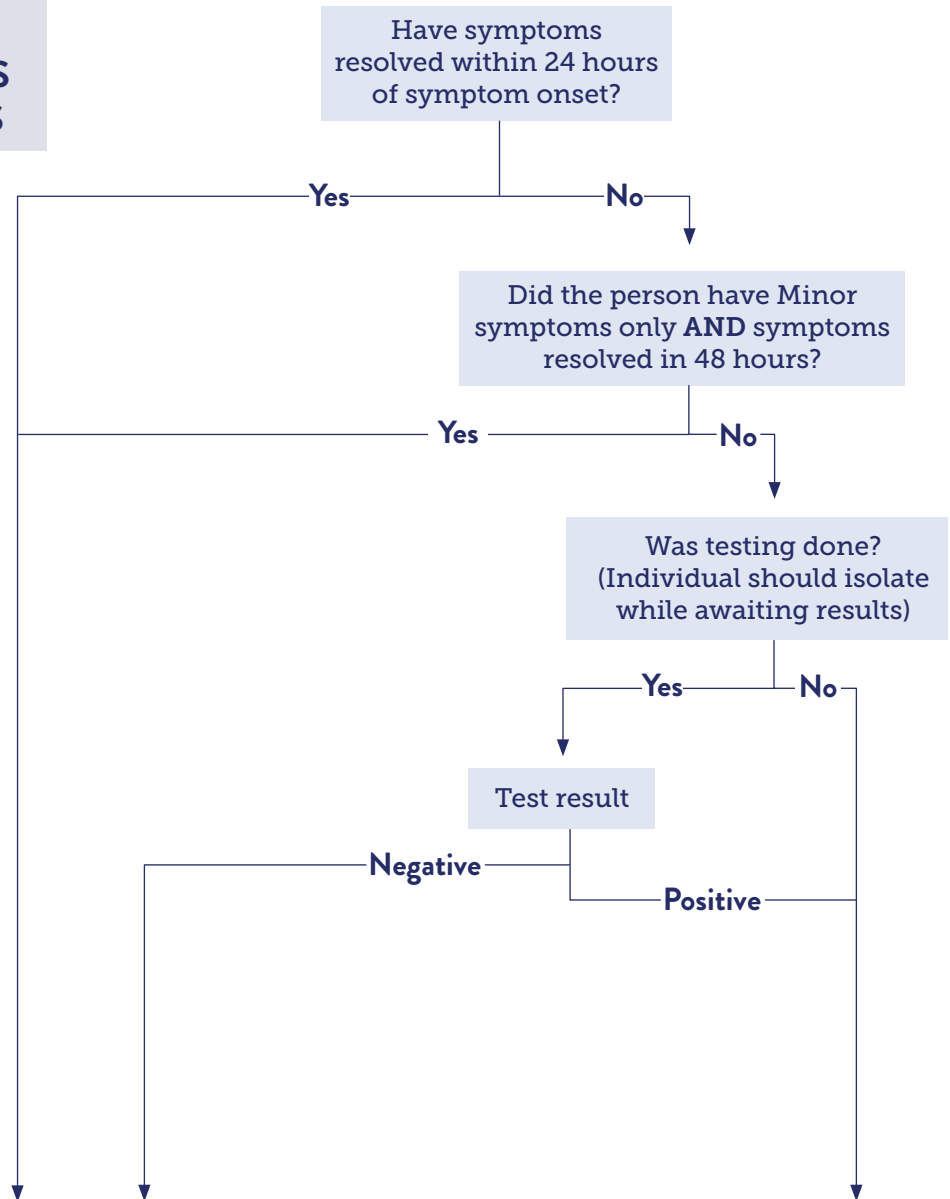
- Unchanged, usual symptoms of a known chronic condition should not prompt exclusion

Major Symptoms;

- Feeling feverish, having chills, temperature of 100.4° F or greater
- New or worsening cough
- Shortness of breath or difficulty breathing
- Loss of taste or smell

Minor Symptoms:

- Sore throat
- Runny nose or congestion
- Muscle or body aches
- Headache
- Fatigue
- Nausea or vomiting
- Diarrhea



Follow regular RETURN TO SCHOOL

illness policies if all symptoms have resolved or are improving. Adhere to appropriate masking and other mitigation measures.

ISOLATE

for 5 days if fever free for 24 hours without use of fever reducing meds. Wear a mask and maintain distance for 5 additional days. If unable to wear a mask consistently, isolation should last 10 days.

For questions about COVID-19 in educational settings, scan the QR code or email cdphe_COVID_School_Childcare@state.co.us



COLORADO
Department of Public
Health & Environment

**JANUARY
2022**



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2022 ZACH SCIENCE FAIR

THE SCIENCE FAIR WILL BE HELD VIRTUALLY ON **FLIPGRID**

MARCH 11-13TH

ALL GRADE LEVELS ARE INVITED TO PARTICIPATE!

PARENT Q & A

TUESDAY, FEB 1 - 5:00-5:30

[ON TEAMS \(THIS IS THE LINK\)](#)

CHECK OUT MRS. NIMLO'S SCIENCE FAIR SITE
FOR MORE INFORMATION:

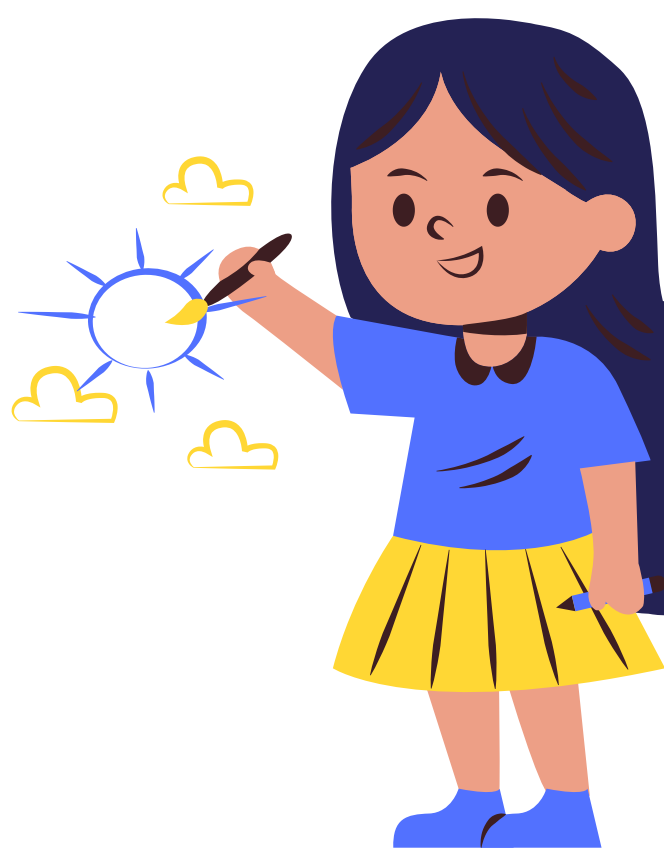
<https://sites.google.com/psdschools.org/science-rocks/home>

Apply to Substitute in PSD!

Are you interested in gaining valuable work experience? Would you like a flexible schedule and the opportunity to make a difference?

Have you considered working for Poudre School District as a substitute?

We want to meet you!



For more information, pay scales and an application link, visit:
<https://www.psdschools.org/careers/substitute-teachers>


Once your application has been processed, you will be
invited to sign up for an orientation.



**Questions? Contact
subs@psdschools.org**



POUDRE SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 <ul style="list-style-type: none"> • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	2 <ul style="list-style-type: none"> • Whole Grain Cinnamon French Toast • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	3 <ul style="list-style-type: none"> • Cinnamon Toast Crunch Soft Filled Bar • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	4 <ul style="list-style-type: none"> • Mini Pancakes • Cheese Variety, or Substitute • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice
7 <ul style="list-style-type: none"> • Whole Grain Cinnamon French Toast • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	8 <ul style="list-style-type: none"> • Breakfast Sausage Pizza • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	9 <ul style="list-style-type: none"> • Pancake Sausage Wrap BIC • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	10 <ul style="list-style-type: none"> • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice 	11 <ul style="list-style-type: none"> • WW Bagel & cream cheese • Strawberry Banana Smoothie • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk Variety • Assorted Juice
14 <ul style="list-style-type: none"> • WGR Pumpkin Bread or Seasonal Loaf Bread • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	15 <ul style="list-style-type: none"> • Whole Grain Cinnamon French Toast • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	16 <ul style="list-style-type: none"> • Breakfast Sausage Pizza • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	17 <ul style="list-style-type: none"> • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	18 <ul style="list-style-type: none"> • Mini Cinnamon Rolls • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice
21 	22 <ul style="list-style-type: none"> • Cinnamon Toast Crunch Soft Filled Bar • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	23 <ul style="list-style-type: none"> • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	24 <ul style="list-style-type: none"> • WW Bagel & cream cheese • Strawberry Banana Smoothie • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 	25 <ul style="list-style-type: none"> • Pancake Sausage Wrap BIC • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice
28 <ul style="list-style-type: none"> • WGR Pumpkin Bread or Seasonal Loaf Bread • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice 				

February 2022

Zach Elementary

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	<ul style="list-style-type: none"> • Mac & Cheese • Turkey or Ham & Cheese Sandwich • Pb&J Sandwich • Fresh Carrots • Green Beans • Whole Fruit, or Substitute • Applesauce or Fruit Cup or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Chicken Patty Sandwich • Chef Salad with Goldfish Crackers • Pb&J Sandwich • Salad with dressing • Steamed Broccoli • Whole Fruit, or Substitute • Fresh Strawberries, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Beef & Bean Burrito • Turkey or Ham & Cheese Sandwich • Pb&J Sandwich • Fresh Cherry Tomatoes or Substitute • Refried Beans • Whole Fruit, or Substitute • Watermelon or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Cheese Pizza • Cold Deli Yogurt with Granola • Pb&J Sandwich • Fresh Cucumber Slice or Substitute • Steamed Carrots • Whole Fruit, or Substitute • Fresh Pear • Milk Variety • Assorted Condiments
7	8	9	10	11
<ul style="list-style-type: none"> • Chicken Drumstick with Goldfish • Cold Deli Yogurt with Granola • Pb&J Sandwich with Pretzels or Goldfish • Fresh Celery Sticks, or Substitute • Corn • Whole Fruit, or Substitute • Fresh Blueberries, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Cheese Calzone & Marinara • Ham or Turkey & Cheese Sandwich • Pb&J Sandwich with Pretzels or Goldfish • Bell Peppers, or Substitute • Green Beans • Whole Fruit, or Substitute • Orange Wedges • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Ocean Treasures • Cold Deli Yogurt with Granola • PB&J Sandwich with Pretzels or Goldfish • Fresh Cucumber Slice or Substitute • Mashed Potatoes with Gravy • Whole Fruit, or Substitute • Fresh Kiwi, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Chicken Burrito • Ham or Turkey & Cheese Sandwich • Pb&J Sandwich with Pretzels or Goldfish • Salad with dressing • Refried Beans • Whole Fruit, or Substitute • Fresh Cantaloupe, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Pepperoni Pizza • Hummus & Veggie Box • PB&J Sandwich with Pretzels or Goldfish • Fresh Cherry Tomatoes or Substitute • Steamed Broccoli • Whole Fruit, or Substitute • Cuties, or Substitute • Milk Variety • Assorted Condiments
14	15	16	17	18
 <ul style="list-style-type: none"> • Chicken Nuggets • Cold Deli Yogurt with Granola • Pb&J Sandwich • Fresh Snap Peas, or Substitute • Mashed Potatoes with Gravy • Whole Fruit, or Substitute • Grapes, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Cheese Lasagna Rollup • Turkey or Ham & Cheese Sandwich • Pb&J Sandwich • Fresh Carrots • Green Beans • Whole Fruit, or Substitute • Applesauce or Fruit Cup or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Chicken Patty Sandwich • Chicken Caesar Wrap • Pb&J Sandwich • Salad with dressing • Steamed Broccoli • Whole Fruit, or Substitute • Fresh Raspberries or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Beef & Bean Burrito • Turkey or Ham & Cheese Sandwich • Pb&J Sandwich • Fresh Cherry Tomatoes or Substitute • Refried Beans • Whole Fruit, or Substitute • Watermelon or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Cheese Pizza • Cold Deli Yogurt with Granola • Pb&J Sandwich • Fresh Cucumber Slice or Substitute • Steamed Carrots • Whole Fruit, or Substitute • Fresh Pear • Milk Variety • Assorted Condiments
21	22	23	24	25
	<ul style="list-style-type: none"> • Cheese Calzone & Marinara • Cold Deli Yogurt with Granola • Pb&J Sandwich with Pretzels or Goldfish • Bell Peppers, or Substitute • Green Beans • Whole Fruit, or Substitute • Orange Wedges • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Asian Meatballs & Rice • Cold Deli Yogurt with Granola • Pb&J Sandwich with Pretzels or Goldfish • Fresh Cucumber Slice or Substitute • Steamed Veggies • Whole Fruit, or Substitute • Fresh Kiwi, or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Ocean Treasures • Ham or Turkey & Cheese Sandwich • Pb&J Sandwich with Pretzels or Goldfish • Salad with dressing • Mashed Potatoes with Gravy • Whole Fruit, or Substitute • Honeydew Melon or Substitute • Milk Variety • Assorted Condiments 	<ul style="list-style-type: none"> • Pepperoni Pizza • Cold Deli Yogurt with Granola • Pb&J Sandwich with Pretzels or Goldfish • Fresh Cherry Tomatoes or Substitute • Steamed Carrots • Whole Fruit, or Substitute • Cuties, or Substitute • Milk Variety • Assorted Condiments