# Zach Elementary School

### School Motto: Together We Inspire

School Mission: We commit to do our best to encourage, inspire and meet each child's needs. School Vision: Ensure high levels of learning for all students.

### Facebook: facebook.com/zachelementaryschool

Please "LIKE" us on Facebook! We make positive and celebratory posts and comments.

Website: https://zac.psdschools.org/

### April 18<sup>th</sup> — April 22<sup>nd</sup>

### Monday, April 18<sup>th</sup>:

### Tue**;day, April** 19<sup>th</sup>;

- CMAS- 3rd Grade: 8:15-10:30am
- CMAS- 4<sup>th</sup> Grade: 8:30-10:15am

### Wednesday, April 20<sup>th</sup>:

- CMAS- 3<sup>rd</sup> Grade: 8:15-10:30am
- CMAS- 4<sup>th</sup> Grade: 8:30-10:15am

### Thursday, April 21<sup>st</sup>:

- CMAS- 3rd Grade: 8:15-10:30am
- CMAS- 4<sup>th</sup> Grade: 8:30-10:15am
- Affinity Night: 5:00-11:00pm; BJ's Brewhouse

### Friday, April 22<sup>nd</sup>:

**Upcoming Events** 

### Monday, May 2nd-6th:

Book Fair

### Tuesday, May 3rd:

Centennial Village Field Trip-4<sup>th</sup> Grade: 9:00am-2:30pm

### Friday, May 6th:

- 20-minute Fun Run in specials
- 20-year Community Celebration: 3:00-4:30pm; Zach

### Wednesday, May 11<sup>th</sup>:

- CSU Environmental Learning Center Field Trip-Kindergarten: 9:15am-1:15pm
- PTO: 5:00-6:00pm; Google Meets https://meet.google.com/gaihthh-tcv

### Friday, May 13<sup>th</sup>:

- Hollywood Awards-1st Grade: 8:45-10:45am
- 5<sup>th</sup> Grade Middle School visits: 9:00-11:30pm: Preston & Kinard

### Monday, May 16<sup>th</sup>:

No School- Teacher Workday

### Monday, May 23<sup>rd</sup>:

K-2 Field Day: 12:45-2:30pm

### Tuesday, May 24<sup>th</sup>:

3rd-5th Field Day: 12:45-2:30pm

### Wednesday, May 25<sup>th</sup>:

- Last Day of School: 8:15-11:20am
- 5<sup>th</sup> Grade Walk of Fame: 9:45am (for students only)
- 5<sup>th</sup> Grade Celebration: 10:00-10:45am (for students only)
- 5<sup>th</sup> Grade Celebration Family Brunch: 10:45-11:15am (east lawn)

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### **New Information**

### Zach Elementary's 20th Birthday Bash

Join us on Friday, May 6, from 3:00-4:30 PM at Zach as we celebrate 20 years of excellence at our birthday bash! It'll be a family style picnic with 5 food trucks (Waffle Lab, Corndoggies, Mama Perez Burritos, Kona Ice, and Blazing Pizza) on campus serving food and drink for the entire family. DJ Jerome will be spinning the tunes and Mr. U will be running the hula hoop contest, sorry dads, kids only! Bring your own blanket, camp chair, and lawn games as you join our celebration.

### Important information for May 6<sup>th</sup>

The west bus circle/kiss and go lane with be closed on Friday, May 6, from 2:30-4:30, as we allow our food trucks to set up for the 20th Birthday Bash. All drivers must pick up their child/ren from the south kiss and go lane. Thanks for your flexibility as we celebrate this important event.

### Fort Collins Summer Programs (ATTACHMENT)

Please attachment for more information.

### **Spring Carnival (ATTACHMENT)**

Fort Collins High School would love to invite Zach Elementary to the annual National Honors Society Spring Carnival on Saturday, April 4<sup>th</sup> from 9am to 12pm at Fort Collins High School. We want to welcome families and kids of all ages! There will be games, egg hunts for all age groups, and fun prizes to win. Admission is \$4 per person, or 2 cans, with a maximum of 10\$ per family. All proceeds will benefit The Fort Collins Food Bank and the Leukemia and Lymphoma Society! We would love to see all the kids there!

### **Reminders from Previous Family Memos**

### April Affinity Night (ATTACHMENT)

Zach will be having an affinity night at BJ's Brewhouse on Friday April 22nd from 5:00-11:00pm. BJ's will be donating 20% of food and soft drink sales to Zach. Please bring the attached flyer to the restaurant. If ordering online, please enter the code on the flyer.

### 1<sup>st</sup> Day School Supply Kit

School kits are available to order! Kits are shipped directly to your house. Click on the link below to order. https://1stdayschoolsupplies.com/emarket2021/download.php?file=./07-01/flyer-risk-free.jpg

### **Book Fair (ATTACHMENT)**

The Book Fair is back! This year's book fair will run May 2<sup>nd</sup>-6<sup>th</sup>. Watch future newsletters for the specific hours and a chance to sign up to volunteer. You are able to pre-order books as well as add money to your child's eWallet account to spend at the book fair for more information visit <u>www.scholastic.com/bf/zachelementaryschool</u>)

### **Bike Crew**

With the warm weather approaching, we would like to get the kindergarteners riding and learning to ride bikes at recess. We are looking for a group of parents (or knowledgeable older students) to work on the kindergarten bikes. The bikes have not been used in a while due to covid and online school. They need tires pumped, new seats, bolts tightened and minor tune-ups! Please let your child's teacher know if you have some time to help us! This can be done anytime during the school day M-F. If there is a group (including adults, youth groups, boy/girl scouts or any group looking for a service project) that would prefer to meet on a weekend or after-school, this can be arranged as well.

Please email any kindergarten teacher to help out: <a href="mailto:eccy@psdschools.org">eccy@psdschools.org</a>, <a href="mailto:jelemon@psdschools.org">jelemon@psdschools.org</a>, <a href="mailto:smishak@psdschools.org">smishak@psdschools.org</a>

### Last Day of School!

The last day of school for 2021-2022, May 25<sup>th</sup>, will be a half day for students. Students will be released 11:20am and no lunch will be served on that day. It will be a full day for staff.

### Media Center

Library Books are all due back for the school year on May 6<sup>th</sup>.

### Kindergarten 2022-23 Registration

Kindergarten registration for the 2022-2023 school year is now open. Please visit the kindergarten page on the Zach website for information and registration link.

https://zac.psdschools.org/kindergarten-2022-2023

### See Something, Say Something (ATTACHMENT)

Please see attachment for information.

### Not Returning to Zach for 2022-2023 School Year

Please let the office know if your student(s) are not returning to Zach for the next school year.

### Apply to Substitute in PSD! (ATTACHMENT)

For more information, pay scales, and an application link, visit: https://www.psdschools.org/careers/substitute-teachers

### ATTACHMENT

Fort Collins Summer Activities Spring Carnival April Affinity Book Fair See Something, Say Something Apply to Substitute in PSD Breakfast & Lunch Menus



# Youth Sports Skill-Based Programs





### **Summer 2022**

Camp	Date	Time	Age	Cost	Location
MINI-HAWK CAMP (baseball, basketball, soccer)	06/06 - 06/10 06/20 - 06/24 07/11 - 07/15 07/25 - 07/29 08/08 - 08/12	9 am – 12 pm	4-6	\$150	Overland Park Greenbriar Park Fossil Creek Park Spring Canyon Park Spring Canyon Park
MULTI-SPORT CAMP (basketball, flag football)	07/11 – 07/14 07/25 – 07/28	9 am – 3 pm	8-14	\$200	Fossil Creek Park Spring Canyon Park
MULTI-SPORT CAMP (basketball, volleyball)	08/08-08/11	9 am – 3 pm	pm 8-14		Spring Canyon Park
MULTI-SPORT CAMP (football, soccer)	06/20 – 06/23	9 am – 3 pm	8-14	\$200	Greenbriar Park
BASEBALL CAMP	07/05 – 07/08	9 am – 12 pm	6-12	\$120	Rolland Moore Park
BASKETBALL CAMP	06/13 - 06/16 06/27 - 07/01 07/18 - 07/22	1 pm – 4 pm 9 am – 12 pm 9 am – 12 pm	6-12 6-12 8-14	\$120 \$150 \$150	Northside Aztlan Northside Aztlan Spring Canyon Park
CHEERLEADING CAMP	06/13 - 06/17	9 am – 12 pm	5-9	\$150	Fossil Creek Park
FLAG FOOTBALL CAMP	06/06 - 06/10 08/01 - 08/05	9 am – 12 pm	6-12	\$150	Warren Park Twin Silo Park
BEGINNING GOLF CAMP	06/06 – 06/10 06/20 – 06/24 07/25 – 07/29	9 am – 12 pm	5-9	\$150	Twin Silo Park Cottonwood Glen Park Warren Park
LACROSSE CAMP	07/05 – 07/08	9 am – 12 pm	6-12	\$120	Twin Silo Park
PICKLEBALL CAMP	06/20 – 06/24	9 am – 12 pm	6-12	\$150	Cottonwood Glen Park
SPORTS MIX CAMP	07/11 - 07/15	9 am – 12 pm	6-12	\$150	Greenbriar Park
SOCCER CAMP	06/13 - 06/17 07/18 - 07/22	9 am – 12 pm	6-12	\$150	Fossil Creek Park Harmony Park
SOFTBALL CAMP	07/05 – 07/08	9 am – 12 pm	6-12	\$120	Rolland Moore Park
TRACK AND FIELD CAMP	07/18 – 07/22 08/01 – 08/05	9 am – 12 pm	6-12	\$150	Harmony Park Westfield Park
VOLLEYBALL CAMP	06/06 – 06/09 06/27 – 06/30 07/25 – 07/29	1 pm – 4 pm 1 pm – 4 pm 9 pm – 12 pm	8-14 8-14 8-14	\$120 \$120 \$150	Northside Aztlan Northside Aztlan Warren Park

# **REGISTER TODAY:** <u>SKYHAWKS.COM/COLORADO</u>



# STEM Sports



# Summer 2022 REGISTER TODAY: <u>SKYHAWKS.COM/COLORADO</u>

Camp	Date Time		Age	Cost	Location	
STEM BASKETBALL CAMP	08/01-08/04	- 08/04 9 am – 3 pm		\$225	Northside Aztlan	
STEM FLAG FOOTBALL CAMP	07/18 – 07/22 9 am – 12 pm		11-14	\$165	Spring Canyon Park	
STEM SOCCER CAMP	06/27 – 07/01	9 am – 12 pm	11-14	\$165	Spring Canyon Park	
STEM VOLLEYBALL CAMP	07/11-07/14	9 am – 3 pm	11-14	\$225	Northside Aztlan	



When Sports and Science collide you get STEM Sports - a game-changer in STEM education! Skyhawks is excited to offer STEM & Play programs. We use sports as the real-life application to engage participants. We combine physical activity with critical and cognitive thinking, collaboration, leadership skills and creative problem solving. A great solution for anyone who loves sports and/or science, math and technology.

# **Preschool Sports Programs**

### Summer 2022

Camp	Date	Time	Age	Cost	Location
SOCCERTOTS	06/13 - 06/17	9:15 - 9:45 10:00 - 10:45 11:00 - 11:45	2-2.5 2.5-3.5 3.5-4.5	\$79	Fossil Creek Community Park
HOOPSTERTOTS	06/27 – 07/01	9:15 - 9:45 10:00 - 10:45 11:00 - 11:45	2-2.5 2.5-3.5 3.5-4.5	\$79	Northside Aztlan Community Center
BASEBALLTOTS	07/05 – 07/08	9:15 - 9:45 10:00 - 10:45 11:00 - 11:45	2-2.5 2.5-3.5 3.5-4.5	\$63	Rolland Moore Community Park



Since 2002, SuperTots engages kids, ages 2 to 5, in physical activity in a noncompetitive environment that is safe and fun above all else. SuperTots knows kids are hardwired to learn through play and need to devote time and energy to recreation activities. For that reason, we've designed an engaging, skillbuilding curriculum in which "tots" learn through a series of fun and beneficial games. They will acquire athletic skills and fitness but also develop an interest and love of sports.

## **REGISTER TODAY** ~ <u>SUPERTOTSPORTS.COM/COLORADO</u>





# JOIN US FOR A DELICIOUS WAY TO RAISE MONEY!

Date: Apr 21, 2022

Time: 5:00PM to 11:00PM

### For Dine In, Takeout or Curbside at this BJ's Location:

2670 E. Harmony Rd. Fort Collins, CO 80528 970-282-3700

Enjoy delicious food in a fun atmosphere along with your family and friends while earning funds in support of:

### Zach Elementary Affinity Night

WITH EACH FLYER PRESENTED DURING THIS FUNDRAISING EVENT, BJ'S WILL DONATE 20% OF FOOD AND SOFT BEVERAGE SALES TO THE DESIGNATED ORGANIZATION!

### VISIT US IN PERSON, ORDER ONLINE OR PLACE A TAKE-OUT ORDER

When dining in: Present this flyer to your server at any time during your meal.

When ordering online: Enter the 6-digit fundraiser code below at the time of checkout.

When placing a take-out order: Present this flyer to a BJ's team member upon your arrival.



Valid for dine in, takeout or curbside when applicable. Not valid toward alcoholic beverages, Happy Hour specials or for delivery orders. Please do not distribute flyers on site during the event.



# "See Something, Say Something"



Poudre School District | Student Connections

It takes all of us to make our schools welcoming and safe.

If you see something or experience something that isn't right, here is what you can do

# If you "See Something, Say Something"

- 1. Tell a teacher
- 2. Tell a counselor
- 3. Tell a principal
- 4. Tell a trusted adult
- 5. Report what you saw or experienced





# What is "See Something, Say Something"?

- "See Something, Say Something" is a web page where students, staff and parents can report experiences in our schools if their safety, identity or culture has been hurt.
- If something happens, the best place to start is with someone at your school or with an adult you trust.
- Our goal is to help students and staff when something happens in our school that is harmful.
- Making a false report is serious and can lead to disciplinary action.



# **PSD "See Something, Say Something"**



### Make a report:

Safe2Tell	Sexual Harassment	Incident Report
<ul> <li>Report a safety concern on the <u>Safe2Tell website</u> <u>here</u> or call 1-877-542- 7233.</li> <li>See examples below or complete information on the <u>PSD Safe2Tell Report Process</u> <u>web page.</u></li> </ul>	<ul> <li>Report sexual harassment on the <u>PSD Title IX Incidents</u> <u>Reporting platform here.</u></li> <li>See examples below or complete information on the <u>Sexual</u> <u>Harassment (Title IX) Report</u> <u>Process web page.</u></li> </ul>	<ul> <li>Report an incident (non- Title IX) on the <u>PSD</u> <u>Incident Reporting</u> <u>platform here.</u></li> <li>See examples below or for complete information, visit the <u>PSD Incident Report Process</u> <u>web page</u>.</li> </ul>

# PSD "See Something, Say Something"

### Key details and examples:

### Safe2Tell Sexual Harassment

#### Safe2Tell Colorado provides an anonymous way for students, parents, school staff and community members to report concerns regarding their safety.

#### Examples:

- Threat of harm to others
- Threat of harm to self
- Illegal activity

Not sure if you should report your concern? Visit the <u>Reasons to Report web</u> page.

#### <u>Title IX of the Education</u> <u>Amendments of 1972</u> prohibits discrimination based on sex in education programs and activities (including sexual harassment, sexual violence, and genderbased harassment).

#### Examples:

- · Sexual harassment
- Discrimination based on sex and/or gender

### Incident Report

 Students, parents and staff can report experiences that negatively impact their education based on race, gender, culture, religious belief, socio-economic status and sexual orientation.

#### Examples:

- Discrimination based on culture or ethnicity
- Bullying
- Racial and homophobic slander
- Anti-Semitism











# Terms and definitions to know

### Bias

A favoring of some ideas or people over others.

### Prejudice

Judging or having an idea about someone or a group of people before you actually know them. Prejudice is often directed toward people in a certain identity group (race, religion, gender, etc.).

### Discrimination

Unfair treatment of one person or group of people because of the person or group's identity (e.g., race, gender, ability, religion, culture, etc.). Discrimination is an action that can come from prejudice.

### Intimidation/Threat

Acts that put a person in fear of bodily harm or damage to personal property. It may also cause mental or emotional stress.

# Bullying

We want to know what you experience in our schools.

Sometimes people use the word bullying when it is actually something else.

# Bullying is:

- The **repeated actions** or threats of action directed toward a person by one or more people.
- Bullying can be physical, verbal, psychological or any combination of these three.
- Simply put, bullying is when a person or a group behaves in ways — on purpose and over and over — that make someone feel hurt, afraid or embarrassed.





## What Happens when you make a report

<b>Email Notification</b>	Report Intake	Investigation	Conclusion

When using PSD's incident report system, the person making the report will receive an email verifying that PSD staff have received the report and will respond within three (3) working days. The report is received and reviewed to classify the type of report, and school site/PSD location where the incident occurred. The appropriate PSD school or district staff identified in the Report Intake are charged with investigating and responding to the report. Once the report has been investigated, the person who made a report will receive an email notification that the report has come to resolution.

# "See Something, Say Something"



# Apply to Substitute in PSD!

Are you interested in gaining valuable work experience? Would you like a flexible schedule and the opportunity to make a difference?

Have you considered working for Poudre School District as a substitute?

We want to meet you!



For more information, pay scales and an application link, visit: https://www.psdschools.org/careers/substitute-teachers

Once your application has been processed, you will be invited to sign up for an orientation.

Questions? Contact subs@psdschools.org



# Set up an eWallet for your student!



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No cash on hand the day of your Scholastic Book Fair? No worries – our school offers Book Fair eWallet as a digital payment option.

Simply set up a free account and have funds immediately available for your student to shop the Book Fair. Safe and secure – it's easy shopping with Book Fair eWallet.

### How it works:

granted by Scholastic Book Fairs®.



# April 2022

### Zach Elementary

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<ol> <li>Pancake Sausage Wrap BIC</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ol>
<ul> <li>4</li> <li>WGR Pumpkin Bread or Seasonal Loaf Bread</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	5 Breakfast Round Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice	<ul> <li>6</li> <li>Whole Grain Cinnamon French Toast</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<ul> <li>7</li> <li>Cinnamon Toast Crunch Soft Filled Bar</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<ul> <li>8</li> <li>Whole Grain Waffle, Chocolate Chip</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>
<ul> <li>11</li> <li>Mini Cinnamon Rolls</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk Variety</li> <li>Assorted Juice</li> </ul>	<ul> <li>Breakfast Sausage Pizza</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk Variety</li> <li>Assorted Juice</li> </ul>	<ul> <li>Pancake Sausage Wrap BIC</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk Variety</li> <li>Assorted Juice</li> </ul>	<ul> <li>Breakfast Round</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk Variety</li> <li>Assorted Juice</li> </ul>	15 No School
<ul> <li>18</li> <li>WGR Pumpkin Bread or Seasonal Loaf Bread</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<ul> <li>19</li> <li>Whole Grain Cinnamon French Toast</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	20 Breakfast Sausage Pizza Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice	21 Breakfast Round Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice	22 Mini Cinnamon Rolls Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice
<ul> <li>25</li> <li>WGR Pumpkin Bread or Seasonal Loaf Bread</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	<ul> <li>26</li> <li>Cinnamon Toast Crunch Soft Filled Bar</li> <li>Assorted Muffins</li> <li>Assorted Cereal</li> <li>Assortment of Fruit</li> <li>Milk: fat free, 1%</li> <li>Assorted Juice</li> </ul>	27 • Breakfast Round • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice	28 • WW Bagel & cream cheese • Strawberry Banana Smoothie • Assorted Muffins • Assorted Cereal • Assortment of Fruit • Milk: fat free, 1% • Assorted Juice	29 Pancake Sausage Wrap BIC Assorted Muffins Assorted Cereal Assortment of Fruit Milk: fat free, 1% Assorted Juice

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# April 2022

### Zach Elementary

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • Pepperoni Pizza • Cold Deli Yogurt with Granola • PB&J Sandwich with Pretzels or Goldfish • Fresh Cherry Tomatoes or Substitute • Steamed Carrots • Whole Fruit, or Substitute • Cuties, or Substitute • Milk Variety • Assorted Condiments
4 Hamburger & Cheesebur Cold Deli Yogurt with Gra Pb&J Sandwich Fresh Snap Peas, or Substitute Corn Whole Fruit, or Substitute Grapes, or Substitute Milk Variety Assorted Condiments	<ul> <li>anola • Turkey or Ham &amp; Cheese Sandwich</li> <li>Pb&amp;J Sandwich</li> <li>Fresh Carrots</li> <li>Green Beans</li> </ul>	<ul> <li>6</li> <li>Chicken Patty Sandwich</li> <li>Chef Salad with Goldfish Crackers</li> <li>Pb&amp;J Sandwich</li> <li>Salad with dressing</li> <li>Steamed Broccoli</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Strawberries, or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<ul> <li>7</li> <li>Beef &amp; Bean Burrito</li> <li>Turkey or Ham &amp; Cheese Sandwich</li> <li>Pb&amp;J Sandwich</li> <li>Fresh Cherry Tomatoes or Substitute</li> <li>Refried Beans</li> <li>Whole Fruit, or Substitute</li> <li>Watermelon or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<ul> <li>8</li> <li>Cheese Pizza</li> <li>Cold Deli Yogurt with Granola</li> <li>Pb&amp;J Sandwich</li> <li>Fresh Cucumber Slice or Substitute</li> <li>Steamed Carrots</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Pear</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>
Chicken Drumstick with Goldfish Cold Deli Yogurt with Gra PB&J Sandwich with Pre or Goldfish Fresh Celery Sticks, or Substitute Corn Whole Fruit, or Substitut Fresh Blueberries, or Substitute Milk Variety Assorted Condiments	<ul> <li>tzels • PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>Bell Peppers, or Substitute</li> <li>Green Beans</li> <li>Whole Fruit, or Substitute</li> </ul>	<ul> <li>Fish Sticks</li> <li>Cold Deli Yogurt with Granola</li> <li>PB&amp;J Sandwich with Pretzels or Goldfish</li> <li>Fresh Cucumber Slice or Substitute</li> <li>Mashed Potatoes with Gravy</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Kiwi, or Substitute</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>	<ul> <li>Sandwich</li> <li>PB&amp;J Sandwich with Pretzel: or Goldfish</li> <li>Salad with dressing</li> </ul>	15 School
18 Chicken Nuggets Cold Deli Yogurt with Gra Pb&J Sandwich Fresh Snap Peas, or Substitute Mashed Potatoes with G Whole Fruit, or Substitut Grapes, or Substitute Milk Variety Assorted Condiments		20 Pork Chop Sandwich Chicken Caesar Wrap Pb&J Sandwich Salad with dressing Steamed Broccoli Whole Fruit, or Substitute Fresh Raspberries or Substitute Milk Variety Assorted Condiments	21 Beef & Bean Burrito Turkey or Ham & Cheese Sandwich Pb&J Sandwich Fresh Cherry Tomatoes or Substitute Refried Beans Whole Fruit, or Substitute Watermelon or Substitute Milk Variety Assorted Condiments	<ul> <li>22</li> <li>Cheese Pizza</li> <li>Cold Deli Yogurt with Granoli</li> <li>Pb&amp;J Sandwich</li> <li>Fresh Cucumber Slice or Substitute</li> <li>Steamed Carrots</li> <li>Whole Fruit, or Substitute</li> <li>Fresh Pear</li> <li>Milk Variety</li> <li>Assorted Condiments</li> </ul>

	25 Hamburger & Cheeseburger Cold Deli Yogurt with Granola	<ul> <li>26</li> <li>Pizza Bites</li> <li>Cold Deli Yogurt with Granola</li> </ul>		27 Asian Meatballs & Rice Cold Deli Yoqurt with Granola		8 Fish Sticks Ham or Turkey & Cheese		29 Pepperoni Pizza Cold Deli Yoqurt with Granola
	PB&J Sandwich with Pretzels or Goldfish		•	PB&J Sandwich with Pretzels or Goldfish		Sandwich PB&J Sandwich with Pretzels	•	PB&J Sandwich with Pretzels or Goldfish
	Fresh Celery Sticks, or Substitute	<ul><li>Bell Peppers, or Substitute</li><li>Green Beans</li></ul>		Fresh Cucumber Slice or Substitute		or Goldfish Salad with dressing		Fresh Cherry Tomatoes or Substitute
	Black Beans Whole Fruit, or Substitute	<ul> <li>Whole Fruit, or Substitute</li> <li>Orange Wedges</li> </ul>	•	intoio i fung of oubstituto	•	Mashed Potatoes with Gravy Whole Fruit, or Substitute	•	Steamed Carrots Whole Fruit, or Substitute
	Fresh Blackberries or Substitute Milk Variety	<ul><li>Milk Variety</li><li>Assorted Condiments</li></ul>	•	Fresh Kiwi, or Substitute Milk Variety Assorted Condiments	•	Honeydew Melon or Substitute Milk Variety	•	Cuties, or Substitute Milk Variety Assorted Condiments
•	Assorted Condiments				٠	Assorted Condiments		

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