



**3715 Kechter Road
Fort Collins, CO
80528**

**Office Phone
970.488.5100**

**Attendance Phone
970.488.5105**

**Fax Number
970.488.5106**

**Principal
Angel Herrick**

**Assistant Principal
Jason Buckley**

**PSD Website
[Click Here](#)**



*Advertising in this
newsletter does not imply
endorsement by Poudre
School District.*

ZACH ELEMENTARY SCHOOL

Home of the Zephyrosaurus

PAGE 1



Message from the Principal

Zach Families,

Happy September! Thank you for helping us get off to such a wonderful start to the year. Our students are jumping right into the routines, and we're so happy to be all together again. It was wonderful seeing so many of you at our Fall Festival and Back to School Nights. During the month of September there will be even more opportunities to gather together at our Coffee and Conversation series and our Grade Level Socials. Check out our weekly Family Memo for more information.

As we start to jump into our daily routines, there are many opportunities to volunteer and, as the saying goes, it takes a village! For those of you that can, we hope you can connect and partner with us through volunteer opportunities, contributing to ZEF, and/or joining us at community events. Our partnership makes our school community stronger and provides more opportunities for positive outcomes for our students.

Please don't hesitate to reach out to our staff about questions that arise, and we are especially excited when families reach out with what is going well. That really helps us stay focused on the great work happening daily. Have a wonderful September, and thank you for sharing your children with us at Zach.

With gratitude,
Your Zach School Family

**Well Care Visits are
Time Well Spent**

**Schedule Your Child's Next
Well Care Visit Today**



The Youth Clinic
caring for our future generations



**Pediatric
Urgent Care**
OF NORTHERN COLORADO



Fall Youth Club Registration is OPEN!

Whether you are just dipping your toes in the climbing world, or looking to move into competitive climbing, there is a place for you at Ascent!

**Clubs fill FAST!
Register today!**



970.999.5596

2150 Joseph Allen Drive
Fort Collins, CO 80525
ascentstudio.com/youth_clubs

ASCENT
STUDIO

CLICK IT

Click on the
Ads in this
Newsletter

...to learn more about
these great companies!



WeClean
while the
kids are
in school.

**SAVE
\$30**

WITH CODE:
PSD30



WECLEANLOCAL.COM

School Safety Week

School Safety Week will be September 6th - 9th at Zach. As part of school safety week, our students and staff will participate in a practice evacuation drill and a practice lockdown drill. These required practice drills are held to ensure all students and staff know how to respond in the event of a real emergency. In addition, our SRO, Officer Garcia will be here before school on September 8th to talk with students about Bike Safety. Zach will celebrate First Responders Day on September 9th, with various safety organizations sending representation to Zach to share with us all the great things they do to keep us safe.



Traffic and Safety Procedures

- We are a technology free driving campus! Please refrain from using your cell phone while driving on campus.
- No right turns out of campus from 7:40-8:10am & 2:35-3:05pm.
- Kiss-n-go lanes:
 - Pull forward as far as possible to allow cars to enter behind you
 - No idling zone—please turn off your car engine while you are waiting for your child
 - Students enter and exit via the passenger side of the vehicle
 - Do not get out of your car as staff are on duty to assist your child
- If you need to walk your child to their entry location, park your vehicle in the south parking lot and then walk with your child across the guarded crosswalk.
- Accessible parking is in the west parking lot. You must have the appropriate ADA license plate or placard to park in an ADA space for any amount of time.
- Per PSD policy, no dogs allowed on campus from 7:35 AM-3:05 PM. If you choose to walk your furry friend to school, please wait for your child(ren) on the hill near the Zach rock or at the foot bridge south of campus.



Zach Enrichment Fund (ZEF) Annual Contribution

Welcome to the 2022-23 school year at Zach Elementary! We hope this letter finds you refreshed and prepared for the new school year. Please remember to give to The Zach Enrichment Fund while registering your child this year. The suggested amount per student is \$100.

Our school's success has been largely attributable to our family support and contribution to The Zach Enrichment Fund (ZEF).

Poudre School District focuses its funding on the demographic risk indicators of each school. With few demographic risk indicators, Zach receives a low per-student allotment of operating revenue from the school district. The Zach Enrichment Fund (ZEF) supplements district and state funds by raising classroom budgets and supporting grants for teachers throughout the year.

ZEF funds have provided the following and more:

Kindergarten: Reading Eggs & Math Seeds curricula, math manipulatives, and Core project materials

First Grade: Science materials, including clay for layers of the earth project, math games and enrichments, and class library books

Second Grade: Laptops, book sets for reading groups, and bookshelves

Third Grade: Science materials, including magnets for experiments, math manipulatives, and novels for reading differentiation

Fourth Grade: Middle Ages Fair (fourth grade capstone experience), flexible seating, and books

Fifth Grade: Science curriculum supplies, core novels and, EnVision math books for additional challenges

Support your school community by making a \$100 annual contribution per student. To finish your child's enrollment, simply add "Annual Contribution - Zach Enrichment Fund" to your School Pay (psdschools.schoolpay.com) cart. Any contribution size is encouraged or you may drop off a check to the front office.

Funds received prior to the first day of school are especially crucial because they allow ZEF to solve immediate classroom requirements at the beginning of the year. We ask that your gift be made no later than back-to-school night/school supply distribution.

Thank you for supporting the educational experience of your child at Zach Elementary School!

Please contact zachpto@gmail.com if you have any questions or are interested in supporting your student through the Zach parent group.

We are here for your child's health!
¡Estamos aquí para la salud de su hijo!

Schedule your school or sport physical today!
¡Programe hoy su examen físico para la escuela o deporte!



Salud (303) 697-2583
Family Health (303) MYSALUD

1635 BLUE SPRUCE DR | FORT COLLINS CO
OUR CARE IS DINO-MITE!
MEDICAL • PEDIATRICS • DENTAL • BEHAVIORAL saludclinic.org

Sponsorship space in this newsletter is extremely affordable!

Reach parents in your local community and a significant portion of your investment goes back to the school!

Want to sponsor this school?

Please contact Joe Mivshek at SchoolNewsletterCompany@gmail.com

or

(970) 420-7163.



... The best
school supply
is FREE.

GET A
LIBRARY CARD
TODAY!



POUDRE RIVER
PUBLIC LIBRARY

POUDRELIBRARIES.ORG

Clubs and Enrichments

There are several opportunities for your child to participate in extracurricular activities at Zach. Fall clubs and enrichment activities start the week of September 12th and enrollment opens on September 1st. See the "Clubs and Enrichments" tab on the Zach webpage or click the link below for further information.

Hope to see you there!

[Clubs & Enrichment](#)

Early Dismissal

If you need to pick up your child during the school day, please park in the west kiss-n-go and come to the front door and ring the bell. We will call your child out of class and send them out to you.

We call students out between 8am-2:15pm. Please make note that after 2:15pm we will not call your child out of class, and you will need to wait until they are dismissed to connect with them. This is to help instruction stay consistent for all kids and remove the barrage of class intercom announcements happening at the end of the day.

If you are dropping off your child after the start of the school day, just call the office 970-488-5103 when you arrive to notify us and send your child in. You do not need to come in the building to sign them in.

The
Women's Clinic
of Northern Colorado

Schedule Your Appointment Today!





Coffee and Conversation

If you want to connect, talk about upcoming events, and/or have topics you want to discuss with the admin team, please sign up with [SignUpGenius](#) for one of our monthly Coffee and Conversation series events. Each coffee is the first Friday of the month from 8:15-9:00 a.m. We hope to see you there!

Canvas Classic

Join us this year for the first annual Canvas Classic! On Friday, September 30th, Poudre School District Athletics and Canvas Stadium will be hosting the first annual Canvas Community Classic. PSD's four comprehensive high schools will play double header, cross-town, rival football games (RMHS/PHS & FRHS/FCHS) on the field at Canvas Stadium. In addition, Athletic Directors in PSD have collaborated in planning fun events for our community before & throughout the main event. Timnath Middle High School is excited to help plan the Feeder Parade taking place between games during the event (around 6:30). A few students and staff will be representing Zach in the parade. Mark your calendars!

Library Volunteers Needed

We are in need of two people to help us check-in books and reshelve them on Thursday mornings. You would alternate weeks, so it is every other Thursday morning commitment. The time needed would be from 8:05ish-9:00ish. If you are interested in volunteering, please email Kim Schilling at kschilli@psdschools.org. Thank you!



Supporting our Schools



Joe Mivshek

Joe.Mivshek@KW.com

KW NORTHERN
COLORADO
KELLERWILLIAMS.

970.420.7163



CLICK IT

Click on the
Ads in this
Newsletter



...to learn more about
these great companies!

Music Notes

Hello Zach Families! We are already making music, smiling, and laughing a lot in the music room. I wanted to take a moment and introduce Miss Tianna Thurston. She is completing her practice teaching assignment with me through mid-October. She is a wonderfully talented musician and teacher. The students are enjoying getting to know her, and I love having a teaching partner!

Grade Level Music Programs will be LIVE PERFORMANCES this year!!! I cannot even tell you how excited I am about this! We have missed performing live for parents and families. Below are the dates for each grade level performance. You'll receive more information throughout the year about these events as they draw closer.

Thursday, November 10, 2022	4 th Grade Music Program 6:00 p.m. Zach Elementary Gym
Thursday, January 19, 2023	3 rd Grade Music Program 6:00 p.m. Zach Elementary Gym
Thursday, March 30, 2023	1 st Grade Music Program 6:00 p.m. Zach Elementary Gym
Wednesday, May 3, 2023	Kindergarten Music Program 6:00 p.m. Fossil Ridge High School Auditorium

Green and Gold Choirs will finally resume "as normal" this year!! **Green Choir** is for 2nd and 3rd Graders and **Gold Choir** is for 4th and 5th Graders. There are no auditions to be in Choir. Interested students may just sign up, show up and sing! Participation cost for choir is \$20. Please register through [SchoolPay](#).

One of the most anticipated activities for Choir is singing the National Anthem at the opening of a Colorado Eagle's Game. This year each choir will sing at a game! This is always a fun family night of hockey, hot dogs, Dippin' Dots and fun! More information about the games will go out to choir members as the dates approach.

Green Choir rehearsals are on **Tuesdays** after school 2:50-3:30 pm in the Zach Elementary music room. Rehearsals begin September 13, 2022.

Gold Choir rehearsals are on **Thursdays** after school 2:50-3:30 pm in the Zach Elementary music room. Rehearsals begin September 15, 2022.

If you have questions or comments, please contact me.

Alyssa Johnson
Music Teacher, Choir Director
ajohnson@psdschools.org
970-488-5117

PTO News

Hi Zach parents! Want to get in the classroom and lead your child's reading group? Excited about helping out during a class holiday party, coaching a Book Bowl team, or assisting your child's teacher with copying or classroom supply organization? We are excited to welcome volunteers back into Zach! All volunteers working in the building with students will need to register to volunteer and complete PSD's background check. You can follow this link to register to volunteer:

<https://www.psdschools.org/community/volunteers>.

The PTO's first meeting of the year is Wednesday, September 7th at 12:00-12:45 pm. The meeting will be held via Meets and you can access the link from the Zach web. Click on Parents, then PTO/SAC, then click [here](#) to access Google Meets.



Sponsorship space in this newsletter is extremely affordable!

Reach parents in your local community and a significant portion of your investment goes back to the school!

Want to sponsor this school?

Please contact Joe Mivshek at SchoolNewsletterCompany@gmail.com

or

(970) 420-7163.



SEL NEWS

September

SEL & COMMUNITY

SEL stands for Social and Emotional Learning. SEL supports students in developing skills in social awareness, self awareness, relationship skills, responsible decision making, and self management. Research shows the benefits of SEL instruction include: improved student relationships and prosocial skills, positive school climate, improved academic performance, and decreased anxiety and behavior problems.

Our focus at Zach this year is building and strengthening our wonderful community, and we are committed to supporting students' learning and practice in these areas. Social and emotional learning skills are the foundation of being in community with others and feeling a sense of belonging at school. We are ready for a wonderful year of learning with our Zach community!

Mrs. Fierro will share SEL News regularly and include monthly learning themes, resources for families, SEL happenings at Zach and in the community, and information on a variety of Social and Emotional Learning topics.

Learn more here:
[CASEL: What is SEL?](#)

CLASSROOM SPOTLIGHT

Mrs. Grell's 1st grade class gets to know one another during circle time. Zach classes will use community building circles to strengthen SEL skills and build connections with one another.

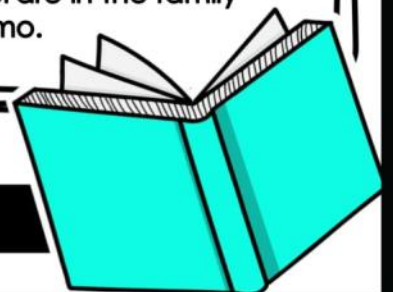


BOOKLIST

Children's books about belonging and community

DON'T MISS

The fall festival was a great celebration of our Zach community! Don't miss our September grade level connection opportunities. Dates and details for each grade level are in the family memo.



SEL IN THE CLASSROOM

Classroom SEL topics in September:

Diversity & Inclusion: these lessons with the school counselor, Mrs. Fierro, will focus on getting to know one another, appreciating differences, learning from one another, & building our classroom communities.

Caring School Community SEL classroom activities to support all students in feeling safe, accepted, encouraged, and happy in our classrooms.

Regular class meetings or "circles" using Restorative Practices to learn and practice building community through sharing and listening.

From Child Nutrition

2022-23 school year: Families must apply to receive free meals!

For the upcoming 2022-23 school year, students will no longer receive free meals unless they have been approved for the Free and Reduced Meals program. This is a change from last year (the 2021-22 school year) with free meals being offered to all PSD students. The program that helped make that possible (related to the pandemic) is ending. For the 2022-23 school year, families must apply and be approved for the Free and Reduced Meals program to receive benefits. **Applications for the 2022-23 school year are now being accepted**

Applications for the 2022-23 School Year are being Accepted Now

Applications for the Free and Reduced Meals program are being accepted for the 2022-23 school year now. [Please fill out ALL required information in the application.](#) Incomplete applications cannot be processed. Only one application per household is required. Applications may also be picked up at the Child Nutrition Department, 1502 S. Timberline Road.

[PSD Free and Reduced Meals Policies](#) | [PSD Free and Reduced Meals Policies \(Spanish\)](#)

Meal Prices

2022-2023	ELEMENTARY	MIDDLE SCHOOL	HIGH SCHOOL
BREAKFAST			
Student Full Price	\$1.50	\$1.50	\$1.50
Student Free & Reduced	FREE	FREE	FREE
Adult	\$2.35	\$2.35	\$2.35
LUNCH			
Student Full Price	\$3.15	\$3.40	\$3.40
Student Free & Reduced	FREE	FREE	FREE
Adult	\$4.10	\$4.10	\$4.10
A LA CARTE PRICES	Elementary	Middle School	High School

Paying for Meals

Review [PSD's meal charge guidelines](#) (Spanish version of meal charge guidelines)

- Students may bring money to school and pay during mealtimes. Checks should be made out to the student's school and note the student's name and/or ID number. Cash payments will be accepted but all change will be added to the student's meal account.
- Additional money may be put on the student's account, which will be debited when the student purchases meals or a la carte items.
- Parents may also use their credit card to pay for meals online. There is no charge to register, but there is a \$1 transaction fee charged to partially offset the credit card processing fees. Website features include your student's account and low balance email alerts. Please see the "SchoolPay" link below.

SchoolPay® >

A LA CARTE ITEMS

This is new for the 2022-23 school year. It is offered to everyone. Students must have money on their account or can bring money in to purchase items. Any change will be applied to the student's lunch account as we have no way to give change back.



Elementary Ala Carte 2022-23

Milk - 8 oz (1% White, Skim White, Chocolate)	\$.75
Fresh Fruit or Vegetables	\$.75
Goldfish Crackers	\$.75
Grahamz	\$.75
Baked Chips, Pretzels, Popcorn	\$ 1.00
Bottled Water - 16 oz	\$ 1.00
Whole Grain Muffin	\$ 1.00
Yogurt	\$ 1.00

Student Salad Bar Only	\$ 2.50
Lunch Entrée Only	\$ 3.00
Student Lunch	\$ 3.15

Adult Salad Bar Only	\$ 3.25
Adult Meal	\$ 4.10



ZACH ELEMENTARY COMMUNITY

...T-Shirt... Contest

**Due: Friday,
September 23rd**

Turn in at Main Office



This year at Zach we are celebrating community, and we want our students to show us what that means to them.

What: A T-Shirt design contest

When: Due September 23rd to the main office

How: Draw a hand design (not computer art) on an 8.5 by 11 piece of paper (allowing for a one inch blank margin around the entire page) with a drawing and slogan that shows the theme of being part of the Zach community. The shirts will be a heathered, apple green, so your design can use black, dark green, and gold colors.

Note that bold lines show up best when screen printed. We will have a panel of staff judges, and one winner from K-1, 2-3, and 4-5 will have their designs turned into our 2022-23 Zach t-shirts that will be available for purchase to our entire community. Winners will receive a free shirt for themselves. Good luck!

2022-23 School Year School Notice to Families About a School Resource Officer (SRO) Being in Class

Dear parents/guardians,

Our School Resource Officer (SRO), Kate Garcia, as well as our former SRO's, periodically stop by Zach for an informal visit with our students. They like to come by to say hello to our students or have a short visit with them in the cafeteria, on the playground, or in the classroom.

Occasionally, at the request of our teachers, SRO Kate will read a book to students at a pre-scheduled time in the classroom and/or do a community lesson on safety.

- If you would like your child to attend the book reading or community lesson with SRO Kate, you do not need to do anything.
- If you do not want your student to attend the book reading or community lesson with SRO Kate, you may opt your student out of this class by sending an email to Stacey Towne at stowne@psdschools.org. If you choose to do so, your student will be given topic-related work to complete during the scheduled book reading time or community lesson.
- If you do not opt out, it will be assumed that your student may attend.

The goal of the Poudre School District School Resource Officer program is to provide a safe learning environment while improving relations between students, staff, and law enforcement officials. For more information, visit the School Resource Officer Program web page.



Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness;
schools gain funds from advertising revenue.

Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com

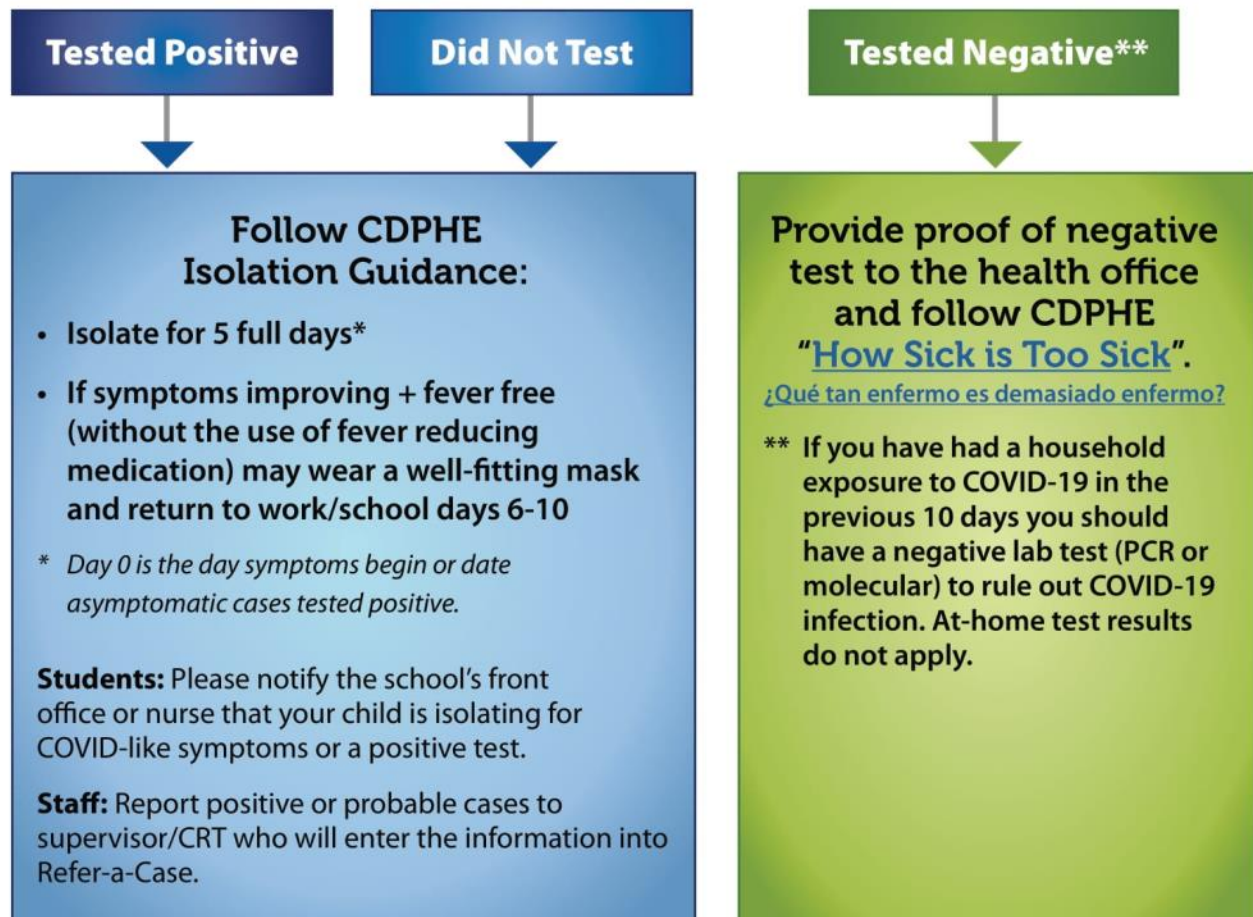




Poudre School District

Experiencing COVID-like Symptoms?

Any of the following symptoms which are not usual symptoms of a documented chronic condition[†] (regardless of vaccination status): fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.



[†] Provide the school's health office with a note or record from a healthcare provider documenting a chronic condition to be exempt from COVID-19 testing/isolation protocols.

Additional Information:

- [CDPHE Isolation Recommendations](#)
- [LCDHE Isolation Recommendations](#)



Distrito Escolar Poudre

¿Presentan síntomas como los de la COVID-19?

Cualquiera de los siguientes síntomas que no sean los usuales al padecer una afección crónica que se haya documentado[†] (sin tener en cuenta el estatus de vacunación): fiebre o escalofrío, tos, falta de aire o dificultad para respirar, fatiga, dolores musculares o corporales, dolor de cabeza, pérdida reciente del gusto u olfato, dolor de garganta, congestión o secreción nasal, náuseas o vómito, diarrea)

**Resultado positivo
en la prueba**

**No se hicieron
la prueba**

**Resultado negativo
en la prueba****

**Sigan las pautas del CDPHE
para el aislamiento:**

- **Deben aislarse durante 5 días completos.***
- **Si los síntomas mejoran, y además no tienen fiebre (sin haber tomado ninguna medicina para reducirla), pueden regresar al trabajo o la escuela usando un tapabocas bien ajustado durante los días 6 a 10.**

** El día 0 es cuando se presentan por primera vez los síntomas, o la fecha en que las personas asintomáticas hayan obtenido un resultado positivo en la prueba.*

Estudiantes: Notifiquen a la oficina principal o a la enfermera de la escuela, que su hijo(a) está en aislamiento debido a presentar síntomas similares a los de la COVID-19, o por haber obtenido un resultado positivo en la prueba de detección.

Personal: Reporten casos positivos o probables al supervisor/CRT, el cual ingresará la información del caso en "Refer-a-Case".

**Presenten comprobante
de haber obtenido un
resultado negativo en
la prueba de detección de
la COVID-19, y sigan las
recomendaciones
del CDPHE en
"¿Qué tan enfermo es
demasiado enfermo?"**

**** Si ustedes han estado
expuestos a la COVID-19 en
casa, en los 10 días anteriores,
deben obtener un resultado
negativo en la prueba de
laboratorio (PCR o molecular),
para descartar la infección por
el virus que causa la COVID-19.
Los resultados de las pruebas
en casa no aplican.**

[†] Proporcionen a la Oficina de Salud de la escuela una nota o registro de un proveedor de atención médica, que documente una afección crónica, para estar exento de las pruebas o el aislamiento referentes a los protocolos para la COVID-19.

Información adicional:

- [Recomendaciones del CDPHE con respecto al aislamiento.](#)
- [Recomendaciones del LCDHE con respecto al aislamiento.](#)

School Health Services Program

Do school districts need Parental consent to receive *Health First Colorado* reimbursements?

- Yes. Special Education law requires your one time consent on file.
- Your student's case manager will provide the document for you to sign.
- Annually a Notification of Access to Benefits will be distributed to parents.

My child is not eligible for *Health First Colorado*. Do I still need to sign the consent?

Yes. Your consent will be on file should your student become *Health First Colorado* eligible.



For more information about this program contact:



School Health Services Program
School Health Services Consultant
303-866-6455

School Health Services Program
Program Administrator
303-866-6328
www.colorado.gov/hcpf

Colorado School Health Services Program



PARENT'S GUIDE

Presented by the
Colorado Department of Education
and
The Department of Health Care
Policy and Financing

Continued...

¿Necesitan los distritos escolares el consentimiento de los padres de familia para recibir los reembolsos de *Health First Colorado*?

- Sí. La ley de educación especial requiere su consentimiento solamente una vez en el expediente.
- El encargado del expediente de su hijo/a proveerá el documento que debe firmar.
- Anualmente, se distribuirá a los padres una notificación de acceso a beneficios.

Mi hijo/a no es elegible para *Health First Colorado*. ¿Tengo que firmar el consentimiento?

Sí, su consentimiento se mantendrá en el expediente en caso de que su hijo/a se convierta en elegible.



Para más información acerca de este programa comuníquese con:



Servicios de Salud Escolar (CDE)
Consultor de Servicios de Salud Escolar
Tel: 303-866-6455

Servicios de Salud Escolar (HCPF)
Administrador del Programa
Tel: 303-866-6328
www.colorado.gov/hcpf

Servicios de Salud Escolar de *Health First Colorado* de Colorado



Guía para los Padres

Presentado por el Departamento de
Educación de Colorado y el
Departamento de Cuidado de Salud y
Financiamiento

Continued...

School Health Services Program, continued...

What is the School Health Services Program?

- The School Health Services Program allows school districts to seek reimbursement from *Health First Colorado*
- Partial reimbursement for health and medical services
- Provided to *Health First Colorado*-eligible students with an Individual Education Plan (IEP), 504 Plan, or other plan of care.
- Districts are required to use funds for additional or enhanced health/ health related services for all students

Why are schools requesting *Health First Colorado* reimbursement?

- Federal special education laws require school districts to provide IEP health services to students
- Federal law allows school districts to seek reimbursement for health services provided to *Health First Colorado* eligible students with an IEP, 504 Plan, or other plan of care
- Funds are used to provide expanded health services to all students
- Expanded services can include vision/ hearing screenings, *Health First Colorado/ Child Health Plan Plus*, outreach to uninsured families, access to emergency medication/dental services for uninsured students

Which IEP health services are reimbursable through *Health First Colorado*?

Health and health related services listed in the IEP, 504 Plan, or other plan of care:

- Occupational therapy
- Physical therapy
- Speech language therapy
- Orientation/mobility/vision services
- Psychological/counseling/ social work services
- Nursing services
- Personal care services and
- Specialized transportation

How do schools use the money they receive from *Health First Colorado*?

Colorado law requires reimbursement funds be used to provide enhanced health and health related services to all district students.

Services can include: additional nursing support, medical supplies and equipment, mental health support for students and families and vouchers to provide access to vision/dental/mental health services to uninsured students.

Contact your school *Health First Colorado* Coordinator for details on how your district utilizes these funds.

I am concerned about confidentiality.

Who can see my child's health information if I allow my school district to bill *Health First Colorado* for eligible IEP, 504 Plan, or other plan of care services provided to my child?

Two laws determine who can see student health information:

- Federal privacy laws state only school health service providers, your child's private doctor, district *Health First Colorado* billing agent will see your child's school health records.
- Colorado's *Health First Colorado* Agency will see your child's school health records.

Will *Health First Colorado* services my child receives outside of school be affected?

No. IEP, 504 Plan, or other plan of care health services provided by the school and reimbursed to the district do not affect your child's lifetime *Health First Colorado* benefits.

Students can receive health services at school on the same day they receive services outside of school.

¿Qué es el Programa de Salud Escolar de *Health First Colorado*?

- El programa permite que los distritos escolares busquen reembolsos de *Health First Colorado*.
- Reembolsos parciales por servicios de salud y médicos.
- Proporcionados a estudiantes elegibles para *Health First Colorado* con un Plan de Educación Individual (PEI), Plan 504, o otro plan de cuidados.
- Se requiere que los distritos usen estos fondos para proveer o mejorar servicios relacionados con la salud para todos los estudiantes.

¿Por qué las escuelas están solicitando reembolsos de *Health First Colorado*?

- Las leyes federales de educación especial requieren que los distritos escolares provean PEI incluyendo servicios de salud a los estudiantes.
- Las leyes federales permiten que los distritos escolares busquen reembolsos por los servicios de salud prestados a los estudiantes con PEI, Plan 504, o otro plan de cuidados elegibles para *Health First Colorado*.
- Los fondos se utilizan para proveer servicios de salud adicionales a todos los estudiantes
- Los servicios adicionales pueden incluir pruebas de visión/audición, el plan *Health First Colorado/Child Health Plan Plus*, apoyo

a familias sin seguro médico, acceso a servicios médicos dentales de emergencia a estudiantes sin seguro

¿Qué servicios de salud del PEI son reembolsados por *Health First Colorado*?

Servicios de salud y relacionados incluidos en el PEI, Plan 504, o otro plan de cuidados:

- Terapia ocupacional, física, y de habla y lenguaje; servicios de orientación/ movilidad/visión; servicios psicológicos/ consejería /trabajo social; servicios de enfermería, cuidado personal, y transportación especializado.

¿Cómo usan las escuelas el dinero que reciben de *Health First Colorado*?

La ley de Colorado requiere que los fondos reembolsados se utilicen para mejorar los servicios de salud y servicios relacionados para todos los estudiantes.

Los servicios pueden incluir: apoyo de enfermería adicional, materiales y equipo médico, apoyo de salud mental para estudiantes y sus familias, y vales para proveer acceso a servicios de visión/dental/ salud mental a estudiantes sin seguro médico.

Para más detalles, comuníquese con el coordinador de *Health First Colorado* de su escuela.

Estoy preocupado respecto a la confidencialidad.

¿Quién puede ver la información de salud de mi hijo/a si permito que el distrito escolar le cobre a *Health First Colorado* por los servicios del PEI, Plan 504, o otro plan de cuidados proporcionados a mi hijo/a?

Hay dos leyes que determinan quién puede ver la información de salud de los estudiantes:

- Las leyes federales sobre la privacidad indican que solo los proveedores de servicios de salud de las escuelas, el médico privado de su hijo/a, y los agentes de cobro a *Health First Colorado* en el distrito pueden ver los expedientes de la escuela sobre la salud de su hijo/a.
- La agencia de *Health First Colorado* en el estado pueden ver los expedientes de la escuela sobre la salud de su hijo/a.

Will *Health First Colorado* services my child receives outside of school be affected?

No. Los servicios de salud del PEI, Plan 504, o otro plan de cuidados que su hijo/a recibe en la escuela no afectan los beneficios de *Health First Colorado* que su hijo/a podría recibir en su vida.

Los estudiantes pueden recibir servicios en la escuela el mismo día que reciben servicios fuera de la escuela.

After School is where adventure begins.



Let's spark wonder with Poudre Schools kids!

**AlphaBEST Extended Day program for before and after school
Grades K-5
2022/2023**

AlphaBEST gives your kids more than a safe place to do their homework. We engage their minds and expand their horizons. With an innovative, experiential curriculum, we allow kids to decompress from a day in the classroom by appealing to their curious, creative natures.

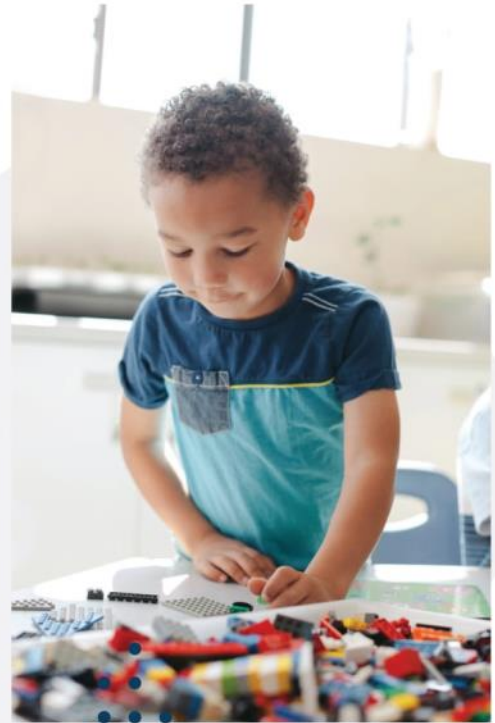
Run by a high-quality, caring staff, and designed to meet the changing needs of working parents, AlphaBEST Extended Day includes:

- Art
- Robotics
- Coding
- Drama
- Sign Language
- World Languages & Culture
- Homework Help
- Snacks
- Fitness Activities
- And More!

So come explore with us! For hours, locations, rates and online registration, visit AlphaBEST.org/poudreco. For questions, contact lpowell@alphabest.org.



Después de la escuela es donde comienza la aventura.



¡Despertemos la maravilla con los niños de Poudre!

AlphaBEST Extended Day para antes y después de la escuela
Grados K-5
2022/2023

AlphaBEST les brinda a sus hijos más que un lugar seguro para hacer su tarea. Involucramos sus mentes y ampliamos sus horizontes. Con un plan de estudios innovador y experiencial, permitimos que los niños se relajen de un día en el aula apelando a su naturaleza curiosa y creativa.

Dirigido por un personal atento y de alta calidad, y diseñado para satisfacer las necesidades cambiantes de los padres que trabajan, AlphaBEST Extended Day incluye:

- El arte
- Robótica
- La programación
- El drama
- El tentempié
- Idiomas y cultura del mundo
- Ayuda con los deberes
- Lenguaje de señas
- Actividades de fitness
- ¡Y más!

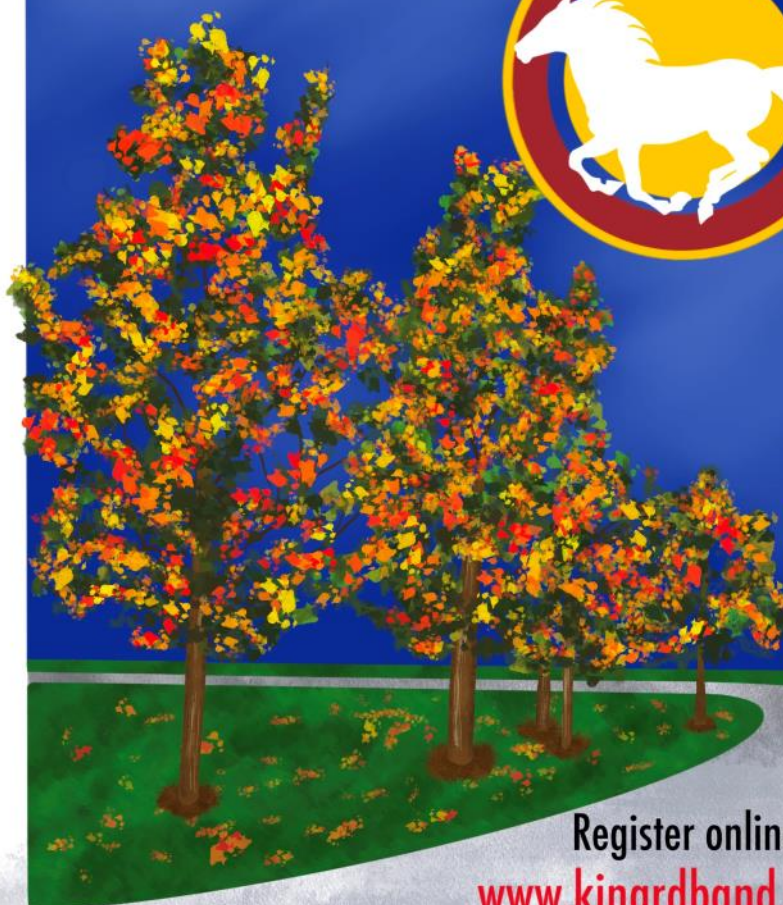
¡Así que venga a explorar con nosotros! Para conocer las ubicaciones, los horarios, las tarifas y la inscripción en línea, visite Alphabest.org/poudreco. Para preguntas, contacte con lpowell@alphabest.org.



Saturday October 8th

9:00am

Kinard Middle School Band



Register online at
www.kinardband.com/5k
 or scan the QR code

Come enjoy a morning of music and running!

Schedule

7:30am - Late Registration & Packet Pick-Up

8:30am - Reverse Parade & Fun Run

9:00am - 5k Run/Walk!

Registration & Fees

5K Run/Walk: \$30, after 9-15-22 \$35

5K Run/Walk Family of 4: \$80, after 9-15-22 \$100

5K Run/Walk Team of 6-10: \$150, after 9-15-22 \$200

Reverse Parade/Fun Run (ages 10 and under): \$15, after 9-15-22 \$20

Includes Mustang 5K Tech shirt (register by 9-15-22 to receive shirt by race day)

Register online or through your favorite band student

No Refunds



Location

Kinard Core Knowledge Middle School

3002 E. Trilby Road

Ft. Collins, CO 80528

Perks

Aid station & live music along the race course!!

Mustang 5K tech shirt guaranteed for all!

Chip timed

Fun and unique prizes for overall winners and by age group

All proceeds benefit the Kinard Middle School Band

Zach Breakfast Menu

September 2022

Zach Elementary Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5



6

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

7

- French toast sticks
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

8

- Yogurt Parfait
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

9

- Egg Omelet with Tortilla
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

12

- Breakfast Sausage Pizza
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

13

- Mini Cinnamon Rolls
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

14

- Pancake & Sausage Wrap
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

15

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

16



19

- Egg Omelet with Tortilla
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

20

- French toast sticks
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

21

- Breakfast Sausage Pizza
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

22

- Yogurt Parfait
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

23

- Mini Cinnamon Rolls
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

26

- Whole Grain Waffle, Chocolate Chip
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

27

- Egg & Cheese Burrito
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

28

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

29

- Yogurt & Cinnamon Roll
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

30

- Pancake & Sausage Wrap
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

Zach Lunch Menu

September 2022

Zach Elementary

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<i>Food Offered Daily:</i> <ul style="list-style-type: none"> • Salad Bar • Fruit Salad • Assorted Salad Dressings • Whole Wheat Dinner Roll • Chocolate Milk • Milk fat free • Milk low fat 1% • Assorted Condiments 	1 <ul style="list-style-type: none"> • Beef & Bean Burrito • Hot Dog • Deli Sandwich • Cold Deli Yogurt & Roll • Pb&J Sandwich • Refried Beans • Mexican Condiments- ELEM 	2 <ul style="list-style-type: none"> • Cheese Pizza • Pepperoni Pizza • Yogurt Parfait • Cold Deli Yogurt & Roll • Pb&J Sandwich • Steamed Carrots • Assorted Italian Condiments
5 	6 <ul style="list-style-type: none"> • Hamburger & Cheeseburger • Mac & Cheese • Cold Deli Meat & Goldfish • Cold Deli Yogurt & Goldfish or Pretzels • Pb&J Sandwich • Green Beans 	7 <ul style="list-style-type: none"> • Asian Teriyaki Chicken & Rice • Chicken Patty Sandwich • Deli Sandwich • Cold Deli Yogurt & Goldfish or Pretzels • Pb&J Sandwich • Steamed Veggies 	8 <ul style="list-style-type: none"> • Beef Taco & Rice • Chicken Strips • Cold Deli Meat & Goldfish • Cold Deli Yogurt & Goldfish or Pretzels • Pb&J Sandwich • Black Beans • Nugget Dipping Sauces • Mexican Condiments- ELEM 	9 <ul style="list-style-type: none"> • Cheese Pizza • Meat Lovers Pizza • Chef Salad & Roll • Cold Deli Yogurt & Goldfish or Pretzels • Pb&J Sandwich • Peas • Assorted Italian Condiments
12 <ul style="list-style-type: none"> • Meatball Sandwich • Chicken Drumstick & Roll • Cold Deli Meat & Roll • Cold Deli Yogurt & Roll • Pb&J Sandwich • Corn 	13 <ul style="list-style-type: none"> • Lasagna with Veggies • Cheese Calzone & Marinara • Deli Sandwich • Cold Deli Yogurt & Roll • Pb&J Sandwich • Green Beans • Assorted Italian Condiments 	14 <ul style="list-style-type: none"> • Orange Chicken & Rice • Fish Filet • Cold Deli Meat & Roll • Cold Deli Yogurt & Roll • Pb&J Sandwich • Steamed Broccoli 	15 <ul style="list-style-type: none"> • Chicken Burrito • Hot Dog • Deli Sandwich • Cold Deli Yogurt & Roll • Pb&J Sandwich • Refried Beans • Mexican Condiments- ELEM 	16 
19 <ul style="list-style-type: none"> • Chicken Nuggets • Cheese Ravioli & Roll • Cold Deli Meat & Pretzels • Cold Deli Yogurt & Pretzel or Goldfish • Pb&J Sandwich • Steamed Broccoli • Assorted Italian Condiments • Nugget Dipping Sauces 	20 <ul style="list-style-type: none"> • Pork Chop Sandwich • Mac & Cheese • Cold Deli Meat & Pretzels • Cold Deli Yogurt & Pretzel or Goldfish • Pb&J Sandwich • Green Beans • Assorted Italian Condiments 	21 <ul style="list-style-type: none"> • Asian noodle & Meatball • Chicken Patty Sandwich • Deli Sandwich • Cold Deli Yogurt & Pretzel or Goldfish • Pb&J Sandwich • Steamed Veggies 	22 <ul style="list-style-type: none"> • Chicken Tacos & Rice • Cheese Calzone & Marinara • Cold Deli Meat & Pretzels • Cold Deli Yogurt & Pretzel or Goldfish • Pb&J Sandwich • Black Beans • Mexican Condiments- ELEM 	23 <ul style="list-style-type: none"> • Cheese Pizza • Pizza Bites • Chicken Caesar Wrap • Cold Deli Yogurt & Pretzel or Goldfish • Pb&J Sandwich • Peas • Assorted Italian Condiments
26 <ul style="list-style-type: none"> • Hamburger & Cheeseburger • Cheese Ravioli & Roll • Cold Deli Meat & Roll • Cold Deli Yogurt & Roll • Pb&J Sandwich • Corn • Assorted Italian Condiments 	27 <ul style="list-style-type: none"> • Chicken Drumstick & Roll • Chicken Alfredo • Deli Sandwich • Cold Deli Yogurt & Roll • Pb&J Sandwich • Green Beans • Assorted Italian Condiments 	28 <ul style="list-style-type: none"> • Tomato Soup & Grilled Cheese • Fish Filet • Cold Deli Meat & Roll • Cold Deli Yogurt & Roll • Pb&J Sandwich • Steamed Broccoli 	29 <ul style="list-style-type: none"> • Beef & Bean Burrito • Hot Dog • Deli Sandwich • Cold Deli Yogurt & Roll • Pb&J Sandwich • Refried Beans • Mexican Condiments- ELEM 	30 <ul style="list-style-type: none"> • Cheese Pizza • Pepperoni Pizza • Yogurt Parfait • Cold Deli Yogurt & Roll • Pb&J Sandwich • Steamed Carrots • Assorted Italian Condiments

Calendar of Events



Thursday, September 1	2:50pm 2nd Grade Family Social
Friday, September 2	8:15am Coffee and Conversation with Angel
Wednesday, September 7	12:00pm PTO 5:15pm Ecoweeek Parent Meeting
Thursday, September 8	2:50pm Kindergarten Family Social
Friday, September 9	2:50pm 1st Grade Family Social
Wednesday, September 14	2:50pm 4th Grade Family Social 5:00pm SAC
Thursday, September 15	2:50pm 3rd Grade Family Social
Friday, September 16	No School-Teacher Workday
Wednesday, September 21	Ecoweeek
Thursday, September 22	Ecoweeek

Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com



CLICK IT

Click on the
Ads in this
Newsletter

...to learn more about
these great companies!