

ZACH ELEMENTARY SCHOOL



Motto: “Together We Inspire”

Vision: Ensure high levels of learning for all students.

Mission: We commit to do our best to encourage, inspire and meet each child’s needs.



Picture taken Friday, September 30th with our 'Sko Ridge shirts. We love our Zach school family!

October 21st Memo

Monday, October 24th



Tuesday, October 25th



Wednesday, October 26th



Thursday, October 27th

- 6:30-7:30pm: Parent Engagement Night-Internet Safety; Zach

Friday, October 28th

- Spirit and Sparkle Spirit Day
- 9:30-11:30: Middle Ages Festival-4th grade

New Information

Feedback for Administration

Hello families! This year our focus is strengthening our community and community opportunities. Please take ten minutes to fill out [THIS SURVEY](#) to give Angel and Jason your feedback about the start of the year. Thank you in advance for your help and partnership.

Kindergarten Registration

Kinder registration this year is on December 7th! The first round for school choice is November 1st-December 15th. Visit the PSD [School Choice Process](#) site for more information.

Original Works (Attachment)

Original works is coming! Please see flier for more details.

Messages from the PTO

Interested in getting more involved with Zach Parent Teacher Organization (PTO)? Please consider signing up for a committee during the 2023 school year here: <https://www.signupgenius.com/go/60B0B49ABA62EA4FF2-ptoactivities>

Any questions? Email us at zachpto@gmail.com or visit us on the Zach PTO webpage at <https://zac.psdschools.org/pto-and-sac> .

Our next meeting will be on November 9th from 12:00 – 12:45pm. This is a virtual meeting and all are welcome. Please find the link to join the meeting at <https://zac.psdschools.org/pto-and-sac> .

Caps for Cash (Attachment)

Please see flier for more information.

Book Fair

The Book Fair is less than two weeks away! It will take place in the Zach Media Center Wednesday, November 2nd through Wednesday, November 9th. Our book fair will be open daily from 8am-10am, 11am-1pm, and 2:30pm-4:30pm. We will have evening hours Thursday, Nov. 3rd from 6pm-8pm. Children can shop during the school day, or families can shop after school.

A convenient way to shop the fair is to use an eWallet—your child's digital payment account. Before the fair, set up eWallet for worry-free, cash-free purchases. Anyone can contribute, and you can share each child's eWallet so friends and family can add funds and give your kids more books to enjoy. Sign up or add funds to eWallets at this link: <https://bookfairs.scholastic.com/bf/zachelementaryschool> You may also pay using cash, check, or credit card.

Thank you to everyone who has already volunteered to help with the fair. We have a few spots open for those who want to be involved: <https://www.signupgenius.com/go/30e0948a8a62ba02-20191>

PSD Lockdown Drill Week

The week of October 24, PSD is having its lockdown week. PSD officials will show up at the building and ask us to run a lockdown drill. This will be a normal drill for staff and students in the classroom. The drill can occur at any point during the week, and we will send communication after we have been asked to run the drill. Please reach out to Jason or Angel if you have any questions.

Register to Volunteer

PSD requires all persons volunteering in the classroom, be registered as volunteers. Please click on the link below to register. <https://www.psdschools.org/community/volunteers>

Health Office News

It's that time of year! Immunizations for School Attendance 2022 – 2023

A student's immunization record showing they are fully immunized with the required vaccines need to be turned in by Tuesday, November 1st.

Required vaccines are Hep B, DTaP, IPV/OPV, MMR, and Varicella.

To submit a Certificate of Medical Exemption or a Certificate of Nonmedical Exemption, please visit the Colorado Department of Public Health and Education for information <https://cdphe.colorado.gov/vaccine-exemptions>

For additional information, visit <https://cdphe.colorado.gov/immunization>

Marching Band Community Performance (Attachment)

Please see the flier for more information.

Reminders

Student Designed Zach T-Shirts FOR SALE

We have some wonderful new Zach spirit wear shirts designed by OUR STUDENTS! Check out this [WEB STORE](#) to order your shirts. There are both youth sizes and adult sizes. The lightest color short sleeve shirts are youth only, the adult short sleeve shirts and the "soft" style, and the long sleeves are available in both youth and adult. Congratulations to our contest winners: Kaitlyn H., our K-1 winner; Hannah B., our 2-3 winner; and Noah C., our 4-5 winner! We are proud to wear your designs! Just a note to ignore the shipping cost if you want to

pick up at Zach—don't pay it if you want them delivered to the school. Shipping is only for home orders. Call Sport About if you have any questions at

Parent Engagement Night at Zach Elementary: Internet Safety and Digital Citizenship

On October 27, our SRO Kate Garcia will be facilitating a presentation for our Zach families on Internet Safety, Digital Citizenship, and how you can keep your students safe with technology, as well as answer questions families may have on these topics. This event will be at 6:30pm on Thursday, October 27 at Zach. Please fill out the google form if you plan to attend so we can plan accordingly. [FORM](#)

Staff Favorites

Some families were asking for our staff favorites list that went out each year. We apologize for not getting this out sooner for those that requested it. [Staff Favorites](#)

Fort Collins High School Halloween Carnival

Check out the [FLIER](#) for the FCHS Halloween Carnival. All students are invited!

Winter Needs:

Please complete this form if your student or family needs support or resources as our winter season approaches. You are also welcome to contact school counselor Rachel Fierro about this.

[Winter Needs Request](#)

ADHD Family Education Series (Attachment)

Please see flier for more information.

Costume Parade Details and Map (Attachment)

SAVE THE DATE! We will be having a costume parade on Monday, October 31st at 2:20pm, and the students will be dismissed after the parade. Teachers will lead students through the parade, return to classes with them to pick up backpacks, and then head directly outside for dismissal. Please note that family members will remain outside to wait for the students. Please see the map for the flow of the parade.

Students: Will exit the building out the east door and circle around the building to the north, staying on the concrete until they enter back into the building through the main office doors.

Families: A map of the parade route and where families should view the parade is attached. Please give the students a 3-foot buffer zone from the sidewalk to maintain safety and allow them to not feel crowded.

Staff: We will have Zach staff in the grass along Kechter Rd to keep students on the sidewalk during the parade.

Yearbook Photo Volunteers

Yearbook is looking for parent volunteers to take pictures for the Zach Yearbook. We need volunteers for each grade level to take candid photos for the grade collage pages. No special cameras needed, cell phones work great! Please consider giving an hour or two of your time to come into school (on your schedule) to take group shots of each class, as well as fun small group candids. The kids love seeing themselves in the yearbook, please consider helping make this keepsake for your kids.

<https://www.signupgenius.com/go/30E0C4FAEA82BA4F49-zach>

Coffee and Conversation

If you want to connect, talk about upcoming events, and/or have topics you want to discuss with the admin team, please sign up with [SignUpGenius](#) for one of our monthly Coffee and Conversation series events. Each coffee is the first Friday of the month from 8:15-9:00 a.m.

Important Upcoming Dates

October: Parent-Teacher Conferences

10/27: Parent Engagement Night at 6:30pm

10/31: Costume Parade at 2:20pm

11/2-11/9: Scholastic Book Fair

11/4: Coffee and Conversation with Angel at 8:15am

11/8: Kinard Informational Night at 6:30pm

11/11: No School

Original Works is coming soon!



YOUR CHILD'S VERY OWN ARTWORK

ON PRODUCTS YOU AND YOUR FAMILY CAN WEAR AND SHARE!

Dear Family and Friends,

Our school has once again teamed up with Original Works- the #1 art-based program in the country- to offer an incredibly special program that allows you to have your child's very own artwork reproduced onto a number of professional, full color products!

Your child created their artwork in school, using the regular art curriculum as the basis for their work of art. You will soon have the opportunity to order a variety of products with your child's own artwork featured on each and every product! These products range from magnets, mugs and mouse pads to t-shirts, key chains, and journals.

Personalized Original Works flyers will be coming home in Friday Folders on October 28th!
All orders are placed on-line using your child's/children's personal image title and student code found on their individual flyer.

Original Works products make delightful keepsakes and unique gifts (Christmas, Birthdays, etc.). We are very excited to be participating in this unique program!

All Original Works proceeds directly support "The Arts" at Zach. Funds are used to purchase additional equipment and supplies to enrich ALL Specials classes and curriculum!

Original Works Timeline - Mark your calendars now!

Friday, October 28th: Ordering Information comes home in Friday Folders

Tuesday, November 15th: Deadline for orders (On-line Gallery Closes)

Friday, December 9th: Products will be sent home from school

Please email Ms. Angie Sickels, Art Teacher, with questions: asickels@psdschools.org



EARN \$25 FOR YOUR SCHOOL

CAPS 4 CASH

Sign up for home delivery and Morning Fresh Dairy will give your school \$25. Already a customer? Tell your friends and neighbors! For every new home delivery customer who refers your school, Morning Fresh Dairy will donate \$25. The funds don't stop there! Save the caps from our glass bottles and turn them in to your school. Morning Fresh will then give your school \$0.05 for every MFD glass milk bottle cap redeemed.

How do you help your school earn money?

1. Sign up for home delivery on our website or call us at 970-482-5789
2. Drink your milk
3. Save your bottle caps
4. Collect caps from family and friends
5. Bring the caps to school and drop them in the collection box



www.morningfreshdairy.com

ADHD Family Education Series

Join Dr. Marybeth Rigall-Oller, CAYAC Child and Adolescent Clinical Psychologist, for this free 3-part series. In this series, Dr. Marybeth will share information and tangible strategies to understand and support youth with ADHD for parents, guardians, family members, and other loved ones. Attendees are strongly encouraged to attend the first session (ADHD and the Brain), as it provides foundational knowledge that will help in understanding the following sessions. The last 15 minutes of each session will be a Q&A.

OCTOBER 12

12:00-1:15 p.m., Zoom



ADHD
and the Brain

NOVEMBER 9

12:00-1:15 p.m., Zoom



Raising a Child
with ADHD

DECEMBER 14

12:00-1:15 p.m., Zoom



School Supports and
Treatment Options for
Children with ADHD



Dr. Marybeth Rigall-Oller is a Child and Adolescent Clinical Psychologist for the CAYAC program (Child, Adolescent, and Young Adult Connections) through the Health District of Northern Larimer County. She received her doctorate from Arizona State University and completed a postdoctoral residency at the University of California-San Diego. She also earned a master's degree in Counseling from University of Wisconsin-Madison. Her clinical interests include working with underserved populations, culturally sensitive approaches to therapy and psychological testing, and child and adolescent mental health.

Health District

CHILD, ADOLESCENT, YOUNG
ADULT CONNECTIONS (CAYAC)

Register:



Visit
healthdistrict.org/classes



State send off community performance

Saturday, October 22
7:30pm

Fossil Ridge High School turf field

**Come see the FULL show before we
head to the state competition. Free!
Everyone welcome!**



Zach Elementary Halloween Parade Route in red

All students exit the east doors, follow route with parents cheering, students enter main entrance



MONDAY

3

- Breakfast Round
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

TUESDAY

4

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

WEDNESDAY

5

- Whole Grain Waffle, Maple
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

THURSDAY

6

- Yogurt Parfait
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

FRIDAY

7

- Egg Omelet with Tortilla
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

10

- Breakfast Sausage Pizza
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

11

- Mini Cinnamon Rolls
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

12

- Pancake & Sausage Wrap
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

13

- No School ELEM
- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

14



17

- Egg Omelet with Tortilla
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

18

- Whole Grain Waffle, Maple
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

19

- Breakfast Sausage Pizza
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

20

- Yogurt Parfait
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

21

- Mini Cinnamon Rolls
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

24

- Whole Grain Waffle, Chocolate Chip
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

25

- Egg & Cheese Burrito
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

26

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

27

- Yogurt & Cinnamon Roll
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

28

- Pancake & Sausage Wrap
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

31

- Breakfast Round
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <ul style="list-style-type: none"> Spaghetti & Meatballs Chicken Drumstick & Roll Cold Deli Meat & Goldfish ColdDeli Yogurt & Goldfish or Pretzels Pb&J Sandwich Steamed Broccoli Assorted Italian Condiments 	4 <ul style="list-style-type: none"> Hamburger & Cheeseburger Mac & Cheese Cold Deli Meat & Goldfish ColdDeli Yogurt & Goldfish or Pretzels Pb&J Sandwich Green Beans 	5 <ul style="list-style-type: none"> Asian Teriyaki Chicken & Rice Chicken Patty Sandwich Deli Sandwich ColdDeli Yogurt & Goldfish or Pretzels Pb&J Sandwich Steamed Veggies 	6 <ul style="list-style-type: none"> Beef Taco & Rice Chicken Strips Cold Deli Meat & Goldfish ColdDeli Yogurt & Goldfish or Pretzels Pb&J Sandwich Black Beans Nugget Dipping Sauces Mexican Condiments- ELEM 	7 <ul style="list-style-type: none"> Cheese Pizza Meat Lovers Pizza Chef Salad & Roll ColdDeli Yogurt & Goldfish or Pretzels Pb&J Sandwich Peas Assorted Italian Condiments
10 <ul style="list-style-type: none"> Meatball Sandwich Chicken Drumstick & Roll Cold Deli Meat & Roll Cold Deli Yogurt & Roll Pb&J Sandwich Corn 	11 <ul style="list-style-type: none"> Lasagna with Veggies Cheese Calzone & Marinara Deli Sandwich Cold Deli Yogurt & Roll Pb&J Sandwich Green Beans Assorted Italian Condiments 	12 <ul style="list-style-type: none"> Orange Chicken & Rice Fish Filet Cold Deli Meat & Roll Cold Deli Yogurt & Roll Pb&J Sandwich Steamed Broccoli 	13 	
14 				
17 <ul style="list-style-type: none"> Chicken Nuggets Cheese Ravioli & Roll Cold Deli Meat & Pretzels Cold Deli Yogurt & Pretzel or Goldfish Pb&J Sandwich Steamed Broccoli Assorted Italian Condiments Nugget Dipping Sauces 	18 <ul style="list-style-type: none"> Pork Chop Sandwich Mac & Cheese Cold Deli Meat & Pretzels Cold Deli Yogurt & Pretzel or Goldfish Pb&J Sandwich Green Beans Assorted Italian Condiments 	19 <ul style="list-style-type: none"> Asian noodle & Meatball Chicken Patty Sandwich Deli Sandwich Cold Deli Yogurt & Pretzel or Goldfish Pb&J Sandwich Steamed Veggies 	20 <ul style="list-style-type: none"> Chicken Tacos & Rice Cheese Calzone & Marinara Cold Deli Meat & Pretzels Cold Deli Yogurt & Pretzel or Goldfish Pb&J Sandwich Black Beans Mexican Condiments- ELEM 	21 <ul style="list-style-type: none"> Cheese Pizza Pizza Bites Chicken Caesar Wrap Cold Deli Yogurt & Pretzel or Goldfish Pb&J Sandwich Peas Assorted Italian Condiments
24 <ul style="list-style-type: none"> Hamburger & Cheeseburger Cheese Ravioli & Roll Cold Deli Meat & Roll Cold Deli Yogurt & Roll Pb&J Sandwich Corn Assorted Italian Condiments 	25 <ul style="list-style-type: none"> Chicken Drumstick & Roll Chicken Alfredo Deli Sandwich Cold Deli Yogurt & Roll Pb&J Sandwich Green Beans Assorted Italian Condiments 	26 <ul style="list-style-type: none"> Tomato Soup & Grilled Cheese Fish Filet Cold Deli Meat & Roll Cold Deli Yogurt & Roll Pb&J Sandwich Steamed Broccoli 	27 <ul style="list-style-type: none"> Beef & Bean Burrito Hot Dog Deli Sandwich Cold Deli Yogurt & Roll Pb&J Sandwich Refried Beans Mexican Condiments- ELEM 	28 <ul style="list-style-type: none"> Cheese Pizza Pepperoni Pizza Yogurt Parfait Cold Deli Yogurt & Roll Pb&J Sandwich Steamed Carrots Assorted Italian Condiments
31 <ul style="list-style-type: none"> Spaghetti & Meatballs Chicken Nuggets Cold Deli Meat & Goldfish ColdDeli Yogurt & Goldfish or Pretzels Pb&J Sandwich Steamed Broccoli Nugget Dipping Sauces Assorted Italian Condiments 	Food Offered Daily: <ul style="list-style-type: none"> Salad Bar Fruit Salad Assorted Salad Dressings Whole Wheat Dinner Roll Chocolate Milk Milk fat free Milk low fat 1% Assorted Condiments 			