



ZACH ELEMENTARY SCHOOL

# Home of the Zephyrosaurus

PAGE 1

**3715 Kechter Road  
Fort Collins, CO  
80528**

**Office Phone  
970.488.5100**

**Attendance Phone  
970.488.5105**

**Fax Number  
970.488.5106**

**Principal  
Angel Herrick**

**Assistant Principal  
Jason Buckley**

**PSD Website  
[Click Here](#)**



*Advertising in this  
newsletter does not imply  
endorsement by Poudre  
School District.*

## Message from the Principals

Hello and happy May! We can't believe our first year together has almost come to an end. Jason and I have loved getting to know all your children and spending time each day learning and celebrating with them. There are so many wonderful moments we've had in such a short time. We are proud of the community we are growing together, and even though not everything is not always perfect, we've appreciated the connections and commitment to always moving forward collaboratively. Thank you for your partnership. We would also like to especially thank all the family members who volunteered this year—whether spending time in classrooms, making copies, volunteering for events, donating items or money to support events, being involved in the PTO, creating support systems to keep us safer, giving feedback, and/or reading memos and newsletters to stay informed and active. Thank you for your time, energy, and awesomeness.

One last thank you is that last week we finished our scheduled CMAS testing. Thank you, families, for your support in getting your children here during testing. We are so proud of our students and the effort they put forth!

To celebrate the year together, we hope to see you all at our first annual Picnic on the Playground event on Thursday, May 4th from 2:45-4:30pm on our Zach playground. We will have Corndoggies, Fork Yeah, Mama Perez's Burritos, and Kona Ice available for purchase or feel free to pack a picnic basket and join us out on the lawn. We want to end the year the way we started—with a focus on our community. Lastly, since we started with a survey, we wanted one more opportunity to get your feedback now that the year is ending. If you haven't had an opportunity yet, please take a moment to fill out [THIS FORM](#) by May 5th so that we can continue to learn and grow about our community needs. We will share a summary of the results in the June newsletter if we get enough respondents. We would love at least 150-200 folks to respond to make the feedback as valid as possible. Together, we inspire!

With gratitude,  
Angel and Jason



**RECOVER  
FROM  
LEARNING  
LOSS THIS  
SUMMER.**

**CALL TODAY  
(970) 223-5738**

**Huntington**  
LEARNING CENTER

## Congratulations to our 5<sup>th</sup> Grade Class

Lewis	Adams	Kylee	Hartman	Lucy	Peterson
Anaya	Ahmed	Lily	Hauzen	Claire	Petit
Evan	Alayon	Noah	Hibma	Ryan	Pietras
Luke	Anderson	Kai	Holcomb	Evan	Rebecky
Jude	Atos	Christopher	Hung	Sage	Richards
Lucas	Barnes	Eli	Jones	Logan	Riewerts
Robert	Bates	Robert	Jones	Rachel	Riggs
Charvi	Birari	Keagan	Kane	William	Rinehart
Ansley	Bliss	Maxwell	Kardos	Leah	Robertson
Ki	Boling	Samuel	Kardos	Aurora	Rogers
Asher	Bustamante	Ryan	Keele	Jerome	Rondeau
Charlie	Cey	Ada	Kelsch	Isabella	Sabia
Riley	Clark	Keegan	Kick	Sai Smriti	Sankranti
Julia	Cabbage	Alex	Klausner	Eryn	Saunders
Jack	Davis	Brecken	Klein	Vianne	Schuller
Ty	Delka	Flynn	Klein	Abigail	Sciaroni
Logan	Dunn	Emily	Kolkman	Matthew	Seib-Azofeifa
Luke	Dunnington	Blake	Lehman	Julia	Skiba
Alexander	Farr	Akira	Lemieux	Colter	Smailes
Bronxden	Florez	Emma	Lillis	Brinley	Smith
Caleb	Forrester	Mike	Lin	Mason	Soffe
McKinley	Friedly	Aubrey	Lomax	Emma	Stanca
Arthur	Fritche	Hayden	Magelky	Harrison	Stark
Samuel	Garber	Macyn	Major	Ainsley	Stirrett
Vidit	Ghosh	Samantha	Mallette	Bridger	Sweet
Leland	Gillilan	Rucha	Manakeshwar	Sahara	Thomas
Elizabeth	Gonzales	Maddox	Masters	Scarlett	Turnbull
Jaden	Gonzalez	Eleanor	McCoppin	Finley	Upton
Greyson	Goodell	Madeleine	McManus	Lakshiith	Vutukuri
Seth	Gouldey	Camden	Moll	Jonah	Welker
Hannah	Greville	Simone	Moore	Allie	West
Kaia	Grothman	Declan	Nelson	Michael	Wheeler
Arda	Gurkan	Malia	Nguyen	Brynley	Wilson
Jaan	Gurung	Heidi	Olsen	Shannon	Yoo
Josie	Haack	Andre	Orloske		
Alexandra	Hager	Bridgette	Pariseau		

We will miss you!!





## Kindergarten Open House

It's hard to believe we are thinking about the 2023-24 school year, although we are looking forward to meeting all our new kindergarteners! Join us for our Kindergarten Open House on Thursday, May 11<sup>th</sup> between 4:00-5:15pm. If you cannot make it at that date/time, feel free to sign up for one of two later tour options [HERE](#). We encourage everyone to make the original open house, since the teachers and administration will be there to meet your children, but we understand that conflicts happen during this busy time of year. We look forward to your joining our school community, and please don't hesitate to reach out to our main office at 970-488-5100 if you have any questions.



# You're Invited to our Kindergarten Open House

**THURSDAY, MAY 11TH  
ANY TIME BETWEEN 4:00-5:15PM**

at  
**Zach Elementary**

Come visit classrooms, tour the school, and meet teachers and staff! If your child isn't registered yet, we can help with the process.



## NOW BOOKING BIRTHDAY PARTIES!

Be the coolest parents on the block by hosting your child's birthday party at Ascent!


**BOOK TODAY!**

1.5 hours of climbing  
1 hour of party room time  
Saturdays & Sundays




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[ascentsstudio.com/parties](https://ascentsstudio.com/parties)

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STUDIO**



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<https://www.rockymountainnbh.com/>  
[admin@rockymountainnbh.com](mailto:admin@rockymountainnbh.com)  
970-568-8600

## ZACH STAFF APPRECIATION

**MAY  
08**

THANKS FOR HELPING ME GROW: PLEASE BRING FLOWERS/SEEDS OR PLANTS TO GIVE TO YOUR TEACHER AND STAFF MEMBERS.

**MAY  
09**

LET'S TACO BOUT OUR FAVORITE STAFF: TACO LUNCH. PLEASE SIGN UP HERE



**MAY  
10**

WRITE YOUR TEACHER/STAFF A NOTE OR DRAW THEM A PICTURE THANKING THEM FOR AN AWESOME SCHOOL YEAR.

**MAY  
11**

A BUILD YOUR YOGURT PARFAIT WILL BE PROVIDED AS A SPECIAL TREAT FOR ZACH STAFF. AND HELP OUR LEARNING COMMUNITY DO WHAT THEY DO BEST BY BRINGING IN BOOKS/SUPPLIES TO DONATE:



**MAY  
12**

WEAR YOUR TEACHER'S FAVORITE COLOR/ZACH SPIRIT GEAR. AND HELP YOUR HEART GROW BY SHOWING AN ACT OF KINDNESS TO A FRIEND OR STAFF.

We are here for your child's health!  
¡Estamos aquí para la salud de su hijo!

Schedule your school or sport physical today!

¡Programe hoy su examen físico para la escuela o deporte!



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(303) MYSALUD

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RIDE**



12 & UNDER THROUGH 5/31/23  
ADULTS FROM \$29





## Goodbye and Welcome

Goodbye:

Lori Eberle, Susan Mishak, Kaylie Johnson, Mary Baca, Janet Picha, and Sugandha Narayanan

Good Luck with your new journey!



Welcome:

Jeff Kenna, GT Teacher; Heather DeFazio, Kindergarten Teacher; Ashley Gonzalez, Kindergarten Teacher; Kevin Sawyer, 5th Grade Teacher; Stacey Towne, Office Manager; Brenna Meyer, Kindergarten Para.

## 2023-2024 School Year

Is your family moving over the summer and your child(ren) not returning to Zach in the fall? Please notify the Zach Office at [stowne@psdschools.org](mailto:stowne@psdschools.org). This will help us in planning for the next school year. We will also be able to expedite the process of sending your student's records to their new school.

## Lost and Found

Please be sure to stop by and check our lost and found for items your child(ren) may have lost at school. The lost and found will be outside the Zach front office on the sidewalk on the following dates:

May 24<sup>th</sup> & 25<sup>th</sup> 2:30-3:30pm

\*After May 25<sup>th</sup>, any items left will be donated.

The Women's Clinic of Northern Colorado advertisement. It features two photos: a woman sitting on a couch using a tablet, and a pregnant woman sitting on a bed. Below the photos is the clinic's logo, which includes a stylized 'W' and the text 'The Women's Clinic of Northern Colorado'. At the bottom, there is a dark purple button with the text 'Schedule Your Appointment Today!'.

Sponsorship space in this newsletter is extremely affordable!

Reach parents in your local community and a significant portion of your investment goes back to the school!

Want to sponsor this school?

Please contact Joe Mivshek at [SchoolNewsletterCompany@gmail.com](mailto:SchoolNewsletterCompany@gmail.com)

or  
(970) 420-7163.

## PE News

### Bike/Wheel/Walk to School

NATIONAL BIKE/WALK/WHEEL TO SCHOOL DAY IS WEDNESDAY, May 3rd!

Students that walk or wheel (bike, rollerblade, scooter, etc.) to school on Wednesday, May 3rd, can pick up a prize from Mr. U on the blacktop anytime from 7:40-8:00am. For those students that ride the bus or live too far away, they can walk to where the bus picks them up instead of getting dropped off or parents can drop their child off in Observatory, McClelland's Creek or Fossil Lake and they can walk the rest of the way to school to get a prize.

### Field Day

It's getting close to that time of the year again. Yes, it's the 21st annual Zach Elementary Field Day. Our field day will be on Wednesday, May 24th, from 12:45-2:30p.m. for kids in the **kindergarten, 1<sup>st</sup>, and 2nd grades**. Kids in **3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup>** grade will have theirs on Thursday, May 25<sup>th</sup> from 12:45-2:30pm. Parents are welcome to come and watch, but I am looking for some volunteers for either of those two days. Volunteering would include helping set up, take down and running an event. Set up will begin at 12:00 p.m. for both days. If you are interested in helping out one or even both days, please use the signup genius that Mr. U emailed out. **The more volunteers we get, the more smoothly field day will run.** Thanks for your time and I hope to see you all out there.

### Kids Heart Challenge

Thank you to everyone who contributed to the Kid's Heart Challenge! Zach raised \$6,044.37 for the American Heart Association and a received \$500 US Games Certificate to buy PE and Recess Equipment. Thank you, prizes will be handed out during PE class this week!

### Schools on the Move Challenge

Zach had almost 50% participation in the Schools on the Move Challenge and received a \$600 certificate to spend on PE and Recess Equipment, so thank you to all the students that took the 5210+9 challenge!!!

We understand the stress  
of caring for a sick child.

Our providers are here to help get  
your family on the fast track to healthy.



**CLICK IT**

Click on the  
Ads in this  
Newsletter



...to learn more about  
these great companies!



## Health Office Information

### IMPORTANT NOTE:

2022-2023 PSD Authorization and Release Forms as well as health care plans EXPIRE on May 26, 2023. If you plan on keeping medication at school for the 2023-2024 school year, complete a new and updated authorization form and healthcare plan.

### Medication Pick Up

Medications cannot be sent home with students at the end of the school year. Parents must pick up all medications on or before May 26, 2023.

Medications must be picked up by the end of the school day.

REMINDER: the last day of school is a half day. If medications need to be picked up before the last day of school, please make arrangements with the school nurse or health tech.

### Medication Disposal

The school nurse will follow state guidelines and dispose of all medications not picked up by 11:15am on the last day of school. Medications can't be kept in the health office over the summer. Thank you for your understanding.



Student Services  
1502 S Timberline Rd.  
Fort Collins, CO 80524

## Tdap Vaccine Requirement 2023-2024 School Year

**All 6th through 12th graders are required to have had a Tdap booster**

- Most secondary students have had this booster, and it is recorded on their school record.
- Students entering 6<sup>th</sup>-12<sup>th</sup> grade may still need the vaccine.
- The "p" (pertussis) has been added to the standard Td booster in order to protect teens against whooping cough.

**Prior to the first day of school, a copy of the immunization record from the doctor's office must be provided to the school.**

- If they have already received the booster, you may give this record to their current school before school is out.
- vaccines are recommended for Hepatitis A, Influenza, Meningococcal disease, and Human papillomavirus (HPV), but are not required.

Colorado law ([Board of Health rule 6 CCR 1009-2](#)) requires all students attending Colorado schools and licensed child cares to be vaccinated against certain diseases, unless an exemption is filed.

### Exceptions:

Beginning in the 2021-2022 school year, the process of filing a nonmedical exemption changed. There are two ways to file a nonmedical exemption. **Be sure to check with your student's school or child care to find out if it needs a copy of the certificate of exemption.**

- File the certificate of nonmedical exemption WITH a signature from an immunizing provider OR
- File the certificate of nonmedical exemption received upon the completion of our online education module.
  - [Immunization Education Module](#)
- Parents of students in grades K-12 claiming a nonmedical exemption must file one annually. **Nonmedical exemptions expire June 30 each year.** If you submit a nonmedical exemption on or before June 30, it will not be valid for the upcoming school year unless you signed the exemption during early registration.

Downloadable certificate of nonmedical exemption:

[English](#) | Other languages to be posted soon.

### To submit forms to us (optional):

Confidential Fax:

(303) 758-3640

Attn: Vaccine Exemption

Mail:

Colorado Immunization Branch

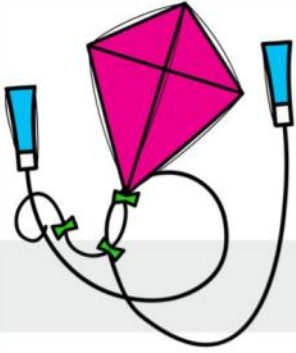
Attn: Vaccine Exemption

4300 Cherry Creek Drive South

Denver, CO 80246

- [Colorado Immunization Information System](#)
- [Contact](#)





# SEL NEWS

## MAY

### PLAY AND REST

We are moving toward the end of an exciting school year. Our classrooms have exciting events planned to celebrate, play, and have fun together as classroom communities. We are also looking forward to celebrating our Zach community at our Picnic on the Playground gathering on May 4 from 2:45 pm-4:30 pm. Hooray for play and celebration as a community!

As we shift to the summer months, our children may have the benefit of spending time with friends and family, exploring new interests (or current passions) in camps or classes, spending more time outside, and possibly some additional unstructured time to rest and play. The benefits of some unstructured playtime include increased opportunities for problem solving, planning, developing new ideas, and fostering creativity. There is also evidence supporting the connection between mindfulness and executive functioning skills. Time to just "be" without screens allows children to attune to their environment, their senses, and their own thoughts and can help support this practice.

Additional reading: [ChildMind: The Benefits of Boredom](#)

Sources: PBS for Parents, ChildMind Institute, Children's Heart Network BC

### SUMMER READING

If you are participating in the summer reading challenge (see link below), creating a family book club, or just enjoying a bit of extra time for your kids to read, summer is a great time to explore a new book. These lists include chapter books that explore the Social Emotional Learning themes of: self awareness, self management, social awareness, relationship skills, and responsible decision making.

[SEL themed chapter book list](#)

[Children's Picture Book List: SEL themes](#)

### ACTIVITIES

Check out these resources for summer activities for kids and families:

[Fort Collins Recreator: Summer 2023](#)

[Poudre River Library District: Summer Kids' Activities](#)

[Summer Camps & Activities for Kids in Northern Colorado](#)

### SEL IN THE CLASSROOM

In May, Mrs. Fierro will join classrooms for our final rotation of SEL lessons in Kindergarten & 3<sup>rd</sup> – 5<sup>th</sup> grade classrooms. We will continue practicing problem solving skills, making amends, and taking responsibility when problem solving. In 1<sup>st</sup> and 2<sup>nd</sup> grade, we will focus on Social and Emotional Learning practice in small WIN groups.





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Joe Mivshek

Joe.Mivshek@KW.com

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970.420.7163





# Poudre School District 2023-24

## K-12 District Calendar\*\*

### 2023

AUGUST						
S	M	T	W	TH	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	T	★	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

SEPTEMBER						
S	M	T	W	TH	F	S
					1	2
3	X	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	X	23
24	25	26	27	28	29	30

OCTOBER						
S	M	T	W	TH	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	E	X	21
22	23	24	25	26	27	28
29	30	31				

### 2024

NOVEMBER						
S	M	T	W	TH	F	S
			1	2	3	4
5	6	7	8	9	X	11
12	13	14	15	16	17	18
19	X	X	X	X	X	25
26	27	28	29	30		

DECEMBER						
S	M	T	W	TH	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	X	X	X	X	X	30
31						

JANUARY						
S	M	T	W	TH	F	S
	X	X	X	X	X	6
7	X	9	10	11	12	13
14	X	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY						
S	M	T	W	TH	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	X	20	21	22	23	24
25	26	27	28	29		

MARCH						
S	M	T	W	TH	F	S
					1	2
3	4	5	6	7	8	9
10	X	X	X	X	X	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

APRIL						
S	M	T	W	TH	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	X	20
21	22	23	24	25	26	27
28	29	30				

MAY						
S	M	T	W	TH	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	X	25
26	X	28	29	★	31	

JUNE						
S	M	T	W	TH	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

JULY						
S	M	T	W	TH	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

\*\*Non-student contact days, designated staff days, are interchangeable (TBD in Spring)

\*\*PreK and Integrated Services Transition Programs may have different calendars. Check with the applicable department for details.

- T Transition Day (6th and 9th grade only)
- Student Days
- School not in session - staff on duty

(B/W = Building Work Day, W = Staff Work Day)

- K12 School not in session - staff exchange day
- ★ Elementary Schools not in session - staff exchange day
- ★ First and Last Day for all Students
- SB School Break - School not in session
- Holiday - PSD District Offices Closed

- D District Professional Learning Day
- District Offices operating, but closed to public
- Board of Education Meeting Date



# "See Something, Say Something"

## Report an Issue

*If you are experiencing an emergency, please call "911" for assistance.*

988 Suicide & Crisis Lifeline: If you or someone you know is struggling or in crisis, help is available - call or text 988 or chat [988lifeline.org](https://988lifeline.org).

Poudre School District believes in ensuring all people - students, parents and staff - are honored in our schools and workplaces. It is important that you report your concerns or what you and/or a friend/colleague have experienced. Striving towards inclusive excellence takes us all.

To support our commitment, PSD has three ways to report the things that negatively impact the student and staff experience in our district.

## Make a Report

<p><b><u>Safe2Tell</u></b></p> <p>Report a safety concern on the <a href="#">Safe2Tell website here</a> or call 1-877-542-7233.</p> <p>See examples below or complete information on the <a href="#">PSD Safe2Tell Report Process web page</a>.</p>	<p><b><u>Sexual Harassment</u></b></p> <p>Report sexual harassment on the <a href="#">PSD Title IX Incidents Reporting platform here</a>.</p> <p>See examples below or complete information on the <a href="#">Sexual Harassment (Title IX) Report</a></p>	<p><b><u>Incident Report</u></b></p> <p>Report an incident (non-Title IX) on the <a href="#">PSD Incident Reporting platform here</a>.</p> <p>See examples below or for complete information, visit the <a href="#">PSD Incident Report Process web page</a>.</p>
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## Key Details and Examples

<p><b><u>Safe2Tell</u></b></p> <p>Safe2Tell Colorado provides an anonymous way for students, parents, school staff and community members to report concerns regarding their safety.</p> <p><b>Examples:</b></p> <ul style="list-style-type: none"> <li>• Threat of harm to others</li> <li>• Threat of harm to self</li> <li>• Illegal activity</li> </ul>	<p><b><u>Sexual Harassment</u></b></p> <p><a href="#">Title IX of the Education Amendments of 1972</a> prohibits discrimination based on sex in education programs and activities (including sexual harassment, sexual violence, and gender-based harassment).</p> <p><b>Examples:</b></p> <ul style="list-style-type: none"> <li>• Sexual harassment</li> <li>• Discrimination based on sex and/or gender</li> </ul>	<p><b><u>Incident Report</u></b></p> <p>Students, parents and staff can report experiences that negatively impact their education based on race, gender, culture, religious belief, socio-economic status and sexual orientation.</p> <p><b>Examples:</b></p> <ul style="list-style-type: none"> <li>• Discrimination based on culture or ethnicity</li> <li>• Bullying</li> <li>• Racial and homophobic slander</li> <li>• Anti-Semitism</li> </ul>
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**STEM-X 2023 SUMMER CAMP**

**REGISTRATION**  
**OPENS THIS MONDAY**  
**APRIL 3, 2023**  
**AT 9:00 AM AT**  
**[WWW.PSDFUTUREREADY.ORG/STEM-X](http://WWW.PSDFUTUREREADY.ORG/STEM-X)**

POUDRE HIGH SCHOOL: JUNE 5-9  
PRESTON MIDDLE SCHOOL: JUNE 12-16  
Students entering grades 1-9



POUDRE SCHOOL DISTRICT  
NORTHERN COLORADO





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and P-12 teachers

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Experiential Programs

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Industry and Leadership



Interdisciplinary Programs



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Sport Programs



Programs for P-12 Teachers

Scan the QR code or visit:  
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# **AIN'T NOTHIN' SOFT ABOUT IT!**

**YOUTH SOFTBALL CAMP 2023**

**JUNE 12TH-14TH  
9 A.M. TO 11 A.M.  
POUDRE HIGH SCHOOL  
WEST SIDE VARSITY FIELD**

**\$50 REGISTRATION FEE**

**SCAN QR CODE FOR  
PAYMENT AND REGISTRATION**







# Poudre Basketball

## Summer Hoops Camp 2023

- Where is the Camp?
  - Poudre High School
- When is the Camp?
  - Tuesday, May 30 – Friday, June 2
  - 8:30am to 11:00 am daily
  - Gym doors open at 7:55am each day for check-in
- Who Attends the Camp?
  - BOYS and GIRLS!
  - Entering grades 2 – 9 for the 2022 – 2023 school year
- Who Coaches the camp?
  - Jeff Brubaker (Head Coach) – Camp Director
  - Bob Hix, Jacob Stein, Andrew Bogus, Darrol Telck (Assistant Coaches)
  - Current and former players
  - Male and female coaches
- What do we do?
  - 1<sup>st</sup> half of camp is focused on skill development: shooting, ball handling, passing and defense all emphasized
  - 2<sup>nd</sup> half of each camp is for competitions and scrimmages
    - Competitions include: hot shot, dribble tag, around the world
- How Much \$?
  - \$100 – If possible, please send in money and waiver early to reserve your spot.
  - Register online at [poudrehoops.com](http://poudrehoops.com)
  - Day of Registration and payment is allowed
  - Each camper will get a t-shirt and basketball
- Questions?
  - Contact Jeff Brubaker at [jebrubak@psdschools.org](mailto:jebrubak@psdschools.org)



## Camp Registration and Payment Form

- Fill out info below and send in with payment.
  - Poudre High School, 201 Impala Drive, Fort Collins, CO 80521, Attn: Jeff Brubaker
- Acceptable payments: Cash or check

- **PLEASE MAKE CHECKS OUT TO SILVER AND BLUE  
HOOPS CLUB**

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Name of Camper:

Grade of Camper and school they attend (2023 – 2024 school year):

Parent/Guardian Email:

Parent/Guardian Cell Number:

Camp Waiver: *I hereby release Poudre School District, Poudre High School, and all coaches and/or staff members from all liability from any injury or illness that may result from my child's participation in camp. I certify that my child is in good physical health and can participate in all camp activities. In the event that I cannot be reached in a medical emergency, I hereby grant permission to the camp directors to act on my behalf in case of a medical emergency.*

Parent/Guardian Signature:

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Date:

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## Zach Breakfast Menu

May 2023

Zach Elementary  
Breakfast**MONDAY****1**

- Breakfast Round
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**TUESDAY****2**

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**WEDNESDAY****3**

- French toast sticks
- Sausage Patty
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**THURSDAY****4**

- Mini Pancakes
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**FRIDAY****5**

- Egg, Cheese & Bacon Breakfast Burrito
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**8**

- Breakfast Sausage Pizza
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**9**

- Mini Cinnamon Rolls
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**10**

- Pancake & Sausage Wrap
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**11**

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**12**

- Whole Grain Waffle, Chocolate Chip
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**15****16**

- French toast sticks
- Sausage Patty
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**17**

- Breakfast Sausage Pizza
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**18**

- Mini Pancakes
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**19**

- Mini Cinnamon Rolls
- Muffin Assorted & Yogurt Variety
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**22**

- Whole Grain Waffle, Chocolate Chip
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**23**

- Egg, Cheese & Bacon Breakfast Burrito
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**24**

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**25**

- WGR Grahamz Crackers
- Yogurt
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

**26**

- Pancake & Sausage Wrap
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice



**29****30****31**



## Zach Lunch Menu

May 2023

Zach Elementary  
Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<ul style="list-style-type: none"> <li>Pizza Bites</li> <li>Chicken Nuggets</li> <li>Cold Deli Meat &amp; Goldfish</li> <li>ColdDeli Yogurt &amp; Goldfish or Pretzels</li> <li>Pb&amp;J Sandwich</li> <li>Steamed Broccoli</li> <li>Nugget Dipping Sauces</li> <li>Assorted Italian Condiments</li> </ul>	<ul style="list-style-type: none"> <li>Hamburger &amp; Cheeseburger</li> <li>Mac &amp; Cheese</li> <li>Cold Deli Meat &amp; Goldfish</li> <li>ColdDeli Yogurt &amp; Goldfish or Pretzels</li> <li>Pb&amp;J Sandwich</li> <li>Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Patty Sandwich</li> <li>Chef Salad &amp; Roll</li> <li>Cold Deli Meat &amp; Goldfish</li> <li>ColdDeli Yogurt &amp; Goldfish or Pretzels</li> <li>Pb&amp;J Sandwich</li> <li>Steamed Veggies</li> </ul>	<ul style="list-style-type: none"> <li>Beef Taco &amp; Rice</li> <li>Chicken Strips</li> <li>Cold Deli Meat &amp; Goldfish</li> <li>ColdDeli Yogurt &amp; Goldfish or Pretzels</li> <li>Pb&amp;J Sandwich</li> <li>Black Beans</li> <li>Nugget Dipping Sauces</li> <li>Mexican Condiments-ELEM</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Cold Deli Meat &amp; Goldfish</li> <li>ColdDeli Yogurt &amp; Goldfish or Pretzels</li> <li>Pb&amp;J Sandwich</li> <li>Peas</li> <li>Assorted Italian Condiments</li> </ul>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<ul style="list-style-type: none"> <li>Meatball Sandwich</li> <li>Cheese Calzone &amp; Marinara</li> <li>Cold Deli Meat &amp; Roll</li> <li>Cold Deli Yogurt &amp; Roll</li> <li>Pb&amp;J Sandwich</li> <li>Corn</li> <li>Assorted Italian Condiments</li> </ul>	<ul style="list-style-type: none"> <li>Lasagna with Veggies</li> <li>Chicken Drumstick &amp; Roll</li> <li>Cold Deli Meat &amp; Roll</li> <li>Cold Deli Yogurt &amp; Roll</li> <li>Pb&amp;J Sandwich</li> <li>Green Beans</li> <li>Assorted Italian Condiments</li> </ul>	<ul style="list-style-type: none"> <li>Tomato Soup &amp; Grilled Cheese</li> <li>Fish Sticks</li> <li>Cold Deli Meat &amp; Roll</li> <li>Cold Deli Yogurt &amp; Roll</li> <li>Pb&amp;J Sandwich</li> <li>Steamed Broccoli</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Burrito</li> <li>Hot Dog</li> <li>Cold Deli Meat &amp; Roll</li> <li>Cold Deli Yogurt &amp; Roll</li> <li>Pb&amp;J Sandwich</li> <li>Refried Beans</li> <li>Mexican Condiments-ELEM</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Hummus &amp; Veggie Box</li> <li>Cold Deli Yogurt &amp; Roll</li> <li>Pb&amp;J Sandwich</li> <li>Steamed Carrots</li> <li>Assorted Italian Condiments</li> </ul>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
	<ul style="list-style-type: none"> <li>Chicken Tacos &amp; Rice</li> <li>Pizza Bites</li> <li>Cold Deli Meat &amp; Pretzels</li> <li>Cold Deli Yogurt &amp; Pretzel or Goldfish</li> <li>Pb&amp;J Sandwich</li> <li>Black Beans</li> <li>Mexican Condiments-ELEM</li> </ul>	<ul style="list-style-type: none"> <li>Asian Meatballs &amp; Rice</li> <li>Chicken Patty Sandwich</li> <li>Cold Deli Meat &amp; Pretzels</li> <li>Cold Deli Yogurt &amp; Pretzel or Goldfish</li> <li>Pb&amp;J Sandwich</li> <li>Steamed Veggies</li> </ul>	<ul style="list-style-type: none"> <li>Mac &amp; Cheese</li> <li>Cheese Calzone &amp; Marinara</li> <li>Cold Deli Meat &amp; Pretzels</li> <li>Cold Deli Yogurt &amp; Pretzel or Goldfish</li> <li>Pb&amp;J Sandwich</li> <li>Green Beans</li> <li>Assorted Italian Condiments</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Cold Deli Meat &amp; Pretzels</li> <li>Cold Deli Yogurt &amp; Pretzel or Goldfish</li> <li>Pb&amp;J Sandwich</li> <li>Peas</li> <li>Assorted Italian Condiments</li> </ul>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<ul style="list-style-type: none"> <li>Hamburger &amp; Cheeseburger</li> <li>Cheese Ravioli &amp; Roll</li> <li>Cold Deli Meat &amp; Roll</li> <li>Cold Deli Yogurt &amp; Roll</li> <li>Pb&amp;J Sandwich</li> <li>Corn</li> <li>Assorted Italian Condiments</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Drumstick &amp; Roll</li> <li>Yogurt Parfait</li> <li>Cold Deli Meat &amp; Roll</li> <li>Cold Deli Yogurt &amp; Roll</li> <li>Pb&amp;J Sandwich</li> <li>Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>Tomato Soup &amp; Grilled Cheese</li> <li>Fish Sticks</li> <li>Cold Deli Meat &amp; Roll</li> <li>Cold Deli Yogurt &amp; Roll</li> <li>Pb&amp;J Sandwich</li> <li>Tomato Basil Soup</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Pepperoni Pizza</li> <li>Cold Deli Meat &amp; Roll</li> <li>Cold Deli Yogurt &amp; Roll</li> <li>Pb&amp;J Sandwich</li> <li>Steamed Carrots</li> <li>Assorted Italian Condiments</li> </ul>	
<b>29</b>	<b>30</b>	<b>31</b>	<b>Food Offered Daily:</b> <ul style="list-style-type: none"> <li>Salad Bar</li> <li>Fruit Salad</li> <li>Assorted Salad Dressings</li> <li>Whole Wheat Dinner Roll</li> <li>Chocolate Milk</li> <li>Milk fat free</li> <li>Milk low fat 1%</li> <li>Assorted Condiments</li> </ul>	

## Calendar of Events



**Tuesday, May 2**

9:00am 4th Grade Field Trip- Centennial Village

**Wednesday, May 3**

5:30pm Kinder Music Program

**Thursday, May 4**

9:00am Gardens on Spring Creek-2nd Grade

**Friday, May 5**

8:15am Coffee and Conversation with Angel

2:45pm Picnic on the Playground

**Monday, May 8**

Staff Appreciation Week

**Tuesday, May 9**

Staff Appreciation Week

**Wednesday, May 10**

Staff Appreciation Week

12:00pm PTO Meeting

**Thursday, May 11**

Staff Appreciation Week

4:00pm Kindergarten Open House

**Friday, May 12**

Staff Appreciation Week

**Monday, May 15**

No School- Staff Work Day

**Tuesday, May 16**

9:00am Denver Zoo Field Trip-1st Grade

**Wednesday, May 17**

10:15am Kindergarten Field Trip-CSU  
Environmental Learning Ctr

**Friday, May 19**

8:30am Hollywood Awards Celebration-1st Grade

**Tuesday, May 23**

8:30am Kinder Blast

12:30pm Kinder Blast

**Wednesday, May 24**

10:20am 3rd Grade Field Trip-Larimer County  
Landfill & Recycle Center

12:45pm Field Day K-2

**Thursday, May 25**

12:30pm 2nd Grade Field Trip-Radiant Park

12:45pm Field Day 3rd-5th

**Friday, May 26**

Last Day of School

10:00am 5th Grade Promotion

11:13am Dismissal