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ZACH ELEMENTARY SCHOOL



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of the  
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**Zach**  
**Elementary School**  
**3715 Kechter Road**  
**Fort Collins, CO**  
**80528**

Office Phone  
970.488.5100

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970.488.5105

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970.488.5106

Principal  
Aisha Thomas

Assistant Principal  
John Berg

PSD Website  
[Click Here](#)



## Message from the Principal

Dear Zach Families,

I am so glad that we, as a community, truly have internalized what it means to "rollwithit"! Wow! What a whirlwind of a school year we've been on...and it's only October 2nd! Thank you so much for your support of our school. Please take a moment this weekend, to reach out and send a positive note of encouragement to your child's teachers. They are seriously working day and night to make the best possible @Zach and @ZOLA education for your child. I'm so impressed with all of us- the whole Zach community! What a wonderful and special place to belong to! This newsletter has SO much stuff- just jam packed with info. If you have any questions, feel free to reach out to me!



**Aisha Thomas** · Principal  
**Zach Elementary School**

"Together We Inspire"  
[taisha@psdschools.org](mailto:taisha@psdschools.org)  
Phone: 970.488.5101



Website: [zac.psdschools.org](http://zac.psdschools.org)  
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## Important Information on Phase 3

### Q: When will my student come to Zach to learn?

A: On October 5th, Kinder, first, and second grades will begin @Zach days on an "A/B" day rotation.

On October 19th, third, fourth, and fifth grades will begin @Zach on an "A/B" day rotation.

**There is no school for anyone on October 15th and 16th.**

### Q: What is "A/B" Day?

A: "A" day group students attend @Zach days on Mondays and Wednesdays, while "B" day group students attend @Zach days Tuesdays and Thursdays.

"A" day group students attend @ZOLA days on Tuesdays, Thursdays, & Fridays.

While "B" day group students attend @ZOLA days Mondays, Wednesdays, and Fridays.

You can view your child's assigned day in ParentVue.

### Q: When will attendance be taken?

A: Attendance will be taken M-F, 5 days a week at 8:15am, whether a student is @Zach, or @ZOLA.

### Q: What time will @Zach be?

A: 8:15am-2:53pm. Students can arrive to school no sooner than 7:55am and head to their classroom where they are expected to silently read until 8:15am. Students will have a staggered dismissal by homeroom class:

2:40 Kindergarten  
2:47-2:51pm 1<sup>st</sup> Grade  
2:45-2:51pm 2<sup>nd</sup> Grade  
3<sup>rd</sup>-5<sup>th</sup> TBD

### Q: What are the expectations of my child @Zach days?

A: All staff and students must wear a cloth mask. For students, we recommend a gaiter mask or a lanyard that attaches to a typical mask so that during mask breaks and recess, the mask is not lost.

View this great short video about our return: [https://youtu.be/WIPx\\_IJc0fM](https://youtu.be/WIPx_IJc0fM)



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## Important Information on Phase 3

### Q: What is the routine for @Zach learning days?

A: Beginning Oct 5 for Kinder, 1st, and 2nd grades; then beginning Oct 19 for 3rd, 4th, and 5th grades...

We, as a Zach staff, are truly looking forward to finally seeing our students in person! We are planning on a safe transition back to school. You will receive details on the changes to drop-off/pick-up in a separate email next week.

In essence, each grade level has a designated entry/exit door. No adult visitors are allowed past the gates or into the building. There will be clear directions for physical distancing. Upon entering the classroom, students need to unpack their backpacks, get laptops set up on desk, and either eat breakfast or silent read. Students can get a brown bag breakfast for today & a white bag breakfast for tomorrow. Students will participate in an online check-in at 8:15am with their whole class. Direct instruction throughout the day will continue through our Google Meets platform for all @Zach and @ZOLA students simultaneously. When it's time for independent practice, @ZOLA students work independently off camera, and 1st-5th graders @Zach students work with live teacher interaction. Kindergarten is a little different and the homeroom teachers will communicate the schedule. Students will stay in the homeroom for most all their learning. They will exit the classroom to go to Specials and possibly for small group interventions. Physical distancing will be in effect for the whole day.

### Q: What is the routine for @ZOLA learning days?

A: Beginning Oct 5 for Kinder, 1st, and 2nd grades; then beginning Oct 19 for 3rd, 4th, and 5th grades...

We, as a Zach staff, are not willing to compromise on being able to have the most access possible to our students, thus we are planning for continuous lesson instruction Monday-Thursday. All students will participate in an 8:15am-8:30am daily online check-in with their homeroom class. When students are at home learning (@ZOLA), they will have a schedule of live instruction that they need to view online. Students will always continue to participate in small group interventions online while @ZOLA. Students will not have Specials classes on these days, but there are lots of extension activities on the Specials websites should you choose to access that. Their homeroom teacher will provide this schedule to you. In addition, they will have 1-2 hours of independent study work over the course of the entire school day. On a student's @ZOLA days, they can go to Kinard Middle School to pick up a free sack lunch for that day. Please note, the Zach kitchen will not be available for students on @ZOLA days.

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## Important Information on Phase 3, continued...

### Q: Does my child bring their laptop to school?

A: Kinder, 1<sup>st</sup>, 2<sup>nd</sup>, does not need to bring it to school; 3<sup>rd</sup>-5<sup>th</sup> graders will need their laptop and mouse with them Monday-Friday, no matter where they are learning. If you have a school laptop charger at home, you can keep it at home. If your child is bringing a personal device to school, they need to bring the charger.

### Q: What supplies will my child need to bring?

A: All students will need to have supplies both at school and home. Please make sure they have a pair of headphones with mic at home, and a pair of headphones at school. Please bring to school all the "extra" supplies like glue sticks, pencils, etc that your teacher asked you to set aside at the beginning of the year.

Be sure your child still has scissors, glue, pencils, crayons, etc available in their learning space at home.

### Q: When and where will my child eat lunch?

A: Students will eat lunch during their normally scheduled time in the classroom (or perhaps outside as weather and space dictates). Your child can bring their own cold lunch from home or get a school sack lunch from our cafeteria. Our school sack lunches are free through December, per the USDA. **No visitors are allowed to join our students during lunch.**

### Q: When and where will my child eat breakfast?

A: If students don't eat breakfast at home, students @Zach days can get their free school sack breakfast from the cafeteria beginning at 7:50am and go to the classroom to eat. Students can get a breakfast to eat that day and another breakfast to put in their backpack for @ZOLA days. Those breakfasts will not require refrigeration.

### Q: When will parent teacher conferences be?

A: We held optional listening conferences for every ZOLA student in September. Additional individual conferences will be available school wide in November 10<sup>th</sup>-19<sup>th</sup>. Signups will come from homeroom teacher.



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## Student COVID-19 Face Coverings Protocols

### Student COVID-19 Face Coverings Protocols 2020-2021 School Year

During the 2020-21 school year, the health and safety of students, staff and the community is a top priority as Poudre School District educates children while adapting to the ever-changing COVID-19 pandemic. Cloth face coverings over the nose and mouth are one of the best measures for preventing the transmission of COVID-19. The purpose of a cloth face covering is also to protect others around you in case you have the virus but don't know it.

District and school leaders will continue to work with and follow guidance and orders from public health officials to meet evolving health and safety requirements and to implement district COVID-19 protocols at all schools and sites. Throughout the year, procedures and expectations will be monitored continuously to ensure schools and district buildings are safe environments for everyone. We expect all students, staff and families to follow all health and safety protocols, guidelines and procedures this school year to keep everyone as safe as possible.

Some local and state agencies the District is working with and following guidance from include the:

- Larimer County Department of Health and Environment (LCDHE)
- Colorado Department of Education (CDE)
- Colorado Department of Public Health and Environment (CDPHE)
- Colorado Governor's Office
- Centers for Disease Control and Prevention (CDC)

*Please note that as federal, state, and local officials continue to issue guidance and orders regarding the use of face coverings, this protocol may be subject to change or further clarification. Poudre School District will inform families of changes or clarifications to this protocol.*

Students are expected to follow the three W's when in school: Wear a mask, watch your distance, wash your hands. Parents/guardians will be responsible for providing cloth face coverings that follow [Larimer County health guidance](#) and cover your nose and mouth.

If students repeatedly refuse to wear a cloth face covering or otherwise repeatedly fail to comply with this protocol, the willful disobedience or defiance to follow direction from school staff will be considered grounds for student discipline up to and including suspension or expulsion and/or require a transfer to PSD Virtual, PSD's 100 percent online option for the 2020-21 school year.

#### **Cloth Face Coverings**

All students are required to wear cloth face coverings when on school grounds.

*This protocol is subject to change based on continued guidance from federal, state, and local authorities*

*Revised September 30, 2020*

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## Student COVID-19 Face Coverings Protocols, continued...

- Students must wear cloth face coverings at all times in school buildings, when riding the bus, when entering and exiting the school building, and during transitions in the school building. Students will not be permitted to board a PSD bus without a cloth face covering.

Students may remove their cloth face covering in the limited following circumstances:

- During approved outdoor "mask breaks,"
- During recess, following public health guidelines,
- When eating and/or drinking while indoors during designated times (e.g., lunch), so long as they remain in their assigned cohort and follow physical distancing, and
- When eating outdoors and following physical distancing

Student face coverings must comply with [District Policy JICA - Student Dress](#). Students wearing a face covering prohibited by Policy JICA will be notified of the violation, asked to remove the face covering, and be provided with a substitute face covering that meets public health guidance. Habitual or serious violations of Policy JICA may result in more severe disciplinary consequences, including suspension or expulsion, or a transfer to PSD Virtual.

Students are required to bring at least one clean face covering to school each day they are in school. Students are encouraged to keep an additional clean face covering in a plastic/Ziploc bag at school in the event the student's face covering becomes damaged or dirty during the school day. Disposable cloth face coverings will be made available to students who forget to bring one or are unable to provide one. Students who habitually forget to bring a face covering to school may be subject to a parent conference with the school administrator and further disciplinary measures.

### Request for medical exemptions to address individual student needs

There may be limited and rare circumstances where students with disabilities or certain medical conditions may not be able to wear a cloth face covering. Parents/guardians should notify their school principal if they believe their student is unable to wear a face covering at school. The school principal will engage in a process with the parent/guardian to consider the request and the student's individual needs. Specific medical documentation would likely be necessary before an exemption could be approved. If a medical exemption is warranted, the principal and/or other appropriate PSD staff will work together with the parent/guardian to provide options or alternatives to the cloth face covering requirement.

### Cloth Face Covering Guidance

Based on [guidance from public health officials](#), the following do not meet the requirements of this protocol because they have limited impact on preventing transmission:

- A face covering that does not fit snugly against the side of the face, such as a bandana or a scarf; or
- A face shield alone. If a face shield is worn, it must be coupled with a cloth face covering to meet public health guidance.

*This protocol is subject to change based on continued guidance from federal, state, and local authorities*

Cloth Face Coverings Should:	Cloth Face Coverings Should Not:
<ul style="list-style-type: none"> <li>• Be clean and in good repair.</li> <li>• Fit snugly, but comfortably against the side of the face.</li> <li>• Be secure.</li> <li>• Include multiple layers of fabric.</li> <li>• Allow for breathing without restriction.</li> <li>• Be able to be laundered and machine dried.</li> <li>• Be on the wearer's face.</li> <li>• Be laundered on a daily basis.</li> </ul>	<ul style="list-style-type: none"> <li>• Have anything hanging off the facial covering that would create a food safety hazard.</li> <li>• Have holes or tears.</li> <li>• Masks should not be shared with others.</li> </ul>

*This protocol is subject to change based on continued guidance from federal, state, and local authorities*

## Families That Choose Not to Return to Zach

For personal reasons, you may decide you don't feel comfortable sending your child to school in person. I completely understand! It's a personal family choice. In PSD, we are not allowed to support you 100% online. Here are your choices for your child's learning within PSD:

1. Attend Phase 3 at Zach on A/B Days (see above plan.)
2. Complete and turn in a "Transfer Request" to PSDV.
3. Register as a homeschool student. This option does include either an 100% homeschool or a hybrid-homeschool.

Please know that this decision is yours to make, and it is a school year commitment, but they are welcome back for the 21-22 school year.

If you are requesting a district transfer to PSDV, you need to complete the attached School Transfer Request and send to [angelh@psdschools.org](mailto:angelh@psdschools.org)

If you are wanting to homeschool, here are your steps:

1. Determine if you are doing "homeschool" or "hybrid-homeschool".
2. Email [stowne@psdschools.org](mailto:stowne@psdschools.org) that you are withdrawing from Zach to homeschool (remember, this is a commitment through May.)
3. Email a notice of intent to our PSD Homeschool Coordinator, Troy Krotz, at [tkrotz@psdschools.org](mailto:tkrotz@psdschools.org)
4. If you choose hybrid-homeschool, schedule a 15- minute conference with Mrs. Thomas to create your child's schedule. Email [mbaca@psdschools.org](mailto:mbaca@psdschools.org) to schedule your appointment.

### Q: Where can I get information on PSDV?

A: Check out this website at <https://www.psdschools.org/psd2020-21/psdvirtual>

### Q: What is the difference between "homeschool" and "hybrid-homeschool"?

A: Both models mean you are responsible for your child's learning. Both models mean you do not have access to our teachers for any resources, you are responsible to find/create all learning materials.

Homeschool model is that you determine 100% of the details regarding your child's learning and cannot use PSD resources, including you need to return all technology and textbooks. You can keep the Envision math book.

Hybrid-homeschool model is where you design your child's learning, and they also attend 6 hours a week of @ZOLA instruction. This is ONLY valid while we are in Phase 3! Once we go to Phase 4 and beyond, your child would need to attend in person at Zach for their 6 hours a week!

For hybrid-homeschool, you can continue to use PSD resources like the school laptop and textbooks. Essentially, your child plugs into our schedule for any subjects you like (Specials, WIN, Math, etc) to equal a total of 6 hours a week. The remainder of your child's learning is up to you. You do not have access to Zach teachers for subjects you choose to homeschool.

### Q: What resources could I use to create a homeschool curriculum for my child?

A: We are creating a webpage within our Zach website to share lots of great resources for you. It will host all our grade level topic curriculum maps for a normal year, plus great websites and videos to support you. Just click here at <https://zac.psdschools.org/> and then click "Parents", then "Hybrid-Homeschool".

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## Student Absence Reporting

Student absences will be reported on ParentVue, unless the student is experiencing COVID-19 symptoms, been exposed to COVID-19, and/or been tested for COVID-19. If that is the case, please call the attendance line to reports your student's absence. Please submit your absence by 8am the day your child will be absent. To report an absence, log on to your ParentVue account <https://www.psdschools.org/ParentVUE> next to your student is a report absence button, click on that button and fill out the information for the absence. Please enter the date, choose one the reasons for absence, absence or illness, and enter a note to explain the reason for absence. Once all the information is filled out, click save. Students that are absent with no parent reporting it in ParentVue will be marked unexcused.

## Immunization Records

In compliance with the state law, all children in Colorado schools must have a complete up-to-date immunization record on file in the school office. Exceptions to immunizations must be completed on an annual basis. Students without immunizations or exemptions cannot attend school. Exemption forms are attached to this email.

## Medication



All prescription medication must be in the original bottle and accompanied by written permission from the physician and the parent/guardian. Over the counter medications such as cough drops, Tylenol, etc. whether long-term or short-term, require a permission slip signed by a physician and parent/guardian and must be in the container in which they were purchased. Forms are available in the school office as well as attached to this email. All medications must be kept in a locked cabinet in the school health office. Students may not keep medications in their lunchboxes, desks, coats, etc. and administer them to themselves. Exceptions to this rule apply with respect to asthma, food allergy and anaphylaxis health management, in accordance with state law and PSD policy.



## K-2 Morning Drop-off

### Safety:

- All adults, students, and staff members are to wear a cloth mask while on the Zach campus and are expected to maintain physical distancing protocol.
- Zach staff will be wearing a bright orange or neon yellow vest.
- No cell phone usage while in vehicles.

### Breakfast:

Breakfast will be served outside, at the current lunch location, from 7:45-8:10 AM. Students will eat their breakfast in the designated area during this time.

### K-2 Morning drop-off:

- School starts at 8:15 AM.
- See attached map for specific location.
- Staff are on duty at Kiss and Go and the entry door locations from 7:55-8:15 AM.
- If you arrive after 8:15 AM, your child must enter through the main entrance.

### Kindergarten Drop-off:

- Students will enter the playground area via the main playground gate beginning at 7:55 AM. Parents may walk their child to the gate where you will be met by Kindergarten staff. Only students and staff are allowed into the gated area.
- If you drive to school, please park in the south parking lot and cross at the designated crosswalk area. There will be a staff member on duty at the crosswalk.
- Students on bikes and scooters will park their equipment on the bike racks and then head immediately to their entry location.

### 1<sup>st</sup> Grade Drop-off:

- If you drive to school, use the Kiss and Go lane where your child will exit the vehicle after the crosswalk. Staff will be on duty from 7:55-8:15 AM.
- Students will line up near the main entrance location at the designated color and sign for their classroom. They may begin entering school at 7:55 AM.
- Students on bikes and scooters will park their equipment on the bike racks and then head immediately to their entry location.

### 2<sup>nd</sup> Grade Drop-off:

- If you drive to school, use the Kiss and Go lane where your child will exit the vehicle after the crosswalk. Staff will be on duty from 7:55-8:15 AM.
- Students will line up at the west entrance location at the designated color and sign for their classroom. They will begin entering school at 7:55 AM.
- Students on bikes and scooters will park their equipment on the bike racks and then head immediately to their entry location.

### 3<sup>rd</sup>-5<sup>th</sup> grades:

- Plans for 3<sup>rd</sup>-5<sup>th</sup> grades will be upcoming in the Family Memo on 10/9/20 and 10/14/20. See the attached map for assigned entry and exit locations for these grade levels.

## K-2 Afternoon Pick-up

### Safety:

- All adults, students, and staff members are to wear a cloth mask while on the Zach campus and are expected to maintain physical distancing protocol.
- Zach staff will be wearing a bright orange or neon yellow vest.
- No cell phone usage while in vehicles

### K-2 Afternoon Pick-up:

- See below for dismissal times for grades 1 & 2, Kindergarten dismisses at 2:40 PM
- See attached map for specific location.
- Staff are on duty at Kiss and Go from 2:53-3:15 PM.
- Families should develop a “meeting place” or “sibling pickup” area where parents, guardians, and/or older siblings can connect with younger siblings after school. Use one of the assigned locations for Kindergarten, 1<sup>st</sup>, or 2<sup>nd</sup> grades as those areas are away from entry/exit doors.
- Parents may park along Muskrat Creek or Kechter Road while keeping clear of designated crosswalks and 100 feet from stop signs.

### Kindergarten Pick-up:

- Students will be supervised by Kindergarten staff inside the main playground gate area (where they entered in the AM) beginning at the 2:40 PM dismissal time. Parents are to wait outside the gated area and staff will release your child to you upon your arrival. Only students and staff are allowed into the gated area.
- If you drive to school, please park in the south parking lot and cross at the designated crosswalk area.
- Students on bikes and scooters will pick up their equipment on the bike racks and then immediately exit through the main playground gate (where they entered in the AM).

### 1<sup>st</sup> Grade Pick-up:

- Students will depart via the main entrance location. Note dismissal times: Uhrich 2:47 PM, Stansberry 2:49 PM, Sinclair 2:51 PM.
- If you drive to school, please wait in the Kiss and Go lane and your child will come to your car.
- If you walk to school, wait in the grass “waiting area” near the flag pole for your child. Keep clear of the main entrance area.
- Students on bikes and scooters will pick up their equipment on the bike racks and then immediately exit through the main playground gate (where they entered in the AM).

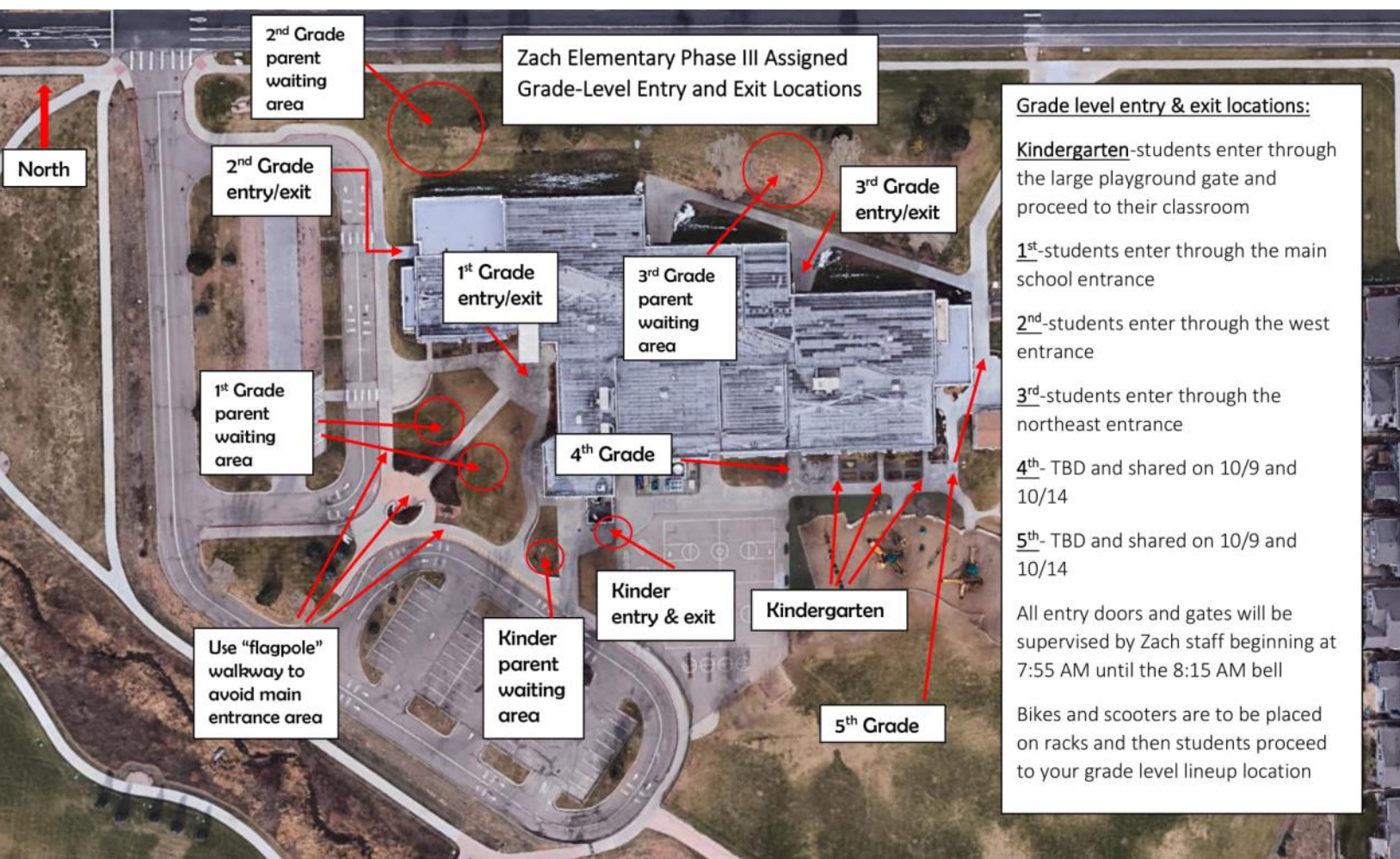
### 2<sup>nd</sup> Grade Pick-up:

- Students will depart via the west exit door location. Note dismissal times: Waido 2:45 PM, Lee 2:47 PM, Horky 2:49 PM, Brazelton 2:51 PM
- If you drive to school, please wait in the Kiss and Go lane and your child will come to your car.
- If you walk to school, wait in the grass “waiting area” on the north side of Dr. Waido’s classroom for your child. Keep clear of the west entrance area.
- Students on bikes and scooters will pick up their equipment on the bike racks and then immediately exit through the main playground gate (where they entered in the AM).

### 3<sup>rd</sup>-5<sup>th</sup> grades:

- Plans for 3<sup>rd</sup>-5<sup>th</sup> grades will be upcoming in the Family Memo on 10/9/20 and 10/14/20. See the attached map for assigned entry and exit locations for these grade levels.

## K-2 Entry and Exit Map





## COVID Protocols



2020-2021 Poudre School District

### Protocols for Students

#### Isolation, Quarantine and Outbreak

<b>Do not come to school:</b>	<ul style="list-style-type: none"> <li>• If a student feels ill</li> <li>• If a student has a fever above 100.4 degrees F</li> </ul>
<p><b>Isolation:</b></p> <p>Isolation is for those who have symptoms, who are sick, or who have tested positive for COVID-19.</p> <p>Isolation separates those who are infected from those who are not.</p>	<ul style="list-style-type: none"> <li>• Student is diagnosed with COVID-19 with a positive test result.</li> </ul> <p><b>or</b></p> <ul style="list-style-type: none"> <li>• Has symptoms of COVID-19. Symptoms, especially early on, may be mild and feel like a common cold. COVID-like symptoms include cough, shortness of breath, fever, loss of taste/smell, fatigue, headache, sore throat, muscle or body aches, congestion/runny nose, nausea/vomiting, diarrhea.</li> </ul> <p><b>or</b></p> <ul style="list-style-type: none"> <li>• Student feels ill and believes they may have COVID-19.</li> <li>• Parent/Guardian needs to call the attendance line at the student's school immediately if the student has been diagnosed with COVID-19 and/or is beginning isolation.</li> <li>• Parent/Guardian should leave a message on the attendance line with information about the student's illness.</li> <li>• On the attendance line, parent/guardian will be directed to call the school nurse/health tech using the phone number provided.             <ul style="list-style-type: none"> <li>○ The school nurse/health tech will ask a specific list of questions including:                 <ul style="list-style-type: none"> <li>▪ Last date on at a PSD school or location</li> <li>▪ Whether student was symptomatic while at school</li> <li>▪ All areas visited within school</li> <li>▪ All persons that had prolonged exposure, or close contact</li> </ul> </li> <li>○ The school nurse/health tech contacts the Larimer County Department of Health and Environment (LCDHE). LCDHE will help PSD determine a course of action for the site(s) impacted.</li> <li>○ The school nurse/health tech will also notify PSD's contact tracing liaison.</li> </ul> </li> </ul>

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## COVID Protocols, continued...

	<ul style="list-style-type: none"> <li>○ It is important to protect the privacy of individuals through the entire process.</li> </ul>
<b>Isolate until:</b> Those who have symptoms, who are sick, or who have tested positive.	<ul style="list-style-type: none"> <li>• Student has had no fever for at least 24 hours without using medicine that reduces fevers.</li> </ul> <p><b>and</b></p> <ul style="list-style-type: none"> <li>• Other symptoms have improved (for example, when your cough or shortness of breath have improved).</li> </ul> <p><b>and</b></p> <ul style="list-style-type: none"> <li>• At least 10 days have passed since symptoms first appeared.</li> </ul>
If isolation begins during the school day:	<ul style="list-style-type: none"> <li>• Isolate the student in a designated sick area in the building until they can safely return home.</li> <li>• The designated sick area will be separated from routine care/medication administration to the best degree possible.</li> <li>• Personal Protective Equipment (PPE) will be available for staff monitoring a sick student. Staff monitoring will wear a gown, mask and face shield (both) and gloves.</li> <li>• The school nurse will call PSD's contact tracing liaison AND the Larimer County Department of Health and Environment (LCDHE). LCDHE will help PSD determine a course of action for the site(s) impacted.</li> <li>• It is important to protect the privacy of individuals through the entire process.</li> </ul>
<b>Exposure:</b>	<ul style="list-style-type: none"> <li>• Exposure is defined as having close contact with someone who has been diagnosed with COVID-19 (referred to as a confirmed case) or who has COVID-like symptoms without another reasonable explanation (referred to as a probable case). For COVID-19, a close contact is defined as any individual who: <ul style="list-style-type: none"> <li>○ Was within 6 feet of someone diagnosed with COVID-19 for at least 10 minutes total.</li> <li>○ Provided care for someone who is sick with COVID-19.</li> <li>○ Had direct physical contact with someone who is sick with COVID-19.</li> <li>○ Shared eating or drinking utensils with someone who is sick with COVID-19.</li> </ul> </li> </ul>

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## COVID Protocols, continued...

	<ul style="list-style-type: none"> <li>○ Got respiratory droplets from someone who is sick with COVID-19 on them (through sneezing, coughing, shouting, etc.).</li> <li>○ Was in the same cohort as a person diagnosed with COVID-19.</li> <li>• If you believe your student has been exposed to COVID-19, please call your school attendance line and school nurse/health tech immediately.             <ul style="list-style-type: none"> <li>○ The school nurse/health tech will contact the Larimer County Department of Health and Environment (LCDHE). LCDHE will help PSD determine a course of action for the student impacted.</li> <li>○ The school nurse will call PSD's contact tracing liaison to alert to the student case.</li> </ul> </li> <li>• It is important to protect the privacy of individuals through the entire process.</li> </ul>
<p><b>Quarantine when:</b></p> <p>Quarantine is for those who have potentially been exposed to COVID-19.</p> <p>Quarantine keeps someone potentially exposed to those with the virus away from others.</p>	<ul style="list-style-type: none"> <li>• A person should quarantine when a household member or other close contact of the staff member has been diagnosed with COVID-19 or is experiencing COVID-19 symptoms.</li> <li>• If a person in quarantine develops symptoms of COVID-19 they begin the isolation protocol (above).</li> <li>• The parent/guardian of the student in quarantine must notify the school nurse/health tech and attendance line at their school immediately if they have been diagnosed with COVID-19 and/or beginning isolation.             <ul style="list-style-type: none"> <li>○ The school nurse/health tech contacts the Larimer County Department of Health and Environment (LCDHE). LCDHE will help PSD determine a course of action for the site(s) impacted.</li> <li>○ The school nurse will call PSD's contact tracing liaison to alert to the student case.</li> </ul> </li> <li>• It is important to protect the privacy of individuals through the entire process.</li> </ul>
<p><b>Quarantine until:</b></p> <p>Even if you test negative for COVID-19 or feel healthy, you should stay home</p>	<ul style="list-style-type: none"> <li>• Student needs to quarantine for 14 days after their last contact with a person who had COVID-19.             <ul style="list-style-type: none"> <li>○ Watch for fever (100.4), cough, shortness of breath, or other symptoms of COVID-19.</li> </ul> </li> </ul>
<p>(quarantine) since symptoms may appear 2 to 14 days after exposure to the virus.</p>	<ul style="list-style-type: none"> <li>○ If possible, stay away from others, especially people who are at higher risk for getting very sick from COVID-19.</li> </ul>

**Sources:** Larimer County Department of Health and Environment (LCDHE), Colorado Department of Public Health and Environment (CDPHE), Colorado Department of Education (CDE), Centers for Disease Control and Prevention (CDC).  
Updated Sept. 15, 2020

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## COVID Protocols, continued...



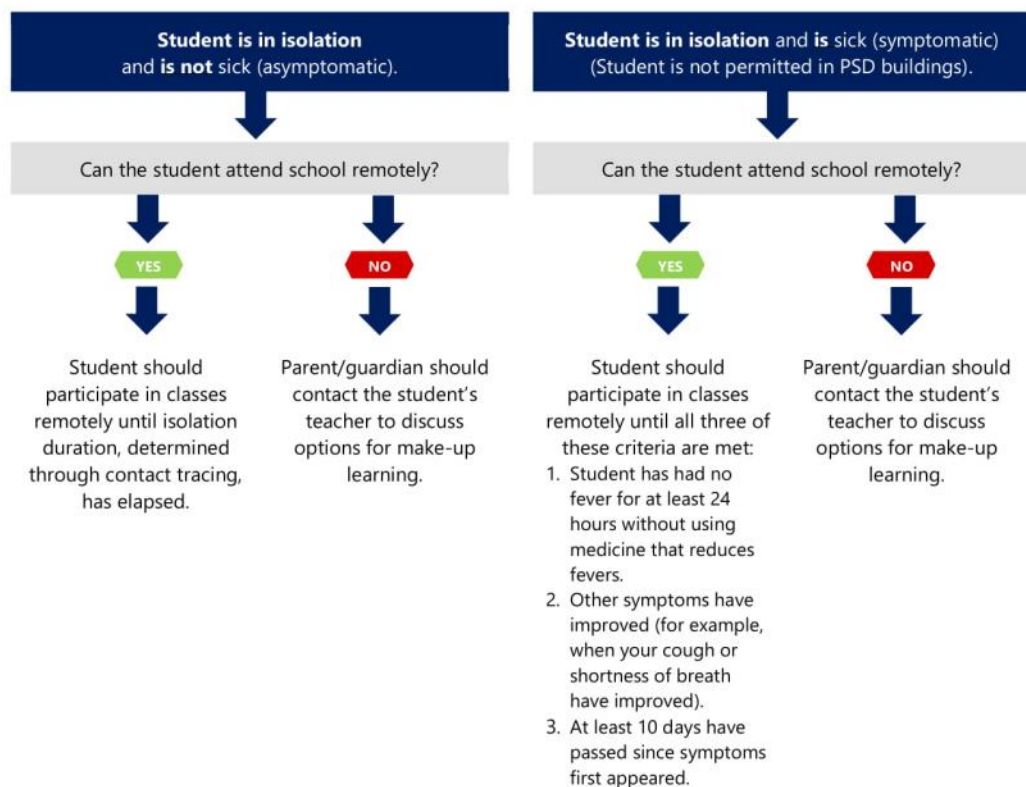
2020-2021 Poudre School District

### Protocols for Students COVID Workflow

Is your student not feeling well? **FOLLOW THESE STEPS** and **DO NOT SEND YOUR STUDENT TO SCHOOL:**

1. Contact your student's school attendance line to alert the school that your student will be absent. Please leave a message on this line indicating that your student is ill, may be experiencing COVID-19 symptoms (if this is the case), and/or has been tested for COVID-19.
2. Contact the School Nurse/Health Tech using the phone number provided on the attendance line and leave a message with information about your student's circumstances.
3. You will be contacted by the school nurse/health tech and/or PSD's contact tracing liaison or county health contract tracers to answer some specific questions and with next steps to follow.
4. If you have not already done so, contact your student's health care provider.

PSD will protect the privacy of individuals through the entire process.



Sources: Larimer County Department of Health and Environment (LCDHE), Colorado Department of Public Health and Environment (CDPHE), Colorado Department of Education (CDE), Centers for Disease Control and Prevention (CDC). Updated Sept. 15, 2020

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## COVID Protocols, continued...



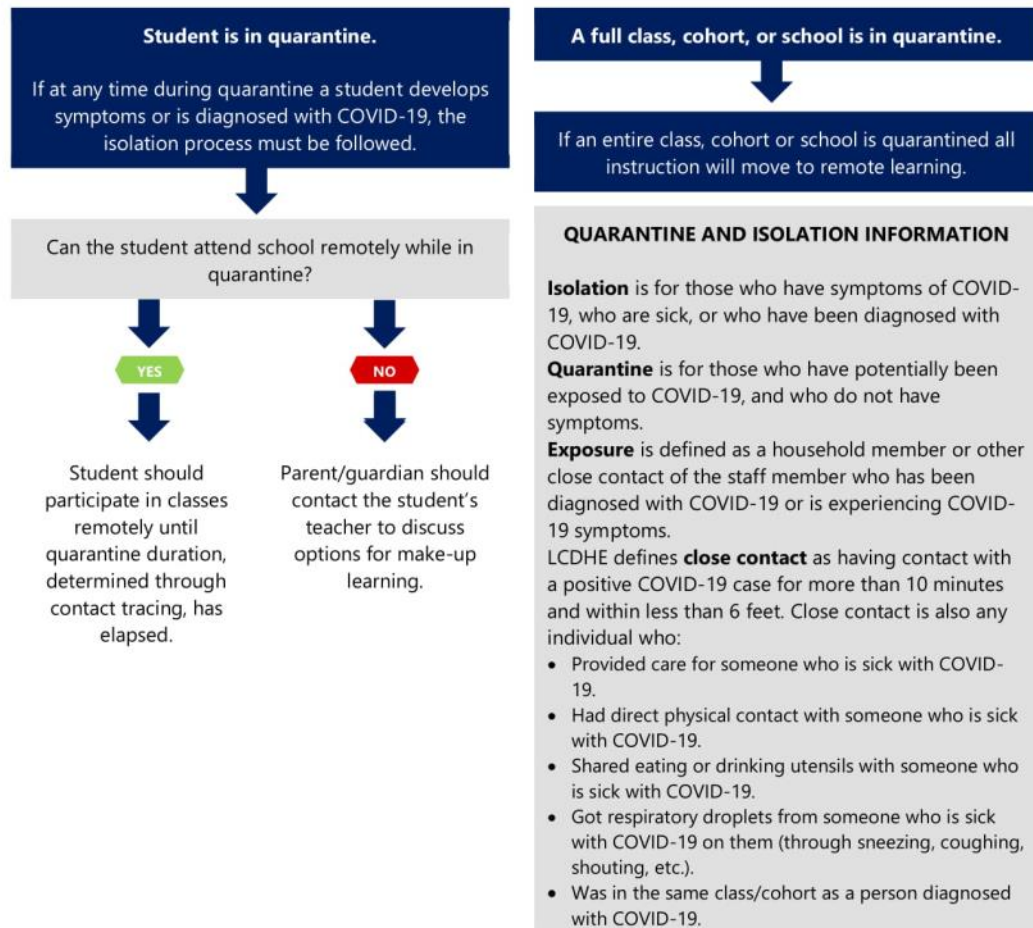
2020-2021 Poudre School District

### Protocols for Students COVID Workflow

If your student is under quarantine, **FOLLOW THESE STEPS** and **DO NOT SEND YOUR STUDENT TO SCHOOL**:

1. Contact your student's school attendance line to alert the school that your student will be absent. Please leave a message on this line indicating that your student is under quarantine.
2. Contact the School Nurse/Health Tech using the phone number provided on the attendance line and leave a message with information about your student's circumstances.
3. If you have not already done so, contact your student's health care provider

PSD will protect the privacy of individuals through the entire process.



Sources: Larimer County Department of Health and Environment (LCDHE), Colorado Department of Public Health and Environment (CDPHE), Colorado Department of Education (CDE), Centers for Disease Control and Prevention (CDC). Updated Sept. 15, 2020

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## COVID Protocols, continued...

### COVID-19: Child/Staff Feels/Appears Unwell after Arriving at School

**STOP**

If the person has any of the following symptoms, immediately call 911  
Difficulty breathing, chest pain, new confusion, difficulty concentrating, bluish lips or face.

Assess for any COVID-19-like symptoms

#### MAJOR SYMPTOMS

- Feeling feverish, having chills, or
- Temperature of 100.4° F or greater
- Loss of taste or smell
- New or unexplained persistent cough
- Shortness of breath or difficulty breathing

#### MINOR SYMPTOMS

- Sore throat
- Runny nose or congestion
- Muscle or body aches
- Headache
- Fatigue
- Nausea, vomiting
- Diarrhea

Does this person have one or more of the COVID-19 symptoms listed above?

Yes

No

Are these symptoms of a new or worsening chronic condition, or is it accompanied by a new **Major** or **Minor** symptom?

Yes

No

1. Place a surgical mask on the student/staff if safe to do so
2. Assist the student to an area that is separate from others, but within adult line of sight.

All staff assisting ill individuals should wear appropriate COVID-19 PPE and perform frequent hand hygiene and disinfect all environmental surfaces once the person leaves an area.

1. Follow routine illness care
2. Return to class if appropriate. Alert teacher to monitor the student with heightened awareness.
3. Record visit in the usual manner.

What is your community level of COVID-19 transmission?

#### Low/Minimal Levels of Community Transmission

Students/Staff with two or more Minor symptoms or one or more Major symptom

1. Call parents and send home. Send staff home.
2. If symptoms worsen or last longer than 48–72 hours, contact your doctor to see if a COVID-19 PCR test is indicated.
3. Follow COVID-19 [Return to School/Work](#) guidance.

#### Sustained Community Transmission

or the ill person lived, worked or traveled to an area with sustained transmission

Students/Staff with one or more Major or Minor symptoms

1. Call parents to pick up ASAP. Send staff home.
2. Call your doctor and ask for a COVID PCR test within 24 hours, if indicated.
3. Follow COVID-19 [Return to School/Work](#) guidance.





## Tips for Preparing to get Back to School in Person

### Tips for Preparing to get Back to School in Person: How to Help at Home

- Begin talking now about what will look and feel different when your child returns to school. Have low pressure conversations about class sizes, masks, and changes in some activities such as recess and lunch. If kids know what to expect, they feel more in control and this can ease some worry.
- Have your child practice wearing a mask. Normalize this as a way that we help keep each other safe and a way that they can be a helpful classmate and friend.
- Provide focused time to listen to and validate your child's feelings and questions. Help them name the emotion they are feeling, including the difficult or challenging emotions. Doing this while doing an activity (such as taking a walk, while driving, or while cooking together) often encourages children to talk and open up.
- Focus on the positive and what your child is excited about or enjoyed during the school day. Ask what they are looking forward to, or about a friend or activity they are excited about. Ask what the best part of their day was.
- Provide a set schedule and routine for each setting: remote learning days as well as in school days. As much as possible, maintain a set schedule and routine for mornings and evenings. Support your child's development in this by creating a morning and evening checklist with them.
- Visit school and rehearse and role play the drop off routine. Help your child get familiar with the procedures that have changed (entering through a different door, entering the building on their own or with school staff only, etc). We will share information to help you prepare, practice and talk it out ahead of time with your child.

### Additional resources:

From Child Mind Institute: [Back to School Anxiety During COVID](#)

From Child Mind Institute: [Managing Your Own Anxiety During School Reopening](#)

[Coming Back to School](#) video from PSD

[Going Back to School](#) social story

From Psychology Today: [Daily Rituals for Connection at Home](#)

[Mrs. Fierro's Learning Page: Family Information and Resources](#)

[Getting and Staying Organized: Executive Functioning Strategies for Home](#)

[Tips for Setting Up a Calm Corner at Home](#)

## Student Pick up and Drop off During School Hours

Visitors are not allowed into the main office of our school. In the event you need to pick up your child for an appointment or early release, please pull into the bus lane circle and park visible to the main entrance. This works best if you park before you reach the first speedbump.

Ahead of time, notify the office of the time you will be picking up your child. Park and call 970-488-5103 and tell us the kind of car you are in. We will send your child out and verify they get into your car. You do not need to enter the building to pick up your child.

If your child is late to school, simply drop them off and have them enter through the main entrance. We will get them to class.



## Art Supplies

As students return to Zach during Phase 3, I want to make sure everyone is clear on expectations for ART SUPPLIES!

1. The BLUE ART FOLDERS will remain at HOME so students have paper to do projects during ZOLA days
2. I will have ART KITS for all students in the art room. Students will not be bringing their art supplies to/from Art.
3. Kindergartners and 1st Graders- if you purchased the Model Magic that was on your grade level supply list, please bring it to school along with the supplies your classroom teacher is asking you to bring. (Kinder- white Model Magic, 1st- blue Model Magic).

Thank you!  
Mrs. Sickels

## School Schedule Starting October 5th - 14th

Master Schedule for October 5-14								
Phase 3 for K12, A/B Rotation (Teachers email parents the @ ZOLA log in times)								
Phase 1 for 345 @ ZOLA								
	K	1st	2nd	3rd	4th	5th		
8:15am	Class Mtg: Attendance & Announcements	Class Mtg: Attendance & Announcements	Class Mtg: Attendance & Announcements	Class Mtg: Attendance & Announcements	Specials	Class Mtg: Attendance & Announcements		
8:30am	Homeroom	Homeroom	Homeroom	Homeroom	Class Mtg: Attendance & Announcements	Specials		
8:45am					Homeroom	Homeroom		
9:00am							Homeroom	Homeroom Writing
9:15am								
9:30am								
9:45am				WIN	Block 1: Reading or Math			
10:00am				Specials				
10:15am				Homeroom		Block 2: Reading or Math		
10:30am								
10:45am								
11:00am	Specials 10:45-11:20	Lunch 11:00-11:25	Homeroom					
11:15am	Lunch 11:25-11:50							
11:30am								
11:45am	Lunch 11:25-11:50	Recess 11:25-11:45						
12:00pm	Recess 11:50-12:10	Lunch 11:50-12:15						
12:15pm	Homeroom 12:10-2:40	Recess 12:15-12:35		Lunch & Recess				
12:30pm		Homeroom						
12:45pm		Specials 1:00-1:40		Homeroom	History Independent Practice	History		
1:00pm								
1:15pm								
1:30pm				Student Independent Practice/Teacher Office Hours	WIN	Independent Practice/Teacher Office Hours		
1:45pm								
2:00pm		Homeroom					Student Independent Practice/Teacher Office Hours	WIN
2:15pm		Specials 2:00-2:40						
2:30pm								
2:40pm	Dismissal		Homeroom	Dismissal				
2:50pm		Dismissal	Dismissal					

## School Schedule Starting October 19th K-5

2020-21 Zach Elementary Master Schedule-DRAFT #7																																				
Updated 9/24/20																																				
	8:15 AM	8:30 AM	8:45 AM	9:00 AM	9:15 AM	9:30 AM	9:45 AM	10:00 AM	10:15 AM	10:30 AM	10:45 AM	11:00 AM	11:15 AM	11:30 AM	11:45 AM	12:00 PM	12:15 PM	12:30 PM	12:45 PM	1:00 PM	1:15 PM	1:30 PM	1:45 PM	2:00 PM	2:15 PM	2:30 PM	2:45 PM	3:00 PM	3:15 PM	3:30 PM	3:45 PM	4:00 PM	4:15 PM	4:30 PM	4:45 PM	5:00 PM
Kindergarten Full Day	Un pack	Math/Writing		Recess/Free time		R	Workstations				Specials/Plan			L		R		WIN		Math/Writing		Free Centers		Read Aloud/ Pack Up		R										
Grade 1	Literacy			WIN		Specials/Plan			Literacy			Math			L		R		Literacy				R		Core											
Grade 2	Math				R		Reading				R		L		WIN		Writing		Specials/Plan		Read Aloud/Core															
Grade 3		WIN		Small Group Reading		Math				L		R		Reading/Dear		Writing		Core/Science		R		Specials/Plan														
Grade 4	Math			WIN		R		Reading						Specials/Plan		L		R		Read Aloud		Writing		Core												
Grade 5	Specials/Plan		Core or Writing				Block 1 (GT reading, reading & math)				Block 2 (GT reading, reading & math)				L		R		Core or Writing			WIN														
Specials	5th Grade *rotating plan		Cleaning/Plan		1st Grade Support		15		Cleaning/Plan		Kinder Duty/IS Support		4th Grade *IS support		Lunch		2nd Grade *Rotating Plan		3rd Grade Split or IS Support																	
MTSS	3rd Grade WIN		1st Grade WIN		4th Grade WIN		Flex-2 groups				Lunch		2nd Grade WIN		Kinder WIN		Flex-1 Group		Plan		5th Grade WIN															
ELA	3rd Grade WIN		1st Grade WIN		4th Grade WIN		Flex-2 groups				Lunch		2nd Grade WIN		Kinder WIN		Flex-1 Group		Plan		5th Grade WIN															
PBIS	3rd Grade WIN		1st Grade WIN		4th Grade WIN		Flex-2 groups				Lunch		2nd Grade WIN		Kinder WIN		Flex-1 Group		Plan		5th Grade WIN															
Integrated Services	I.S. Support				Plan		I.S. Support										Lunch		I.S. Support																	

\* FLEX = MTSS, ELA, PBIS are available for additional student instructional/behavioral support.

**Specials Rotation Schedule 2020/2021**

Oct 5-8, 2020

	Time	SEL	Technology	P.E.	Music	Art
Oct. 5	8:15-8:40	4th - Stafford	Plan	4th - Camping	4th - Walter	4th - Boisen
	8:45-9:10	5th - Oster	5th - Schilling	5th - Kozusko	5th - Eberle	Support
	9:15-9:40	Plan	Plan	Plan	Plan	Plan
	9:45-10:10	Plan	Plan	Plan	Plan	Plan
	10:15-10:40	3rd - Koch	3rd - Ratliff	3rd - Tholl	3rd - Moore	Plan
	10:45-11:25	Plan	Kinder - LemonA	Support	Kinder - CeyA	Kinder - MishakA
	11:30-12:55	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	1:00-1:40	1 <sup>st</sup> - StansberryA	Support	1 <sup>st</sup> - UhrichA	Plan	1 <sup>st</sup> - SinclairA
	2:00-2:40	2 <sup>nd</sup> - WaidoA	2 <sup>nd</sup> - LeeA	Plans	2 <sup>nd</sup> - BrazeltonA	2 <sup>nd</sup> - HorkyA
Oct. 6	8:15-8:40	4th - Boisen	4th - Stafford	Plan	4th - Camping	4th - Walter
	8:45-9:10	Office Hours	5th - Oster	5th - Schilling	5th - Kozusko	5th - Eberle
	9:15-9:40	Plan	Plan	Plan	Plan	Plan
	9:45-10:10	Plan	Plan	Plan	Plan	Plan
	10:15-10:40	Plan	3rd - Koch	3rd - Ratliff	3rd - Tholl	3rd - Moore
	10:45-11:25	Plan	Kinder - LemonB	Support	Kinder - CeyB	Kinder - MishakB
	11:30-12:55	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	1:00-1:40	1 <sup>st</sup> - StansberryB	Support	1 <sup>st</sup> - UhrichB	Plan	1 <sup>st</sup> - SinclairB
	2:00-2:40	2 <sup>nd</sup> - WaidoB	2 <sup>nd</sup> - LeeB	Plans	2 <sup>nd</sup> - BrazeltonB	2 <sup>nd</sup> - HorkyB
Oct. 7	8:15-8:40	4th - Walter	4th - Boisen	4th - Stafford	Plan	4th - Camping
	8:45-9:10	5th - Eberle	Support	5th - Oster	5th - Schilling	5th - Kozusko
	9:15-9:40	Plan	Plan	Plan	Plan	Plan
	9:45-10:10	Plan	Plan	Plan	Plan	Plan
	10:15-10:40	3rd - Moore	Plan	3rd - Koch	3rd - Ratliff	3rd - Tholl
	10:45-11:25	Kinder - MishakA	Plan	Kinder - LemonA	Support	Kinder - CeyA
	11:30-12:55	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	1:00-1:40	1 <sup>st</sup> - SinclairA	1 <sup>st</sup> - StansberryA	Support	1 <sup>st</sup> - UhrichA	Plan
	2:00-2:40	2 <sup>nd</sup> - HorkyA	2 <sup>nd</sup> - WaidoA	2 <sup>nd</sup> - LeeA	Plan	2 <sup>nd</sup> - BrazeltonA
Oct. 8	8:15-8:40	4th - Camping	4th - Walter	4th - Boisen	4th - Stafford	Plan
	8:45-9:10	5th - Kozusko	5th - Eberle	Support	5th - Oster	5th - Schilling
	9:15-9:40	Plan	Plan	Plan	Plan	Plan
	9:45-10:10	Plan	Plan	Plan	Plan	Plan
	10:15-10:40	3rd - Tholl	3rd - Moore	Plan	3rd - Koch	3rd - Ratliff
	10:45-11:25	Kinder - MishakB	Plan	Kinder - LemonB	Support	Kinder - CeyB
	11:30-12:55	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	1:00-1:40	1 <sup>st</sup> - SinclairB	1 <sup>st</sup> - StansberryB	Support	1 <sup>st</sup> - UhrichB	Plan
	2:00-2:40	2 <sup>nd</sup> - HorkyB	2 <sup>nd</sup> - WaidoB	2 <sup>nd</sup> - LeeB	Plan	2 <sup>nd</sup> - BrazeltonB

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**Specials Rotation Schedule 2020/2021, continued...**

Oct 12-14, 2020

	Time	Media	Technology	P.E.	Music	Art
Oct. 12	8:15-8:40	Plan	4th - Camping	4th - Walter	4th - Boisen	4th - Stafford
	8:45-9:10	5th - Schilling	5th - Kozusko	5th - Eberle	Support	5th - Oster
	9:15-9:40	Plan	Plan	Plan	Plan	Plan
	9:45-10:10	Plan	Plan	Plan	Plan	Plan
	10:15-10:40	3rd - Ratliff	3rd - Tholl	3rd - Moore	Plan	3rd - Koch
	10:45-11:25	Kinder - CeyA	Kinder - MishakA	Plan	Kinder - LemonA	Support
	11:30-12:55	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	1:00-1:40	Plan	1st - SinclairA	1st - StansberryA	Support	1st - UhrichA
Oct. 13	2:00-2:40	2nd - BrazeltonA	2nd - HorkyA	2nd - WaidoA	2nd - LeeA	Plan
	8:15-8:40	4th - Stafford	Plan	4th - Camping	4th - Walter	4th - Boisen
	8:45-9:10	5th - Oster	5th - Schilling	5th - Kozusko	5th - Eberle	Support
	9:15-9:40	Plan	Plan	Plan	Plan	Plan
	9:45-10:10	Plan	Plan	Plan	Plan	Plan
	10:15-10:40	3rd - Koch	3rd - Ratliff	3rd - Tholl	3rd - Moore	Plan
	10:45-11:25	Kinder - CeyB	Kinder - MishakB	Plan	Kinder - LemonB	Support
	11:30-12:55	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Oct. 14	1:00-1:40	Plan	1st - SinclairB	1st - StansberryB	Support	1st - UhrichB
	2:00-2:40	2nd - BrazeltonB	2nd - HorkyB	2nd - WaidoB	2nd - LeeB	Plan
	8:15-8:40	4th - Boisen	4th - Stafford	Plan	4th - Camping	4th - Walter
	8:45-9:10	Office Hours	5th - Oster	5th - Schilling	5th - Kozusko	5th - Eberle
	9:15-9:40	Plan	Plan	Plan	Plan	Plan
	9:45-10:10	Plan	Plan	Plan	Plan	Plan
	10:15-10:40	Plan	3rd - Koch	3rd - Ratliff	3rd - Tholl	3rd - Moore
	10:45-11:25	Office Hours	Kinder - CeyA	Kinder - MishakA	Plan	Kinder - LemonA
	11:30-12:55	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	1:00-1:40	1st - UhrichA	Plan	1st - SinclairA	1st - StansberryA	Support
	2:00-2:40	Plan	2nd - BrazeltonA	2nd - HorkyA	2nd - WaidoA	2nd - LeeA

**Halloween Celebration**

Due to COVID-19, we are unable to have our usual Halloween Parade. Zach will hold a Halloween celebration Friday October 30<sup>th</sup> at check-in.

Students are welcome to wear their costume.

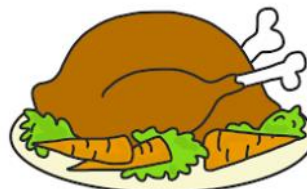
Each classroom will have their own celebrations remotely during the check-in time.

**Thanksgiving Turkey**

Is your family in need of a Thanksgiving turkey?

Please contact Rachel Fierro, Zach counselor by Friday, October 9. We are here to make sure all our families have what they need!

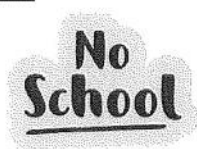
[rfierro@psdschools.org](mailto:rfierro@psdschools.org) (970) 488-5109



## Zach Breakfast and Lunch Menus


### October 2020

Zach In - Person  
Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>5</b>	<b>6</b>	<b>7</b>	<b>1</b> <b>8</b>	<b>2</b> <b>9</b>
<ul style="list-style-type: none"> <li>• Breakfast Round</li> <li>• Whole Fruit, or Substitute</li> <li>• Lowfat Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Egg &amp; Cheese Sandwich</li> <li>• Applesauce or Fruit Cup or Substitute</li> <li>• Lowfat Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Egg &amp; Cheese Sandwich</li> <li>• Applesauce or Fruit Cup or Substitute</li> <li>• Lowfat Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Pancake Sausage Wrap BIC</li> <li>• Fresh Berries, or Substitute</li> <li>• Lowfat Milk</li> </ul>	
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<ul style="list-style-type: none"> <li>• Pancake Sausage Wrap BIC</li> <li>• Whole Fruit, or Substitute</li> <li>• Lowfat Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast Round</li> <li>• Whole Fruit, or Substitute</li> <li>• Lowfat Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Mini Cinnamon Rolls</li> <li>• Applesauce or Fruit Cup or Substitute</li> <li>• Lowfat Milk</li> </ul>	<ul style="list-style-type: none"> <li>• No School ELEM</li> </ul>	
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<ul style="list-style-type: none"> <li>• Breakfast Round</li> <li>• Whole Fruit, or Substitute</li> <li>• Lowfat Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast Sausage Pizza</li> <li>• Applesauce or Fruit Cup or Substitute</li> <li>• Lowfat Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast Sausage Pizza</li> <li>• Fresh Berries, or Substitute</li> <li>• Lowfat Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Pancake Sausage Wrap BIC</li> <li>• Fresh Berries, or Substitute</li> <li>• Lowfat Milk</li> </ul>	
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<ul style="list-style-type: none"> <li>• Pancake Sausage Wrap BIC</li> <li>• Whole Fruit, or Substitute</li> <li>• Lowfat Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast Round</li> <li>• Whole Fruit, or Substitute</li> <li>• Lowfat Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Mini Pancakes</li> <li>• Applesauce or Fruit Cup or Substitute</li> <li>• Lowfat Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Mini Pancakes</li> <li>• Applesauce or Fruit Cup or Substitute</li> <li>• Lowfat Milk</li> </ul>	

### October 2020

Zach In - Person  
Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>5</b>	<b>6</b>	<b>7</b>	<b>1</b> <b>8</b>	<b>2</b> <b>9</b>
<ul style="list-style-type: none"> <li>• Cheese Calzone &amp; Marinara</li> <li>• Turkey &amp; Cheese Sandwich</li> <li>• Applesauce &amp; Fruit Cup or Substitute</li> <li>• Carrots &amp; Celery Sticks, or Substitute</li> <li>• Chocolate Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese Pizza</li> <li>• Yogurt Parfait</li> <li>• Fresh Berries, or Substitute</li> <li>• Snap Peas &amp; Red Bell Peppers, or Substitute</li> <li>• Chocolate Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Nuggets</li> <li>• Turkey &amp; Cheese Sandwich</li> <li>• Fresh Peaches, or Substitute</li> <li>• Cherry Tomatoes &amp; Celery Sticks or Substitute</li> <li>• Chocolate Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Cheeseburger</li> <li>• Cold Deli Yogurt with Goldfish</li> <li>• Grapes</li> <li>• Salad with dressing</li> <li>• Chocolate Milk</li> </ul>	
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<ul style="list-style-type: none"> <li>• Cheese Ravioli &amp; Goldfish Crackers</li> <li>• Ham &amp; Cheese Sandwich</li> <li>• Grapes</li> <li>• Snap Peas &amp; Red Bell Peppers, or Substitute</li> <li>• Chocolate Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Pepperoni Pizza</li> <li>• Yogurt Parfait</li> <li>• Applesauce &amp; Fruit Cup or Substitute</li> <li>• Carrots &amp; Celery Sticks, or Substitute</li> <li>• Chocolate Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Beef &amp; Bean Burrito</li> <li>• Ham &amp; Cheese Sandwich</li> <li>• Fresh Berries or Substitute</li> <li>• Fresh Broccoli, or Substitute</li> <li>• Chocolate Milk</li> </ul>	<ul style="list-style-type: none"> <li>• No School ELEM</li> </ul>	
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<ul style="list-style-type: none"> <li>• Cheese Pizza</li> <li>• Cold Deli Yogurt with Goldfish</li> <li>• Fresh Berries, or Substitute</li> <li>• Carrots &amp; Celery Sticks, or Substitute</li> <li>• Chocolate Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese Calzone &amp; Marinara</li> <li>• Turkey &amp; Cheese Sandwich</li> <li>• Whole Fruit, or Substitute</li> <li>• Snap Peas &amp; Red Bell Peppers, or Substitute</li> <li>• Chocolate Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Cheeseburger</li> <li>• Yogurt Parfait</li> <li>• Fresh Peaches, or Substitute</li> <li>• Cherry Tomatoes &amp; Cucumber Slices or Substitute</li> <li>• Chocolate Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Strips &amp; Goldfish</li> <li>• Turkey &amp; Cheese Sandwich</li> <li>• Grapes</li> <li>• Salad with dressing</li> <li>• Chocolate Milk</li> </ul>	
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<ul style="list-style-type: none"> <li>• Pepperoni Pizza</li> <li>• Cold Deli Yogurt &amp; Goldfish</li> <li>• Grapes</li> <li>• Snap Peas &amp; Red Bell Peppers, or Substitute</li> <li>• Chocolate Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese Ravioli &amp; Goldfish Crackers</li> <li>• Ham &amp; Cheese Sandwich</li> <li>• Applesauce &amp; Fruit Cup or Substitute</li> <li>• Carrots &amp; Cucumbers Slices, or Substitute</li> <li>• Chocolate Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Mac &amp; Cheese</li> <li>• Yogurt Parfait</li> <li>• Fresh Berries, or Substitute</li> <li>• Fresh Broccoli, or Substitute</li> <li>• Chocolate Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Beef &amp; Bean Burrito</li> <li>• Ham &amp; Cheese Sandwich</li> <li>• Fresh Peaches, or Substitute</li> <li>• Cherry Tomatoes &amp; Celery Sticks or Substitute</li> <li>• Chocolate Milk</li> </ul>	

## Calendar of Events

### Thursday, October 1

8:15am ZOLA  
11:00am Lunch Meals available at Zach

### Friday, October 2

8:15am Homeroom Check-in  
11:00am Lunch Meals available at Zach

### Monday, October 5

7:45am Breakfast A Group Only  
8:15am K-2 A Group @Zach  
8:15am K-2 B Group @ZOLA,  
3rd-5th @ZOLA  
11:00am Lunch Meals available at Zach

### Tuesday, October 6

7:45am Breakfast B Group Only  
8:15am K-2 B Group @Zach  
8:15am K-2 A Group @ZOLA,  
3rd-5th @ZOLA  
11:00am Lunch Meals available at Zach

### Wednesday, October 7

7:45am Breakfast A Group Only  
8:15am K-2 A Group @Zach  
8:15am K-2 B Group @ZOLA,  
3rd-5th @ZOLA  
11:00am Lunch Meals available at Zach

### Thursday, October 8

7:45am Breakfast B Group Only  
8:15am K-2 B Group @Zach  
8:15am ZOLA- A Group K-2, All 3-5  
11:00am Lunch Meals available at Zach

### Friday, October 9

8:15am Homeroom Check-in  
11:00am Lunch Meals available at Zach

### Monday, October 12

7:45am Breakfast A Group Only  
8:15am K-2 A Group @Zach  
(Lunch @Zach)  
8:15am K-2 B Group @ZOLA,  
3rd-5th @ZOLA  
11:00am Lunch Meals available  
@Kinard (B Group & ZOLA)

### Tuesday, October 13

7:45am Breakfast B Group Only  
8:15am K-2 B Group Zach  
(Lunch @Zach)  
8:15am K-2 A Group @ZOLA,  
3rd-5th @ZOLA  
11:00am Lunch Meals available  
@Kinard (A Group & ZOLA)

### Wednesday, October 14

7:45am Breakfast A Group Only  
8:15am K-2 A Group @Zach  
(Lunch @ Zach)  
8:15am K-2 B Group @ZOLA,  
3rd-5th @ZOLA  
11:00am Lunch Meals available  
@Kinard (B Group & ZOLA)  
5:00pm PTO Meeting  
6:00pm SAC Meeting

### Thursday, October 15

**No School**  
**11:00am Lunch Available @ Kinard**

### Friday, October 16

**No School No Lunch Served**

### Monday, October 19

7:45am Breakfast A Group Only  
8:15am K-5 A Group @Zach  
(Lunch @Zach)  
8:15am K-5 B Group @ZOLA  
11:00am Lunch Meals Available  
@Kinard K-5 B Group

*continued on next page*



## Calendar of Events

### Tuesday, October 20

7:45am Breakfast B Group Only  
 8:15am K-5 B Group @Zach  
 (Lunch @Zach)  
 8:15am K-5 A Group @ZOLA  
 11:00am Lunch Meals Available  
 @Kinard (K-5 A Group)

### Wednesday, October 21

7:45am Breakfast A Group Only  
 8:15am K-5 A Group @Zach  
 (Lunch @Zach)  
 8:15am K-5 B Group @ZOLA  
 11:00am Lunch Meals Available  
 @Kinard K-5 B Group

### Thursday, October 22

7:45am Breakfast B Group Only  
 8:15am K-5 B Group @Zach  
 (Lunch @Zach)  
 8:15am K-5 A Group @ZOLA  
 11:00am Lunch Meals Available  
 @Kinard (K-5 A Group)

### Friday, October 23

8:15am Homeroom Check-in  
 11:00am No Lunch @Zach, Lunch Meals  
 Available @Kinard

### Monday, October 26

7:45am Breakfast A Group Only  
 8:15am K-5 A Group @Zach  
 (Lunch @Zach)  
 8:15am K-5 B Group @ZOLA  
 11:00am Lunch Meals Available  
 @Kinard K-5 B Group

### Tuesday, October 27

7:45am Breakfast B Group Only  
 8:15am K-5 B Group @Zach  
 (Lunch @Zach)  
 8:15am K-5 A Group @ZOLA  
 11:00am Lunch Meals Available  
 @Kinard (K-5 A Group)

### Wednesday, October 28

7:45am Breakfast A Group Only  
 8:15am K-5 A Group @Zach  
 (Lunch @Zach)  
 8:15am K-5 B Group @ZOLA  
 11:00am Lunch Meals Available  
 @Kinard K-5 B Group

### Thursday, October 29

7:45am Breakfast B Group Only  
 8:15am K-5 B Group @Zach  
 (Lunch @Zach)  
 8:15am K-5 A Group @ZOLA  
 11:00am Lunch Meals Available  
 @Kinard (K-5 A Group)

### Friday, October 30

8:15am Homeroom Check-in  
 11:00am No Lunch @Zach,  
 Lunch Meals Available @Kinard



# Trick or Treat!