

Together We Inspire!

ZACH ELEMENTARY SCHOOL



home
of the
zephyrosaurus

Zach

Elementary School
3715 Kechter Road
Fort Collins, CO
80528

Office Phone
970.488.5100

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970.488.5105

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Principal
Aisha Thomas

Assistant Principal
John Berg

PSD Website
[Click Here](#)



HAPPY NEW YEAR



"I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character."

<https://lsc.colostate.edu/campus-activities/dr-martin-luther-king-jr-march-celebration/>



Colorado State University
Presents...
**Dr. Martin Luther King Jr.
Celebration 2021**

**Where Do We
Go From Here?**

**Community
Kick-off
1/18/21 at noon**

#FOCOMLK21 Design By: @avacado_designs

Students, Take Action!
Go to website to...
★ **Make A Statement**
★ **Sing A Song**
★ **Do A Dance**

<https://lsc.colostate.edu/campus-activities/dr-martin-luther-king-jr-march-celebration/>



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Auxiliary aids and services are available for persons with disabilities.



Kindergarten 2021-2022 Registration

Kindergarten registration for the 2021-2022 is now open. Please visit the Kindergarten page on the Zach website for information and registration link.

<https://zac.psdschools.org/kindergarten-2021-2022>



Remote Learning Packet

In case we would need to go back to remote learning, your child will have a hardcopy packet of work. This packet will be coming home on Jan. 19th. Do NOT work on the packet until asked. Put it in a SAFE place. This will be what your child would work on if we needed to shift to remote learning. Hopefully, we won't even need it!

Free Breakfast and Lunch!!!

PSD will be offering free breakfast and lunch for students through the end of the school year. Community sites will be available to pick up a free sack lunch and breakfast for students in remote learning. Community sites: Kinard, Boltz, Lincoln, Webber and Eyestone.

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Phase 4 Protocols

1

Zach Elementary School

Updated 1/7/21

Phase 4 Protocols for January 19, 2021 and beyond
School Day 8:15am-2:40/2:53pm (staggered dismissals by grade level)

Table of Contents

K-5 Morning Drop-Off	page 2
K-5 Afternoon Pick-Up	page 4
Grade Level Locations Map	page 6
Homeroom & Instructional Protocols	page 7
Classroom Setup	
Lunch	
Outside the Homeroom Protocol	page 7
Bathroom Breaks	
Hallway Travel	
Small Groups	
Frequently Asked Questions	page 8
Online Q&A with Principal	page 12

continued on next page



Phase 4 Protocols, continued...

2

K-5 Morning Drop-off

- Staff are on duty at Kiss-n-Go and the entry door locations from 8:00-8:15 AM.
- Doors open at 8:00am. See map on page 6 for specific grade level entry locations.
- Students unpack backpack and DEAR time in class 8:00-8:15am
- For poor weather days below 18 degrees, doors will open at 7:45am (same entry process).
- Students arriving after 8:15 AM, must enter through the main entrance.

Safety:

- ★ All adults, students, and staff members are to wear a mask while on the Zach campus and are expected to maintain physical distancing protocol.
- ★ Zach staff will be wearing a bright orange or neon yellow vest.
- ★ No cell phone usage while in vehicles.

Breakfast:

Breakfast will be served in the cafeteria from 7:45-8:10 AM. Students can enter through the After-Hours Doors, near the main office. Students will eat their breakfast in the designated area during this time, physically distanced from one another.

Kindergarten Drop-off:

- Students will enter the playground area via the main playground gate beginning at 8:00 AM. Parents may walk their child to the gate where you will be met by staff. Only students and staff are allowed into the gated area.
- Please park in the south parking lot and cross at the designated crosswalk area. There will be a staff member on duty at the crosswalk.
- Students on bikes and scooters will park their equipment on the bike racks and then head immediately to their classroom entry location.



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Phase 4 Protocols, continued...

3

1st Grade Drop-off:

- Students will line up near the main entrance location at the designated color and sign for their classroom.
- Use the Kiss-n-Go lane where the student will exit the vehicle after the crosswalk. Staff will be on duty from 8:00-8:15 AM. Students on bikes and scooters will park their equipment on the bike racks prior to heading to their entry location.

2nd Grade Drop-off:

- Students will line up at the west entrance location at the designated color and sign for their classroom.
- Use the Kiss-n-Go lane where the student will exit the vehicle after the crosswalk. Staff will be on duty from 8:00-8:15 AM. Students on bikes and scooters will park their equipment on the bike racks prior to heading to their entry location.

3rd Grade Drop-off:

- Students will enter the playground area via the main or east playground gate beginning at 8:00 AM and proceed to the media center hallway doors for lineup/entry.
- Use the Kiss-n-Go lane where the student will exit the vehicle after the crosswalk. Staff will be on duty from 8:00-8:15 AM. Students on bikes and scooters will park their equipment on the bike racks prior to heading to their entry location.

4th Grade Drop-off:

- Students will enter the playground area via the main or east playground gate beginning at 8:00 AM and proceed to the media center hallway doors for lineup/entry.
- Use the Kiss-n-Go lane where the student will exit the vehicle after the crosswalk. Staff will be on duty from 8:00-8:15 AM. Students on bikes and scooters will park their equipment on the bike racks prior to heading to their entry location.

5th Grade Drop-off:

- Students will enter the playground area via the main or east playground gate beginning at 8:00 AM and proceed to the east doors for line up/entry.
- Use the Kiss-n-Go lane where the student will exit the vehicle after the crosswalk. Staff will be on duty from 8:00-8:15 AM. Students on bikes and scooters will park their equipment on the bike racks prior to heading to their entry location.

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Phase 4 Protocols, continued...

4

K-5 Afternoon Pick-up

Safety:

- ★ All adults, students, and staff members are to wear a mask while on the Zach campus and are expected to maintain physical distancing protocol.
- ★ Zach staff will be wearing a bright orange or neon yellow vest.
- ★ No cell phone usage while in vehicles

K-5 Afternoon Pick-up:

- ★ See below for dismissal times for grades 1-5, Kindergarten dismisses at 2:40 PM
- ★ See map on page 6 for specific grade level locations of parent/guardian waiting areas. Please do not stand or wait outside the designated area.
- ★ Staff are on duty at Kiss-n-Go from 2:45-3:10 PM.
- ★ Families should develop a “meeting place” area where older siblings can connect with younger siblings after school. Use one of the assigned locations for grade levels as those areas are away from entry and exit doors.
- ★ Parents may park in the south parking lot, along Muskrat Creek, or along Kechter Road while keeping clear of designated crosswalks and 100 feet from stop signs. Do not park in the bus land or kiss-n-go lane.

Kindergarten Pick-up:

- ➔ Students will depart via the main playground gate area (where they entered in the AM) beginning at the **2:40 PM** dismissal time. Parents are to wait outside the gated area. Only students and staff are allowed into the gated area.

continued on next page

Phase 4 Protocols, continued...

5

1st Grade Pick-up:

- Students will depart via the main entrance. Note dismissal times: **Uhrich 2:44 PM, Stansberry 2:46 PM, Sinclair 2:48 PM.**
- Drivers will need to wait in the Kiss-n-Go lane.
- Parent walkers, wait in the grass “waiting area” between the main entrance and the flag pole. Keep clear of the main entrance area. (Please note, we are asking parents to wait in the grass even if there is snow on the ground.)

2nd Grade Pick-up:

- Students will depart via the west exit door. Note dismissal times: **Waido 2:44 PM, Lee 2:46 PM, Horky 2:48 PM, Brazelton 2:50 PM.**
- Drivers will need to wait in the Kiss-n-Go lane.
- Parent walkers, wait in the grass “waiting area” on the northwest corner of the building. Keep clear of the west entrance area and sidewalk.

3rd Grade Pick-up:

- Students will choose to depart either via the main playground gate location OR the east playground gate. Note dismissal times: **Moore 2:46 PM, Koch 2:48 PM, Tholl 2:50 PM, Ratliff 2:52 PM.**
- Drivers will need to wait in the Kiss-n-Go lane.
- Parent walkers, wait in the grass “waiting area” between the main entrance and the flag pole. Keep clear of the main entrance area. (Please note, we are asking parents to wait in the grass even if there is snow on the ground.)

4th Grade Pick-up:

- Students will choose to depart either via the main playground gate location OR the east playground gate. Note dismissal times: **Boisen 2:40 PM, Stafford 2:42 PM, Camping 2:44 PM, Walter 2:45 PM.**
- Drivers will need to wait in the Kiss-n-Go lane.
- Parent walkers, wait near the flagpole for your child.

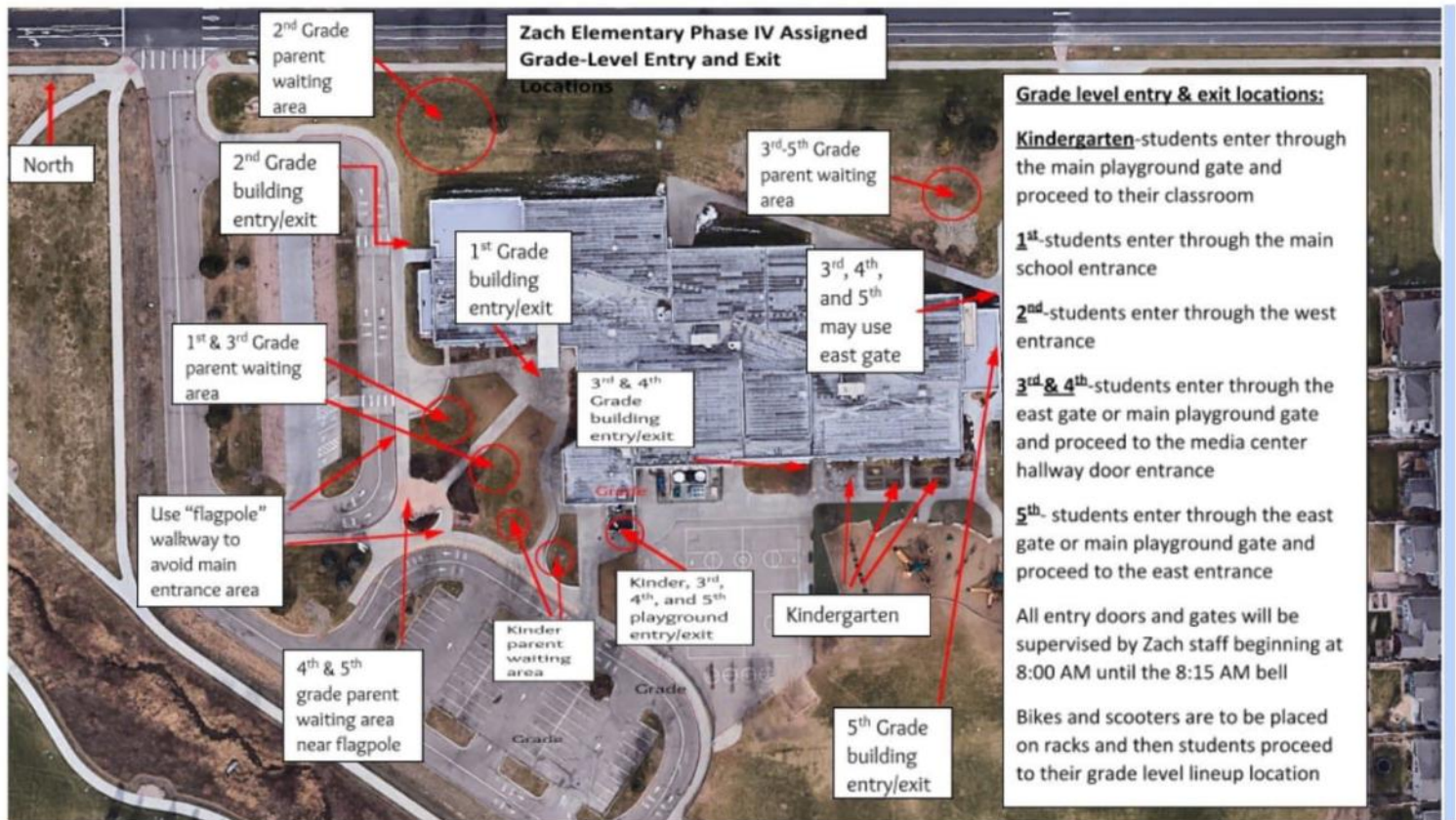
5th Grade Pick-up:

- Students will choose to depart either via the main playground gate location OR the east playground gate. Note dismissal times: **Kozusko and Schilling 2:40 PM, Eberle 2:42 PM, Oster 2:44 PM.**
- Drivers will need to wait in the Kiss-n-Go lane.
- Parent walkers, wait near the flagpole for your child.

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Phase 4 Protocols, continued...

6



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Phase 4 Protocols, continued...

7

Homeroom & Instructional Protocols

Classroom Setup

- As recommended by LCDHE, classroom desks will be a minimum of 3 feet apart, and/or have a PSD provided plastic divider. When that spacing is not possible, maximize spacing between desks. Plexiglass and dividers are not required for distances more than 3 feet apart.
- Art room will have PSD provided plastic dividers for every seat/student.
- Classes will cohort by homeroom.
- Avoid close contact (within 6 feet for more than 15 minutes) with individuals outside of the cohort (e.g. interventionists, paraprofessionals, students from other classes).
- Teaching staff should have a visual indicator in their classrooms to remind them to maintain at least 6 ft. of distance while teaching.
- When working with students, including supervising during recess and lunch, staff will wear a face mask and a face shield at all times. Layered protection reduces chance of transmission and reduces the probability of teachers needing to quarantine.
- When supervising during an indoor lunch time (students without masks on), wear face masks with face shield and maintain at least 6 feet distance from students.
- Whole room sanitizing and disinfecting between classes is not necessary. Shared surfaces and materials should be sprayed and wiped down. Students may assist with wiping down surfaces and materials.

Lunch

- Elementary classes will eat as a cohort, in the classroom or outside.
- Guidance for distancing has been to maintain 6 ft. while facing the same direction while eating.
- Students must put masks back on as soon as done eating.

Outside the Homeroom Protocol

Grade level teams will work together to determine homeroom isolated bathroom breaks. All students are encouraged to wash hands multiple times daily and required to do so after using the bathroom.

Traveling in the halls as homerooms is allowed only for transitioning to Specials, outdoor learning walks, cafeteria, and bathroom breaks. No more than two homerooms are allowed in the same hallway at the same time.

Instructional small groups can be mixed from different homerooms, as long as each student and teacher wears a mask and face shield (provided by PSD) and are physically distanced from one another.

continued on next page

Phase 4 Protocols, continued...

8

Frequently Asked Questions

What type of face covering is required for staff?

- ❖ All staff must wear a face mask at all times, unless they are alone in their rooms/office.
- ❖ Layered protection reduces chance of transmission and reduces the probability of teachers needing to quarantine. Staff may choose to add a face shield to the mask at any time. Staff may choose either a KN95, cloth, or medical mask.
- ❖ When supervising during an indoor lunch time (students without masks on), staff wear face masks with face shield and maintain at least 6 feet distance from students.
- ❖ When instructing mixed homeroom students, staff AND students wear face masks with face shield and maintain at least 6 feet distance from students.

What type of face covering is required for students?

- ❖ All students are required to wear medical or cloth face masks when on school grounds.
- ❖ Students must wear medical or cloth face coverings at all times in school buildings, when riding the bus, when entering and exiting the school building, and during transitions in the school building.
- ❖ Students will not be permitted to board a PSD bus without a face mask.
- ❖ Buffs/gaiters are not recommended.
- ❖ Students are required to bring at least one clean face covering to school each day they are in school. Students are encouraged to keep an additional clean face covering in a plastic/Ziploc bag at school in the event the student's face covering becomes damaged or dirty during the school day.
- ❖ Disposable cloth face coverings will be made available to students who forget to bring one or are unable to provide one.
- ❖ Students who habitually forget to bring a face covering to school may be subject to a parent conference with the school administrator and further disciplinary measures.

Is there any time of day when face coverings are not worn?

- ❖ Students may remove their face mask in the limited following circumstances:
 - ❖ During approved outdoor "mask breaks,"
 - ❖ During homeroom cohorted recess,
 - ❖ When eating and/or drinking while indoors during designated times, so long as they remain in their assigned cohort and follow physical distancing, and
 - ❖ When eating outdoors and following physical distancing,
 - ❖ Teachers may teach remote classes in their classrooms without a mask **if they are alone with the door closed.**

continued on next page

Phase 4 Protocols, continued...

9

What is the requirement for physical distancing?

- ❖ Avoid close contact (within 6 feet for more than 15 minutes) with individuals outside of the cohort (e.g. interventionists, paraprofessionals, students from other classes).

When was our building ventilation upgraded?

- ❖ Zach Elementary has a whole building ventilation system upgrade in the summer of 2019.

What happens if a student is symptomatic?

- ❖ Parents will check their children for [signs and symptoms](#) daily.
- ❖ Students who are showing symptoms must [stay home](#).
- ❖ Student temperature checks will not be required upon arrival at school daily.
- ❖ Once a student is cleared to return to school (48-hours with no symptoms or fulfilling the county quarantine requirements), they must check in at the office for a temperature check before going to class.

What happens if a staff member is symptomatic?

- ❖ The staff member stays home using their leave time and a sub is provided for the class. Zach has three onsite designated subs that will be available for class coverages.

What does shift to remote learning mean?

- ❖ This is when students and/or staff are not allowed to be in the school building, and will be learning online from home. This will be a 10 calendar day at-home learning for the entire homeroom cohort. Teachers will utilize their Google Classroom to get students assignments.
- ❖ A shift to remote learning will be called by the Principal or Assistant Principal in consultation with the School Nurse, Larimer County, and PSD CRT (Covid Response Team).
- ❖ Remote learning is not provided for individual students needing to stay home.

continued on next page

Phase 4 Protocols, continued...

10

What happens if staff or students are presumed and/or confirmed positive for Covid?

- ❖ The entire homeroom cohort where that staff or student is in will shift to remote learning for 10 calendar days. If the teacher is asymptomatic, they can still teach from their classroom. All students would be at-home through the 10 calendar day window.

What happens if an asymptomatic student needs to be quarantined because of an exposure to a positive covid case OUTSIDE of the school?

- ❖ The student should follow county directives to remain in quarantine and thus not attend in-person learning. Similar to pre-covid schooling, when a child is absent from school for any amount of time, they are not provided daily remote learning. The teacher will provide the students with independent, self-paced learning activities including, not limited to, Envision math videos, core videos, online textbooks, and classwork documents (provided via Google Classroom).
- ❖ The siblings of people who are home for quarantine because they were exposed to COVID-19 do not need to stay home or be tested unless the sibling in quarantine develops symptoms or tests positive for COVID-19. Parents should closely monitor all of their children for symptoms.

What is a close contact?

- ❖ Contacts should be identified based on the full contagious period, including 2 days before the sick person's symptoms started or positive test date, whichever is earlier.
- ❖ All time-based criteria are cumulative (i.e. 2 x 10 minute exposures in a day is equivalent to one 20-minute exposure) within the full contagious period.
- ❖ Any person who meets ANY of the following criteria is a close contact:
 - Was within 6-feet of the individual for 15 minutes or greater, when both parties are masked
 - Was within 12-feet of the individual for 15 minutes or greater, when either party is unmasked and indoors (e.g. mealtimes)
 - Provided care for someone who is sick with COVID-19
 - Had direct physical contact with someone who is sick with COVID-19
 - Shared eating or drinking utensils with someone who is sick with COVID-19
 - Got respiratory droplets from someone who is sick with COVID-19 on them (through sneezing, coughing, shouting, etc.)

continued on next page

Phase 4 Protocols, continued...

11

- Was in the same cohort as a person diagnosed with COVID-19

What is enhanced close contact?

- ❖ Any person who meets ANY of the following criteria is a close contact:
 - Was within 6-feet of the individual for 15 minutes or greater, when both parties are masked,
 - Was within 12-feet of the individual for 15 minutes or greater, when either party is unmasked and indoors (e.g. mealtimes),
 - Was in a room with the sick individual for 40 minutes.
- ❖ Note: Teachers wearing a KN95 or better and eye protection (face mask) do not need to quarantine unless they were within 6 ft for 15 minutes of the masked sick person (or 12 ft for 15 minutes if the sick person was not wearing a mask.)

What should a parent/guardian do if they think their child was a close contact exposure?

- ❖ If you believe your student has been exposed to COVID-19, please call your school attendance line immediately and leave a message. The school nurse will contact you.
- ❖ The school's covid response team (CRT) will begin contact tracing protocols.
- ❖ We will protect the privacy of individuals through the entire process.

Do staff and students need to quarantine after traveling?

- ❖ CDC no longer recommends quarantine for people returning from international travel, and there are no quarantine requirements from the state. As long as the returning traveler is not symptomatic and is not known to have been exposed to COVID-19, they may return to school.

What if families are not comfortable with in-person? Are they still allowed to go to PSDV?

- ❖ Families not comfortable with sending their children to in-person learning may choose to homeschool or request a transfer to PSDV. Please note PSDV uses an entirely different curriculum, scope and sequence than Zach Elementary and requires an adult "Learning Coach" to be available during the school day.

What if families were in hybrid homeschool for phases 1-3, can they continue in phase 4?

- ❖ No, there is no remote learning/online learning option available at Zach during Phase 4.

continued on next page

Phase 4 Protocols, continued...

12

Can parents volunteer in the school?

- ❖ Staff may not have visitors or volunteers in the school, including immediate family.

Will AlphaBest be open?

- ❖ Yes, for before and after school care. Register directly through AlphaBest.
<https://www.alphabest.org/poudreco>

Is the playground open?

- ❖ Playgrounds will be open to the public, following city guidelines. They are not sanitized or supervised by Zach staff outside of the regular school day. The playground will be closed to students during the 8:00-8:10 AM dropoff time period.

Online Q&A with Principal

Mrs. Thomas welcomes any parent/guardian to join her on Google Meets for an open Q&A.

Monday January 11 at 6:00-7:00pm

To join, simply use the PTO Google Meet Link:

- ➔ Go to PTO page on Zach website: <https://zac.pedschools.org/pto-and-sac>
- ➔ Click “click here to access Google Meet”

Student Absence Reporting

Student absences will be reported on ParentVue, unless the student is experiencing COVID-19 symptoms, been exposed to COVID-19, and/or been tested for COVID-19. If that is the case, please call the attendance line to report your student's absence. Please submit your absence by 8am the day your child will be absent. To report an absence, log on to your ParentVue account <https://www.psdschools.org/ParentVUE> next to your student is a report absence button, click on that button and fill out the information for the absence. Please enter the date, choose one the reasons for absence, absence or illness, and enter a note to explain the reason for absence. Once all the information is filled out, click save. Students that are absent with no parent reporting it in ParentVue will be marked unexcused.

COVID-19 Guidance



COVID-19 GUIDANCE

Can I go to school today?

At-home symptom screening for parents and staff

Parents and guardians can use these symptom checklists to determine when to keep their child at home based on the level of COVID-19 transmission in their community (e.g. Is the community in Protect Your Neighbor or Safer at Home or Stay at Home). School staff can also use this tool to determine if they need to stay at home. **Any student or staff diagnosed with COVID-19 or who is a close contact of a COVID-19 case should not go to school and should isolate or quarantine according to public health recommendations.**

These lists refer only to **new symptoms or a change in usual symptoms**. A student/ staff should not be kept home for usual symptoms they experience due to a chronic condition unless they are worse than usual. These guidelines are in addition to your regular school guidance (for example, a child with vomiting should also not attend school based on usual school guidance).

If your child is/ you are experiencing any potentially life-threatening symptoms please call 911.

Low Community Transmission (Protect Your Neighbors):

If any of the following symptoms are present, keep the child at home/ stay at home, inform the school of symptoms, and reach out to a health care provider about COVID-19 testing and next steps for treatment.

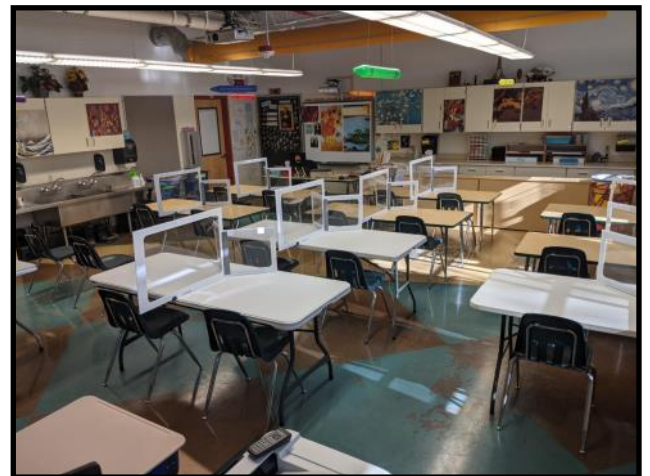
- ☐ Feeling feverish, having chills, or temperature 100.4°F or higher.
- ☐ New or unexplained persistent cough.
- ☐ Shortness of breath.
- ☐ Difficulty breathing.
- ☐ Loss of taste or smell.

Sustained Community Transmission (Safer at Home or Stay at Home):

If any of the following symptoms are present, keep the child at home/ stay at home, inform the school of symptoms, and reach out to a health care provider about COVID-19 testing and next steps for treatment.

- ☐ Feeling feverish, having chills, or temperature 100.4°F or higher.
- ☐ New or unexplained persistent cough.
- ☐ Shortness of breath.
- ☐ Difficulty breathing.
- ☐ Loss of taste or smell.
- ☐ Fatigue.
- ☐ Muscle aches.
- ☐ Headache.
- ☐ Sore throat.
- ☐ Nausea or vomiting.
- ☐ Diarrhea.
- ☐ Runny nose or congestion.

Classroom Setup





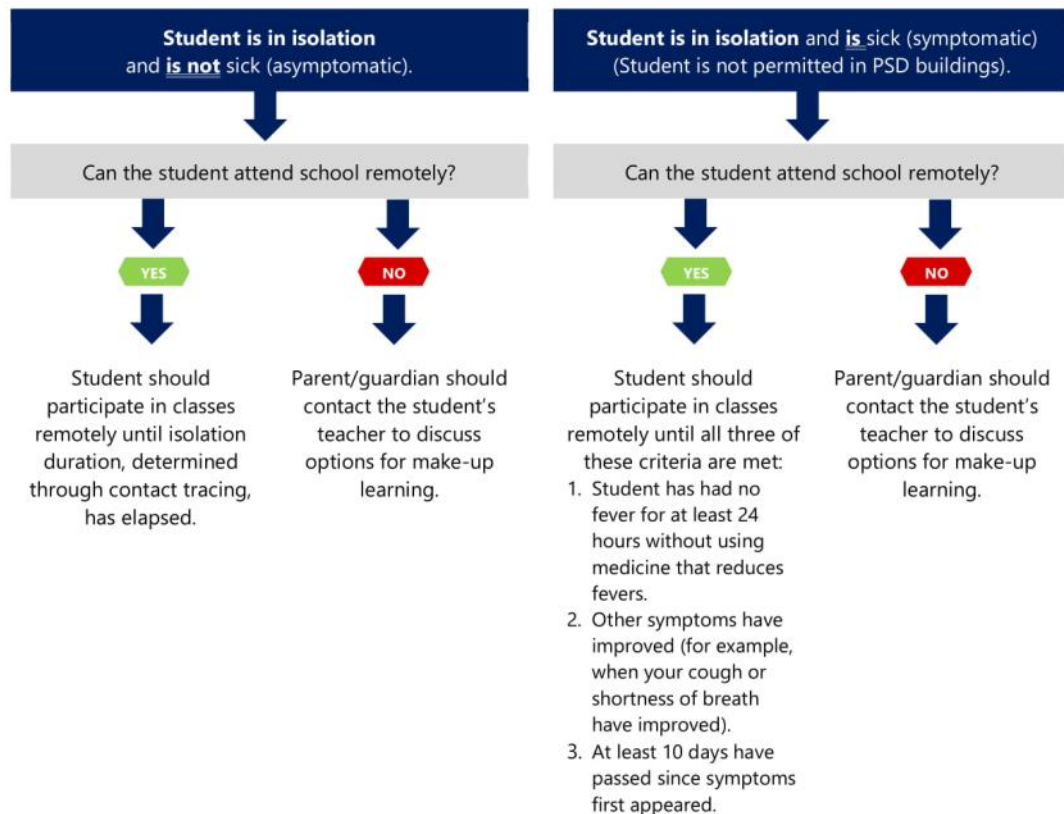
2020-2021 Poudre School District

Protocols for Students COVID Workflow

Is your student not feeling well? **FOLLOW THESE STEPS** and **DO NOT SEND YOUR STUDENT TO SCHOOL:**

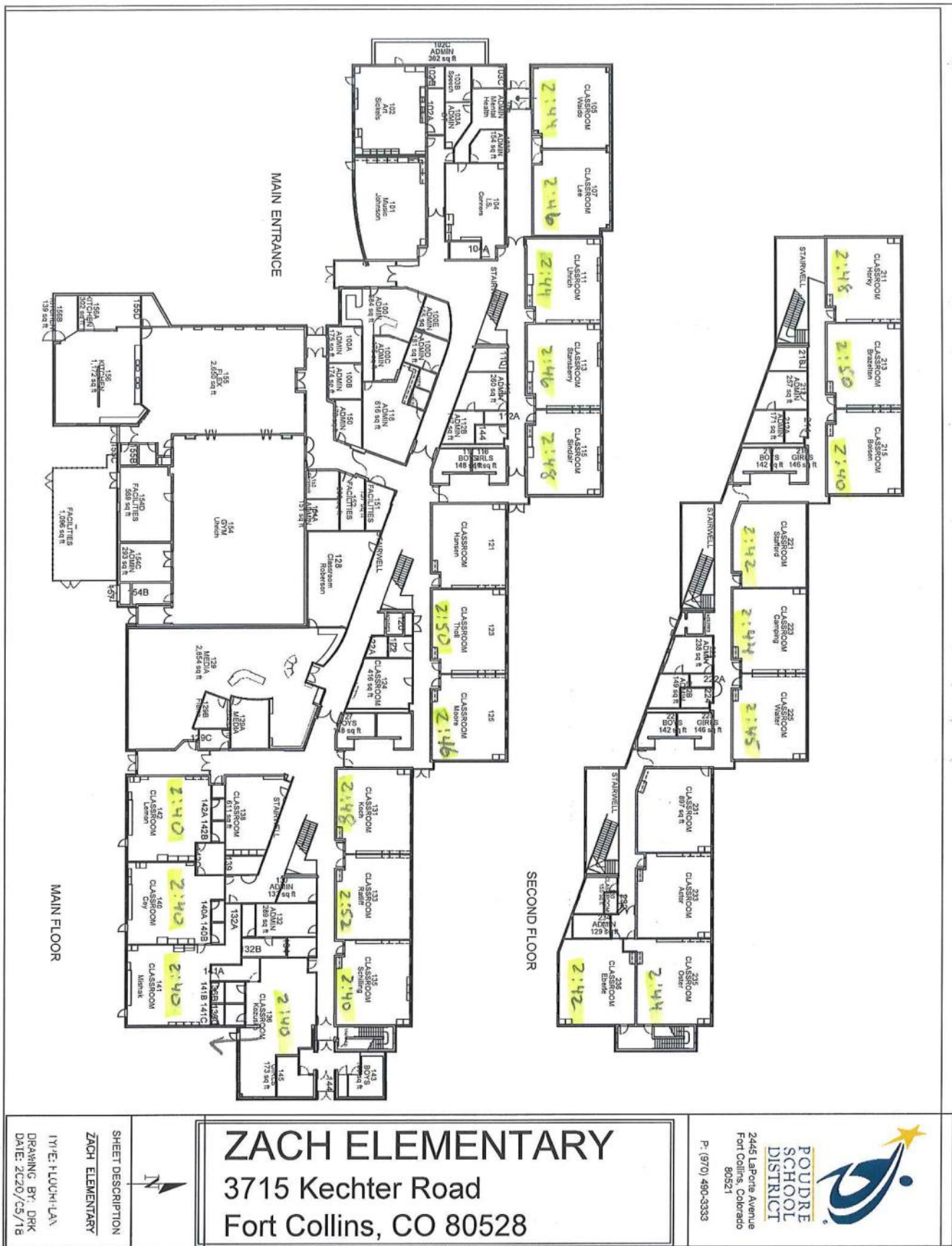
1. Contact your student's school attendance line to alert the school that your student will be absent. Please leave a message on this line indicating that your student is ill, may be experiencing COVID-19 symptoms (if this is the case), and/or has been tested for COVID-19.
2. Contact the School Nurse/Health Tech using the phone number provided on the attendance line and leave a message with information about your student's circumstances.
3. You will be contacted by the school nurse/health tech and/or PSD's contact tracing liaison or county health contract tracers to answer some specific questions and with next steps to follow.
4. If you have not already done so, contact your student's health care provider.

PSD will protect the privacy of individuals through the entire process.



Sources: Larimer County Department of Health and Environment (LCDHE), Colorado Department of Public Health and Environment (CDPHE), Colorado Department of Education (CDE), Centers for Disease Control and Prevention (CDC). Updated Sept. 15, 2020

Phase 3-4 Dismissal Times



Preston Transition Series

In recent weeks, Preston Middle School has hosted events focused on the transition from elementary to middle school. Click on the following links to view the previously recorded [Puma 101](#) and [the Virtual Open House](#) events. The recorded events provide the opportunity to meet Preston's Principal, Administration and Counseling teams, and several Preston teachers. Families can learn more about Preston and all that they have to offer. They will share general information including course offerings, daily schedule, clubs, athletics, and much more! As you watch the event, if you have questions, please email Preston 6th grade Counselor, Krista Summers at kristas@psdschools.org. Preston Middle School website: <https://pre.pdschools.org/>

Checked-out Items

Return any checked-out items to Zach on Tuesday, January 19th

If you have any of these items checked out to your child, please return them on Tuesday, January 19th: laptop computer, chromebook, computer charger, student desk and/or chair. Mifi devices and mice may be kept at home until later this school year. All tech items go to your child's homeroom class on January 19. Desks and chairs may be left outside the main entrance.

Zach Fundraiser



All proceeds raised go directly to

Zach Elementary

Since 1983, International Black Belt Academy has worked closely with educators and organizations in the community. This five-week course focuses on character development, child safety and basic self defense. Sessions are held at Kaizen IBBA, 1833 E Harmony Rd Unit 5. Twice each week, students learn a variety of skills including goal setting and perseverance that will develop their confidence and bring out their very best at home, at school, and in all areas of their lives.

Parent Comments

Enrolling our son in the classes at IBBA was by far the best decision we made. There are a lot of other martial art facilities in Fort Collins and we checked out most of them. The instructors here are top notch and you can really feel that the instructors want the children to succeed. Jeremy G.

This academy has been a great all-around experience for our family! From fun birthday parties to developing the character of my 9-year-old son, I'm so glad we made IBBA a part of our lives! He has become stronger physically, emotionally, and mentally as a result of his training over the past year. He has become more self-assured and I love that the training includes very practical self-defense. Jennifer S.



www.KaizenIBBA.com • (970) 204-9977 • [Facebook.com/ibba.fc](https://www.facebook.com/ibba.fc)

This is not a program of Zach Elementary. Zach Elementary accepts no liability or responsibility for this program.



The five-week course includes a uniform and is only \$89.00

=====

(\$179 Value)

Please make checks payable to Zach Elementary.



Student Pick up and Drop off During School Hours

Visitors are not allowed into the main office of our school. In the event you need to pick up your child for an appointment or early release, please pull into the bus lane circle and park visible to the main entrance. This works best if you park before you reach the first speedbump.

Ahead of time, notify the office of the time you will be picking up your child. Park and call 970-488-5103 and tell us the kind of car you are in. We will send your child out and verify they get into your car. You do not need to enter the building to pick up your child.

If your child is late to school, simply drop them off and have them enter through the main entrance. We will get them to class.

ORDER ONLINE TODAY

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Zach Elementary School

Retakes: Wednesday, February 3, 2021



Order up to 3 days after picture day.
Ordenar hasta 3 días después del día de la imagen.



All portraits will be shipped to your school.
Todos los retratos serán enviados a su escuela.



Have questions? We are here to help!!
M-F 8am to 5pm

¿Necesito ayuda para pedir? ¡Estamos aquí para ayudar!!
M-F 8am to 5pm



3 KEY FOBs



2 MAGNETS

Colorado Family Owned Company

Northern Front Range: 970-674-0520
Denver Metro: 303-550-4456
www.studio5schoolportraits.com

Zach Breakfast Menu

January 2021

Zach In - Person
Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1



4



5

- Muffin: Assorted Flavors
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk
- Apple Juice, or Variety

6

- WW Bagel & cream cheese
- Fresh Berries, or Substitute
- Lowfat Milk
- Apple Juice, or Variety

7

- WGR Grahamz Crackers
- Fresh Berries, or Substitute
- Lowfat Milk
- Apple Juice, or Variety

8

11

- Muffin: Assorted Flavors
- Whole Fruit, or Substitute
- Lowfat Milk
- Apple Juice, or Variety

12

- Breakfast Round
- Whole Fruit, or Substitute
- Lowfat Milk
- Apple Juice, or Variety

13

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk
- Apple Juice, or Variety

14

- Cereal Variety
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk
- Apple Juice, or Variety

15

18



19

- Egg & Cheese Sandwich
- Cereal Variety
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk

20

- Breakfast Sausage Pizza
- Muffin: Assorted Flavors
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk

21

- Breakfast Round
- Cereal Variety
- Fresh Berries, or Substitute
- Lowfat Milk

22

- WG Seasonal Loaf Bread
- WGR Grahamz Crackers
- Yogurt
- Whole Fruit, or Substitute
- Lowfat Milk

25

- Mini Cinnamon Rolls
- Muffin: Assorted Flavors
- Whole Fruit, or Substitute
- Lowfat Milk

26

- Egg & Cheese Breakfast Burrito
- Cereal Variety
- Whole Fruit, or Substitute
- Lowfat Milk

27

- French toast sticks
- Sausage Patty
- Muffin: Assorted Flavors
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk

28

- WW Bagel & cream cheese
- Cereal Variety
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk




29

- Pancakes & Sausage
- WGR Grahamz Crackers
- Yogurt
- Fresh Berries, or Substitute
- Lowfat Milk

Zach Lunch Menu

January 2021

Zach In - Person
Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				
4	5	6	7	8
	<ul style="list-style-type: none"> Homemade Chili with Goldfish Crackers Pb&J Sandwich Applesauce & Fruit Cup or Substitute Carrots & Celery Sticks, or Substitute Chocolate Milk 	<ul style="list-style-type: none"> Beef & Bean Burrito Pb&J Sandwich Fresh Berries, or Substitute Fresh Broccoli, or Substitute Chocolate Milk 	<ul style="list-style-type: none"> Mac & Cheese Pb&J Sandwich Fresh Pear Cherry Tomatoes & Cucumber Slices or Substitute Chocolate Milk 	
11	12	13	14	15
<ul style="list-style-type: none"> Cheese Pizza Pb&J Sandwich Fresh Berries, or Substitute Carrots & Celery Sticks, or Substitute Chocolate Milk 	<ul style="list-style-type: none"> Chicken Patty Sandwich Turkey Club Wrap Whole Fruit, or Substitute Snap Peas & Red Bell Peppers, or Substitute Chocolate Milk 	<ul style="list-style-type: none"> Cheeseburger Yogurt Parfait Fresh Pear Cherry Tomatoes & Cucumber Slices or Substitute Chocolate Milk 	<ul style="list-style-type: none"> Cheese Calzone & Marinara Turkey & Cheese Sandwich Grapes Salad with dressing Chocolate Milk 	
18	19	20	21	22
	<ul style="list-style-type: none"> Chicken Alfredo Pb&J Sandwich Applesauce & Fruit Cup or Substitute Carrots & Cucumbers Slices, or Substitute Chocolate Milk 	<ul style="list-style-type: none"> Tomato Soup & Grilled Cheese HS Pb&J Sandwich Fresh Berries, or Substitute Fresh Broccoli, or Substitute Chocolate Milk 	<ul style="list-style-type: none"> Hot Dog Chef Salad Fresh Pear Cherry Tomatoes & Celery Sticks or Substitute Chocolate Milk 	<ul style="list-style-type: none"> Chicken Nuggets Chicken Caesar Wrap Whole Fruit, or Substitute Salad with dressing Chocolate Milk
25	26	27	28	29
<ul style="list-style-type: none"> Cheese Calzone & Marinara Chef Salad Applesauce & Fruit Cup or Substitute Carrots & Celery Sticks, or Substitute Chocolate Milk 	<ul style="list-style-type: none"> Pepperoni Pizza Chicken Caesar Wrap Fresh Berries, or Substitute Snap Peas & Red Bell Peppers, or Substitute Chocolate Milk 	<ul style="list-style-type: none"> Chicken Patty Sandwich Pb&J Sandwich Fresh Pear Cherry Tomatoes & Celery Sticks or Substitute Chocolate Milk 	<ul style="list-style-type: none"> Cheeseburger Cold Deli Yogurt with Goldfish Grapes Salad with dressing Chocolate Milk 	<ul style="list-style-type: none"> Chicken & Waffles Pb&J Sandwich Whole Fruit, or Substitute Fresh Broccoli, or Substitute Chocolate Milk



Calendar of Events

Friday, January 15

School of Choice Applications Due by Noon Today
8:15am Homeroom Check-in

Monday, January 18

No School MLK, Jr. Day

Tuesday, January 19

Phase 4- All Students in Person Learning

Wednesday, January 20

Phase 4- All Students in Person Learning

Thursday, January 21

Phase 4- All Students in Person Learning

Friday, January 22

Phase 4- All Students in Person Learning

Monday, January 25

Phase 4- All Students in Person Learning

Tuesday, January 26

Phase 4- All Students in Person Learning

Wednesday, January 27

Phase 4- All Students in Person Learning

Thursday, January 28

Phase 4- All Students in Person Learning

Friday, January 29

Phase 4- All Students in Person Learning