

Physical Education - Zach

	K-3	4-5
Week 1:	Names, summer rules, 3 strikes, equipment spaceships, throwing, free time	Same as K-3, but no spaceships
Week 2:	Warm-up, Name Tag, Outside rules, 4 square balls (out/in), throwing, CYR	Warm-up, Football Pre-Test, Outside Rules Throwing, QB/receiver, accuracy inside
Week 3:	GI-JOE, FTL, Kicking inside/outside, CYR, Stations	Warm-up, Football skills, Play!
Week 4:	Warm-up, tag, throwing, kicking Kicking outside, Frisbee	Warm-up, Football Test, play
Week 5:	Warm-up, frisbee, soccer outside, Stations.	Warm-up, Frisbee, Frisbee golf
Week 6:	Warm-up(4 corners), throwing, Frisbee outside, 4 square balls, Bowling	Warm-up, Frisbee golf, kickball
Week 7:	WU, Soccer-golf outside, Bean bag games, Stations	WU, Jump rope, Capture the Flag
Week 8:	WU, FTL, Throwing (monster ball) Bowling, Parachute	WU, Juggling, Parachute, Hockey
Week 9:	GI-Joe, Kicking, Hockey, Stations	WU, RPS, Basketball (ball handling, dribble Knockout, passing, shooting, layups, school
Week 10:	WU, Throwing, 4 Square, Scarves Tennis (hockey for kinders)	WU, Go over test, basketball skills, play
Week 11:	WU, Kicking, Scooters, Station (w/hockey)	WU, Test, Play, Star Wars
Week 12:	WU, Throwing, Dance, minefield	WU, Teambuilding games
Week 13:	WU, Kicking, 4 Square balls, Stations	WU, Tennis, PE Central Challenge

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Week 14:	WU, Throwing, Hockey, Teamwork	WU, Tennis with nets, PE Central
Week 15:	WU, Kicking, Tennis, Stations w/Cargo	WU, tennis/bowling, stations w/Cargo
Week 16:	WU, throwing, Free time	WU, Kicking, Free time
Week 17: (Jan)	Names, Vacation, WU, Kicking, Throwing,	WU, Volleyball skills, beach ball, jump rope