

## Community Resources

Updated February 2020

### **CAYAC - Child, Adolescent, and Young Adult Connections**

healthdistrict.org/cayac

970-221-3308

- Provides mental health services, classes, trainings, and talks for mental health and behavioral support

### **SummitStone Health Partners**

Summitstonehealth.org

970-494-4200

- Mental health crisis support

### **Parenting Perspectives**

Parentingperspectives.org

970-482-3828

- Workshops, classes, and parent coaching
- Parenting with Love and Logic courses
- ACE parenting program - Anger management, Communication, Empathy

### **Parent Child Interaction Center**

www.p-cic.com

970-472-1207 ex 1000

- Parenting support and counseling services

### **Turning Point Center for Youth & Family Development**

[www.turningpnt.org](http://www.turningpnt.org)

970-221-0999

- Referral, assessment, counseling and treatment for children ages 4 - 23 and their families who are in crisis due to behavioral health and/or substance abuse issues

### **Colorado State University**

#### **Psychological Services Center**

<https://psychology.colostate.edu/psc/>

970-491-5212

- Social skills training groups for children and adolescents
- Individual and family therapy
- Evaluation and diagnosis

This is a compilation of services throughout the community and does not include all service options. In addition, Poudre School District and any employee of Poudre School District do not endorse any of the services listed. The intention of this list is for the sole purpose of sharing information with parents and families to use at their discretion.

**UC Health Children's Therapy Services**

<https://www.uhealth.org/locations/uhealth-childrens-therapy-services/>

970-495-8780

- Physical, occupational, and speech therapy

For **suicidal ideation**, parents should call 911 or go to the emergency room at MCR or PVH